

Curriculum Vitae

Male

D.O.B. 02 November 1975

Number of years working in industry:

26 years 0 months



Candidate ID Number: 29801

Nationality: Portuguese

Language Skills:

Fluent: English, hindi, punjabi, malayalam

Basic: portuguese

Permitted to work in: European Union, India, UK - United Kingdom

Position Sought: Spa Manager, Complementary Practitioner, Yoga / Pilates Teacher

Personal Statement

Well experienced and skillful hands in doing treatments.

Excellent skill in doing reflexology, Swedish massage, Indian massages, aroma therapy, lymphatic drainage, traditional foot massage.

Very good in communication with the clients.

Client satisfaction with me is 100%.

Excellent managerial skills.

Very creative in nature.

Seeking work in the UK, UAE and international locations

Employment History:

December 2014 - Present - Complementary Practitioner at (most recent employer hidden for confidentiality) 278, beake avenue, coventry, UK, UK - United Kingdom, (Hospital / Medical Clinic)

Duties included:

Responsible for H & S, Staff Rota, Ensuring the best Customer service. Treatments including yoga, sports massage, Indian head massage and Ayurveda treatments. Recordkeeping, conducting promotional campaigns, and maintaining stock inventories. Establish spa budgets and financial goals. Inventory products and order new supplies. Sell products, services, or memberships

Products worked with:

ayurvedic products

February 2006 - November 2014 - Spa Manager at vila joya hotel, gale , portugal, Portugal, (5 Star Hotel Spa)

Duties included:

Duties include lead, direct and supervise the spa team of 10 persons. Provide consistent high standards of customer service, adhere to all health and safety regulations for both employees and customers by providing a safe and clean spa and leisure environment. Check spa equipment to ensure proper functioning. Maintain client databases. Coordinate

facility schedules to maximize usage and efficiency. Scheduling the weekly duty timetables for the staffs and reporting direct to the General Manager

Products worked with:

st.barth,

September 2002 - November 2005 - Spa Manager at neemrana hotels private limited, rajasthan, India, (5 Star Hotel Spa)

Duties included:

Ayurvedic Physician and Health Spa Manager

Report to the Head office directly. Order needed supplies for the spa, and keep track of all incoming and outgoing inventory in order to keep things running smoothly. Full responsibility for the organization of the exercise rooms, massage rooms, various therapy rooms, pool and retail area.

Products worked with:

sansha

September 2001 - August 2002 - Complementary Practitioner at Ayush Ayurvedic centre, chandigarh, India, (Hospital / Medical Clinic)

Duties included:

Chief Physician and Panchakarma Specialist

Responsible for managing the whole centre and clinic, Consultation with the customer and advising them therapies and activities to be followed, regular follow ups, maintaining the clinic cleanliness and keeping it to the supreme standard. Introducing and manufacturing of different types of oils needed for the treatments. Regular training and advice given to therapists so as to extend their best service to the clients.

Products worked with:

ayurvedic medicines

May 2001 - September 2001 - Complementary Practitioner at Santhigiri Ayurveda and Siddha Vaidyasala, kerala, India, (Hospital / Medical Clinic)

Duties included:

Chief Physician and Panchakarma Specialist

Responsible for managing the whole centre and clinic.

Products worked with:

ayurvedic medicines

February 2000 - May 2001 - Complementary Practitioner at Brahma Ayurveda Panchakarma Centre and International Research Foundation, kerala, India, (Hospital / Medical Clinic)

Duties included:

Duties include consultation with the customers, advising the staffs for the respective treatments. Instruct yoga and the overall functioning of the centre.

Products worked with:

ayurvedic products

August 1999 - January 2000 - Treatment Manager / Spa Trainer at Sannidhanam Ayurvedic Hospital, kerala, India, (Hospital / Medical Clinic)

Duties included:

Assisting the Chief Consultant, managing the entire centre in his absence.

Products worked with:

ayurvedic products

Education and Qualifications:

2001 Govt.Ayurveda College, Trivandrum, Kerala , India.

B.A.M.S. (Bachelor of Ayurvedic Medicine and Surgery)

B.A.M.S. (Bachelor of Ayurvedic Medicine and Surgery) from Govt.Ayurveda College, Trivandrum, Kerala , India.

1993 Govt. Model School, Port Blair, Andamans, India.

Passed 12th (CBSE Board) - 1st Class from Govt. Model School, Port Blair, Andamans, India.

Product Training:

November 2006 st.barth

vila joya, portugal

body scrubs, body wraps.

Vocational Qualifications

D.I.A.M.S (Diploma in Indo-Allopathic Medical Science)

D.A.T.(Diploma in Acupressure Therapy)

P.G.D.H.A.(Post Graduate Diploma in Hospital Administration)

D.Ac.T (Diploma in Acupuncture Therapy)

D.Mg.T (Diploma in Magneto Therapy)

MBRCP (Member of British Register of Complementary Practitioners for Ayurveda)

Hobbies and Interests

C.C.A.(Certificate in Computer Applications)

Yoga from Sivananda Yoga Ashramam, Trivandrum, Kerala. and Advanced Yoga Training from Kerala Ayurvedic & Yoga Studies & Research Institute, Trivandrum, Kerala.

Have done 1st,2nd,3rd degree of Reiki .

2nd Brown Belt in Full Contact Karate (Kokinkan style).

Was a Professional singer during the College days.

Had been 1st in All Kerala Inter Ayurveda College Arts Competition in String Western (Guitar) - 2 years (1994 & 1996).

Had been 1st in All Kerala Inter Ayurveda College Arts Competition in Percussion Western (Drums) - 2 Years (1994 & 1996)

Had been winner in All Kerala Inter Ayurveda College Arts Competition Wind Western (Mouth Organ)-1994..

Winner in 100 mts. dash, 3000mts.long race, Relay race etc.

Had been in the Govt. Ayurveda College, Trivandrum, Kerala's Football Team, Cricket Team, Volleyball Team.

Do Oil paintings on canvas, glass paintings, molds.

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