



# Curriculum Vitae

**Female**

**D.O.B. 29 December 1969**

**Number of years working in industry:**

**13 years 11 months**

**Candidate ID Number:** 29602

**Nationality:** British

**Language Skills:**

Fluent: English

Basic: Spanish, French

**Permitted to work in:** UK - United Kingdom

**Position Sought:** Spa Co-ordinator, Treatment Manager / Spa Trainer, Senior Therapist, Massage Therapist, Holistic Therapist, Complementary Therapist

## Personal Statement

My best qualities are connecting with people and continuing to learn and improve on my skills. I would like to continue to learn massage / bodywork and holistic healing while being more involved in the creation, development, and managing of this service.

Seeking work in the UK, international locations and on cruise ships

## Employment History:

**January 2011 - December 2015 - Massage Therapist** at (most recent employer hidden for confidentiality) Albuquerque, New Mexico, , USA - United States, (5 Star Hotel Spa)

### Duties included:

Mobile Spa treatments and massage at Hotels in Albuquerque, New Mexico, USA.

**April 2015 - December 2015 - Massage Therapist** at Gambei Spa and salon, Albuquerque, New Mexico, , USA - United States, (Day Spa)

### Duties included:

Massage therapy and spa treatments on clients.

### Products worked with:

organic oils/ magnezium treatments.

**April 2015 - December 2015 - Massage Therapist** at Albuquerque Back and Neck Pain Center, Albuquerque, New Mexico, , USA - United States, (Hospital / Medical Clinic)

### Duties included:

Working on patients doing 15m myofacial Release and deep tissue massage at a chiropractor and osteopaths clinic.

**September 2012 - May 2015 - Massage Therapist** at Albuquerque Baths, Albuquerque, USA - United States, (Day Spa)

**Duties included:**

Massage Therapy/ spa treatments/ scrubs/ wraps

**November 2007 - December 2014 - Massage Therapist** at Hyatt Regency Tamaya Spa , Bernalillo/ New Mexico, USA - United States, (5 Star Hotel Spa)

**Duties included:**

Massage and seasonal spa treatments

**Products worked with:**

Locally Sourced natural ingredients and products.

**November 2007 - September 2012 - Massage Therapist** at Green Reed Spa, Sandia Casino ., Albuquerque, USA - United States, ( Hotel Spa)

**Duties included:**

Massage Therapy and spa treatments

**Products worked with:**

Eminence

**March 2007 - September 2007 - Massage Therapist** at The Sanctuary Spa, London., UK - United Kingdom, (Day Spa)

**Duties included:**

Massage Therapy and SpaTreatments

**Products worked with:**

The Sanctuary Products

**September 2005 - December 2006 - Assistant Manager** at Absolute Nirvana Spa ., Santa Fe, New Mexico, USA - United States, (Day Spa)

**Duties included:**

Assisting in the management of spa at weekends.Scheduling treatments with guests, payments, managing therapists, preparing rooms, preparing treatments, daily reports.

**Products worked with:**

Organic ingredients made daily for facials and spa treatments.

**November 2004 - April 2005 - Spa Co-ordinator** at Spa Samadi/ Sunrise Springs, Santa Fe, New Mexico, USA - United States, (Day Spa)

**Duties included:**

Scheduling/taking payments /managing staff/daily maintenance.

## **Products worked with:**

**October 1999 - June 2003 - Assistant Manager** at Ten Thousand Waves Spa, Santa Fe, New Mexico, USA - United States, (5 Star Hotel Spa)

### **Duties included:**

Guest Services/ booking treatments and Lodging/daily reports/purchasing/ supervising cleaning and maintenance staff.

## **Products worked with:**

Locally sourced products.

## **Education and Qualifications:**

### **2015 New Mexico School of Natural Therapeutics. Cross Country Education. New Mexico Academy of Healing Arts.**

USA Licencing continuing education units.

2015-Qi Revolution/Nutrition(27hrs)

2015-Dynamic Stretching (7hrs)

2013- Ethical Communication.(4hrs)

2013-Cranial Sacral Unwinding (16hrs)

2011-Ethics-Creating Safety, Roles and Boundaries,(4hrs)

2010-Rotator Cuff Massage(6 hrs)

2010-Intro toThai Massage.(16hrs)

2009-Ethics,Standards of practice, professional management, Roles and Boundaries. (6hrs)

2009-Integrative Neuromuscular Therapy ,Anterior,Lateral,Posterior Trunk.(16hrs)

2006-La Stone Therapy, Origional Body, NMAHA, Santa Fe.(30hrs)

### **2006 New Mexico Academy of Healing Arts**

Diploma in Therapeutic Massage, National Exam in Therapeutic Massage and Body work. USA.

### **1992 Aberdeen University**

MA Hons Art History

## **Product Training:**

### **September 2014 Eminence**

The Green Reed Spa, Sandia Casino, Albuquerque, New Mexico, USA.

Eminence body scrubs, body wraps, lotions and oils for spa treatments.

## **Vocational Qualifications**

First Aid. Art/ Painting Instructor.

## **Hobbies and Interests**

Partner Dancing/ Tango , salsa, swing, country. Yoga. Hiking. Painting and instructing art classes.

