



Curriculum Vitae

Female

D.O.B. 30 October 1981

Number of years working in industry:

12 years 7 months

Candidate ID Number: 30554

Nationality: Indian

Language Skills:

Fluent: English, hindi, bengali

Permitted to work in: India, UK - United Kingdom

Position Sought: Treatment Manager / Spa Trainer, Senior Therapist, Massage Therapist, Holistic Therapist, Wellness Therapist

Personal Statement

I am a self motivator and quick learner.

My positive 'can do' attitude always helps me to cope up with new challenges and to be a good team player .

I embrace challenges with positive attitude.

Seeking work in international locations

Employment History:

May 2024 - March 2025 - Massage Therapist at (most recent employer hidden for confidentiality) Scotland, UK, UK - United Kingdom, (5 Star Hotel Spa)

Duties included:

Perform spa therapies as per bookings, • Ensure cleanliness at the spa • Post treatment advise • Carry on internal training if required.

Products worked with:

ishga

August 2022 - March 2024 - Holistic Therapist at Kintsugi ladies Spa , Abu Dhabi , UAE - United Arab Emirates, (Health Club)

Duties included:

- Successfully completed all company-provided training, ensuring a well-rounded skill set that contributed to a 20% increase in service efficiency.
- Demonstrated exceptional care and generosity towards members, upholding professional standards and resulting in a 15% improvement in customer satisfaction.
- Executed timely inventory checks for operational equipment, reducing discrepancies by 25% and enhancing overall organizational efficiency.
- Punctually attended all training sessions, consistently completing tasks within given timeframes, resulting in a 30% improvement in task turnaround times.

Products worked with:

Illa,
Environ,
Hydrafacial,
Mauli,

November 2021 - July 2022 - Holistic Therapist at Six Senses Zighy Bay Resort Oman, Peninsula Musandam, Oman, (5 Star Hotel Spa)

Duties included:

1. Perform treatments on resort inhouse guest. (perform body massages , scrubs & wraps, facials, Deep tissue massage, detox massage, doing small workshops for guests, skin consultations for guest etc.)
2. Maintain and follow very high standards set by the company
3. Handle reception when required
4. Help in inventory
5. Maintain cleanliness and hygiene.

Products worked with:

1. Organic Pharmacy
2. Subtle Energy
3. Margy's

March 2021 - October 2021 - Treatment Manager / Spa Trainer at Urban Company, India, India, (Home/Mobile)

Duties included:

Trained and developed freshers and professionals in massages and facials.
Retrain and evaluate professionals' performance ratings as necessary.
Gave motivational and required counseling.
Daily reports for training activities prepared.

Products worked with:

Vedaya,
Laval

Career Break - Training - industry-related

September 2019 - September 2020 - Holistic Therapist at Six Senses Zighy Bay Resort , Peninsula Musandam, Oman, (5 Star Hotel Spa)

Duties included:

Offered treatment according to the menu list.
Following and implementing a sustainable policy of a spa.
Promoted and upsold spa services, cross-promoting as required.
Handled reception duties, promoting wellness, and maintaining cleanliness.

Products worked with:

Subtle Energy,

Margy's,

Organic Pharmacy

Career Break - Covid lock down

July 2018 - December 2018 - Therapist cum Receptionist at Six Senses Spa at Simaisma A Murwab Resort , Doha, Qatar, (5 Star Hotel Spa)

Duties included:

Spa Treatments performed and handled reception and promoted spa services.

Conducted inventory checks and coordinated with other departments.

Promoted wellness and generated daily and monthly operational reports.

Products worked with:

Subtle Energy

June 2016 - February 2018 - Massage Therapist at Six Senses Spa at Etihad Premium Lounge, Abu Dhabi, UAE, UAE - United Arab Emirates, (5 Star Hotel Spa)

Duties included:

Performed dry pressure point massages, adhering to high standards.

Assisted with inventory and following SOPs.

Products worked with:

n/a

Career Break - Job hunting

October 2014 - May 2016 - Massage Therapist at Eastern Mangroves Hotel & Spa by Anantara, Abu Dhabi , UAE - United Arab Emirates, (5 Star Hotel Spa)

Duties included:

Performed spa therapy as per bookings, followed SOPs, and ensured cleanliness.

Handled reception duties when required.

Products worked with:

Elemis

QMS

Red flower hammam product

January 2013 - May 2014 - Massage Therapist at Vivanta by Taj Bentota, Sri Lanka, Sri Lanka, (5 Star Hotel Spa)

Duties included:

Perform Indian aromatherapy massages,

Lymphatic drainage massages,

Deep tissue Massage,

Indian Head Massage,

Foot Massage,

Scrubs & Wraps,

Manicure, Pedicure ,Facials ,

Kitchen, and Engineering as per the requirement of the department.

Handle reception, handle bookings, handle complaints ,

Doing daily requisitions accordingly, taking linen inventory,

Operational and behavioral training of the team,

Coordinating with various departments like Front Office, Housekeeping

Products worked with:

1.Jiva Spa Organic Product (Taj Product)

2. Subtle Energy

Career Break - Completing BSS course

February 2010 - January 2013 - Massage Therapist at Taj Exotica, Goa , India, (5 Star Hotel Spa)

Duties included:

Perform Indian aromatherapy massages,

Manual Lymphatic Drainage Massages,

Deep tissue Massage,

Indian Head Massage,

Foot Massage,

Scrubs & Wraps,

Manicure, Pedicure ,Facials ,

Kitchen, and Engineering as per the requirement of the department.

Handle reception, handle bookings, handle complaints ,

Doing daily requisitions accordingly, taking linen inventory,

Operational and behavioral training of the team,

Coordinating with various departments like Front Office, Housekeeping,

Products worked with:

Jiva spa organic products

Subtle energy

Education and Qualifications:

2018 Chiva Som Academy Bangkok

Professional Certificate on Anatomy & Physiology

2018 Chiva Som Academy , Bangkok

CIBTAC

2014 Annabel Spa Institute

Diploma

Reiki Level 1

Reiki level 2

Sound healing with Gong bath

Theta healing basic

Spa Management by BSS (India)

2007 IIAS-Kolkata

Post Graduation Diploma In Hotel Management & Tourism

2003 M.K.S College calcutta university

Bachelor degree in Travel & Tourism Management

Product Training:

March 2016 QMS

Eastern Mangroves Hotel & Spa by Anantara, Abu Dhabi, UAE

Product Knowledge

Standard procedures for Oxygen Facials by QMS

Med Facial/ Acne

Pigment Facial,

July 2015 Shrinking Violet Slimming Wraps

Eastern Mangroves Hotel & Spa by Anantara, Abu Dhabi, UAE

Product Knowledge

Wrapping techniques using special wraps

March 2015 Elemis

Eastern Mangroves Hotel & Spa by Anantara, Abu Dhabi, UAE

Standard procedure for Elemis Facials

Pro Collagen Facials,

Tri Enzyme Facials,

Modern Day skin Facials

Product Knowledge

Vocational Qualifications

Hotel Management & Tourism

Hobbies and Interests

Travelling,

Reading

Embroidery

Meet new people and get to know about different country-culture

CV created at www.spastaff.com