

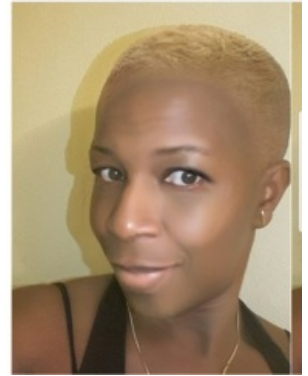
# Curriculum Vitae

**Female**

**D.O.B. 04 March 1970**

**Number of years working in industry:**

**27 years 6 months**



**Candidate ID Number:** 29275

**Nationality:** British

**Language Skills:**

Fluent: English

Basic: Spanish

**Permitted to work in:** Anguilla, UK - United Kingdom

**Position Sought:** Senior Therapist, Beauty Therapist, Massage Therapist, Holistic Therapist, Complementary Therapist

## Personal Statement

Best quality is my sunny disposition, I'm easy to work with, flexible, friendly, polite and very Professional. I would also like to Teach massage therapy in the future.

Seeking to work in national and international locations.

## Employment History:

**October 2019 - Present - Massage Therapist** at (most recent employer hidden for confidentiality) Soho, London, UK - United Kingdom, (Day Spa)

### Duties included:

Swedish, Deep Tissue, prenatal massages, reflexology and body treatments.

### Products worked with:

Cowshed Products,

**September 2016 - December 2018 - Massage Therapist** at Kimpton Seafire Resort & Spa, West Bay, Cayman Islands, (5 Star Hotel Spa)

### Duties included:

Employed as part of opening team providing Hamam journey bath rituals (Turkish Bath), body scrubs, polish, wraps, Reflexology, Swedish, Aromatherapy, Deep tissue and Sports , prenatal and hot stone massages.

**Career Break** - Training - industry-related

**January 2004 - August 2016 - Holistic Therapist** at Massage Haven, The Valley, Anguilla, (Home/Mobile)

### Duties included:

Mobile freelance therapist, liaising with villa managers and owners, hotel concierges, travel agencies, and vacation planners to provide spa services such as aromatherapy, reflexology, Swedish, deep tissue , sports, prenatal, and hot

stone massages to VIP clientele.

Required to organize, plan and coordinate spa services for group packages, including hiring and negotiating additional therapist/s according to the size and requirements of the groups/clients.

**July 1998 - July 2004 - Massage Therapist** at Skin plus beauty, Anguilla , Anguilla, (Day Spa)

**Duties included:**

Massage and body treatments, reflexology facials, manicures and pedicures

**Products worked with:**

Employer blended her own products

**Education and Qualifications:**

**2022 Gateway Workshop**

Diploma

AET level 3

**2020 Gateway Workshops, London Uk**

Diploma

Advanced and Deep Tissue Massage

**2020 Uk Beauty School**

Diploma

Luxury Facial

**2019 Therapy Training School, Nottingham UK**

Diploma

Sports massage

**2018 Institute of somatic therapy, online**

Certificate

Hot stone therapy

**2015 Antigua Insitute of Aesthetics. On Island training Spa Modalities**

ITEC Level 3 diploma holistic Therapy, ITEC level 2 Certificate Complimentary Therapies.

Massage therapy, Anatomy and physiology, Aromatherpy, holistic Massage, complimentary therapies, reflexology

**2007 Spa Modalities, Canada (trained on Island)**

Spa Modalities Continued Edu Certificate, Advanced Massage Therapy.

Thermal Palms (hot therapy mssage), Advanced Massage Therapy

**2006 The Acupressure Institute, Berkley, California**

Shiatsu Practitioner Diploma. Certificate in table shiatsu.

Shiatsu

**2015 Anguilla community College**

2015 - Mathematics CXC 3, Principles of Accounts CXC 2,

2013 - Principles of Business CXC 1, 2009 - Social Studies CXC 1

**1990 St. Josephs High School**

GCE English Language, B

**Product Training:**

**October 2016      Thema - Thema trainer Comfort Zone- Michael Jordan, comfort Zone Trainer Salt of the Earth - Paul Heslop, owner/Trainer, Osea- osea trainer, Jindilli- Jindilli trainer.**

Kimpton Seafire Resort and Spa.

Aromatherapy, Reflexology, Deep tissue, Swedish, Holistic Therapy, body scrub, body wraps, hydro therapy

## **Vocational Qualifications**

First Aid, CPR, Computer Literacy, social care

## **Hobbies and Interests**

Tennis, Soccer, Reading, yoga, Running, Speed walking, Hiking.

CV created at [www.spastaff.com](http://www.spastaff.com)

