

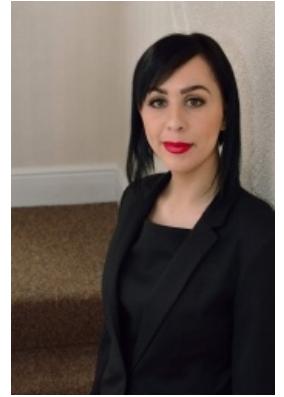
Curriculum Vitae

Female

D.O.B. 10 June 1987

Number of years working in industry:

15 years 7 months



Candidate ID Number: 30787

Nationality: Welsh

Language Skills:

Fluent: English

Permitted to work in: European Union, UK - United Kingdom

Position Sought: Spa Manager, Assistant Manager, Head Therapist, Senior Therapist, Beauty Therapist, Skin Clinic Therapist

Personal Statement

I have recently just completed my final year of study and have achieved Bsc (hons) degree in Beauty and Spa Management. The course was theory based and covered key areas of the beauty industry to gain new knowledge and skills on operating within a business.

I have already completed a HND in advanced therapies and salon management. The course contained a variety of theory and practical elements of both a holistic nature and aesthetics.

I feel that the course improved my skills not only as a therapist but has also provided a solid footing for management progression.

During my full time studies over the past three years I have worked casually to keep myself within the industry that I feel so passionate about.

Currently I am working at the Vale Hotel and Spa as a casual therapist and spa receptionist which I began whilst I was still studying on the degree course. The resort is beautifully set in the Welsh countryside and can boast that both the Cardiff football team and Wales National Rugby squad train at the resort and frequently use the spa facilities including treatments. The spa boasts a large treatment menu using brands such as Clarins and Temple spa.

I have worked in a variety of settings ranging from salons, spas and clinics, which has allowed me to delve into a different areas of the beauty industry. My time spent in spas has seen me progress and become comfortable and confident with my massage abilities as well as use of dry floatation beds, hydro baths, rasul chambers and other spa equipment and facilities. Still primarily working with the skin which is my passion I have used both natural beauty ranges and more advanced product lines and treatments such as CACI, Hydrafacial and skin peels.

Also I worked with Premiere-neige Chalet Company in France as a senior therapist/assistant manager. I supervised two members of spa staff on top of completing my own treatments and liaised with other departments. The Premiere-neige spa consists of 2 boutique treatment rooms in separate luxury chalets and a mobile service.

The Premiere-neige company is a family run business with the owner also working in the Middle East as Director of Flight Operations for AL Rajhi Holdings.

During my time with the company we on regular bases hosted Super Skills Legends which provided both corporate, non-corporate, celebrity and VIP guests an opportunity to holiday with sporting celebrities.

I have worked with Steiner on-board Norwegian cruise lines luxury cruise liner The Epic which travelled around both the Caribbean and Europe. During which time I developed my skills as an aesthetician working with the La Therapie and Elemis treatments and homecare. Throughout my contract I worked continuously to contribute to the large spa which in turn allowed me to progress and perform treatments in both the main spa and the Villa VIP Suites. This entailed building relationships with staff in both spas, increasing my knowledge of set up and close down in both spas and being able to offer a wider range of treatments for example the 24karat Gold Facial was only performed in the Villa Suites.

Before that I worked at the 5* Celtic Manor hotel and spa (Wales U.K). During my time there the 2010 Ryder cup (golf

tournament) was hosted so there was a wide range on clientele staying in the hotel who frequented the spa facilities. This hotel also boasted two spas the main Forum site and a smaller separate lodge. I frequently worked in both so it was essential for me to understand the set up and close down of each spa.

As an individual I am trustworthy, reliable, hardworking, self-motivated and driven. I work very well as part as a team but am also just as efficient working individually. I have excellent communication skills and am able to understand, meet and resolve the needs of others.

I also have a full clean U.K driving license.

Employment History:

January 2017 - Present - Spa Consultant at (most recent employer hidden for confidentiality) Wales, UK - United Kingdom, (5 Star Hotel Spa)

Duties included:

Working when the needs of the business require, providing a full range of beauty and spa treatments for members, clients, spa days and sporting teams. Greeting clients with a spa tour, consultation forms, ensuring staff and client safety, organising refreshments and lunch, dealing with enquiries in person and via telephone. Bookings of treatments for clients and arranging therapist columns.

Products worked with:

Clarins

Temple spa

Sundari

June 2015 - August 2016 - Skin Clinic Therapist at Taje, Wales , UK - United Kingdom, (High Street Salon)

Duties included:

Performing a variety of reception, therapist and assistant managing tasks, whilst building up a column of regular clients for a variety of treatments and homecare consultations.

Products worked with:

- Dermalogica
- Caci
- Lipofirm
- Shellac
- Sterex

Career Break - Training - industry-related

June 2014 - September 2015 - Beauty Therapist at Bannatyne health club , Cardiff , UK - United Kingdom, (Health Club)

Duties included:

performing variety of spa treatments: facials, massage, body wrpas, body scrubs, basic waxing, mianiure and pedicure. Spa tours, meet & greet of client.

Products worked with:

- Elimis
- Gelish

May 2013 - June 2014 - Senior Therapist at Beauty within medi spa, Wales , UK - United Kingdom, (High Street Salon)

Duties included:

Performing treatments, booking courses, keeping clients informend and updated about offers, reception, stock take,

ordering of stock, oragisinig of records, open and lock up of salon.

Products worked with:

- Elemis
- Caci
- Skin med
- Jessica
- Hydrafacial
- Ener peel

February 2012 - April 2013 - Head Therapist at Premiere neige , France , France, (Hotel Spa)

Duties included:

performing all treaments, advertising the spa, looking after staff, trade testing staff, traininig new memebrs, attending staff meetings with heads of other departments, stock ordering and stock take, all spa paperwork

Products worked with:

- Elemis

January 2011 - December 2011 - Beauty Therapist at Steiner , NCL Epic , (Cruise Ship)

Duties included:

runnnig a full column, meeting targets, provideing homecre pacages, specialist facials, meet & geet clients, reception, assiting in stock checks and new staff trainnig.

Products worked with:

- Elemis
- la therpaie
- bliss

March 2010 - December 2010 - Beauty Therapist at Celtic Manor , Wales , UK - United Kingdom, (5 Star Hotel Spa)

Duties included:

perofming a variety of spa treatments including facials, body massage, body scrubs, manicure and pedicure.

Products worked with:

- Elemis
- leighton denny
- clarins

Education and Qualifications:

2017 CAVC Gower college swansea University of the arts London

DEGREE

NVQ level 2 beauty therapy

NVQ level 3 beauty therapy

NVQ level 3 spa therapy

HND advanced therapy and spa managment

BSc (hons) In beauty and spa managment

2010 Cardiff and vale College

VTCT Level 2 in beauty therapy

VTCT level 3 in beauty therapy

VTCT level 3 in spa therapy

2006 Rumney High School

Gcse's C grade: maths, english, english lit and textiles

Product Training:

June 2010 **Elemis, La therpaie, Dermalogica, Caci, St tropez, Clarins, Lava shell, Shellac, OPI, Carlton electrical, Hydrafacial,**

Cardiff and vale college Cardiff

Elemis: facial therapy, body therpay, express, mother to be, exotics

Caci: ultimate, jowl

Hopi ear candling

OPI gel colour

lava shells massgae

St tropez spray tannig

Dermalogica: certified, specialost, expert, peel

Vocational Qualifications

- first aid

Hobbies and Interests

- ballet
- pilates
- running
- reading
- socialising

CV created at www.spastaff.com

SPA STAFF.COM
