

Curriculum Vitae

Female

D.O.B. 04 March 1970

Number of years working in industry:

27 years 6 months



Candidate ID Number: 29275

Nationality: British

Language Skills:

Fluent: English

Basic: Spanish

Permitted to work in: Anguilla, UK - United Kingdom

Position Sought: Senior Therapist, Beauty Therapist, Massage Therapist, Holistic Therapist, Complementary Therapist

Personal Statement

Best quality is my sunny disposition, I'm easy to work with, flexible, friendly, polite and very Professional. I would also like to Teach massage therapy in the future.

Seeking to work in national and international locations.

Employment History:

October 2019 - Present - Massage Therapist at (most recent employer hidden for confidentiality) Soho, London, UK - United Kingdom, (Day Spa)

Duties included:

Swedish, Deep Tissue, prenatal massages, reflexology and body treatments.

Products worked with:

Cowshed Products,

September 2016 - December 2018 - Massage Therapist at Kimpton Seafire Resort & Spa, West Bay, Cayman Islands, (5 Star Hotel Spa)

Duties included:

Employed as part of opening team providing Hamam journey bath rituals (Turkish Bath), body scrubs, polish, wraps, Reflexology, Swedish, Aromatherapy, Deep tissue and Sports , prenatal and hot stone massages.

Career Break - Training - industry-related

January 2004 - August 2016 - Holistic Therapist at Massage Haven, The Valley, Anguilla, (Home/Mobile)

Duties included:

Mobile freelance therapist, liaising with villa managers and owners, hotel concierges, travel agencies, and vacation planners to provide spa services such as aromatherapy, reflexology, Swedish, deep tissue , sports, prenatal, and hot

stone massages to VIP clientele.

Required to organize, plan and coordinate spa services for group packages, including hiring and negotiating additional therapist/s according to the size and requirements of the groups/clients.

July 1998 - July 2004 - Massage Therapist at Skin plus beauty, Anguilla , Anguilla, (Day Spa)

Duties included:

Massage and body treatments, reflexology facials, manicures and pedicures

Products worked with:

Employer blended her own products

Education and Qualifications:

2022 Gateway Workshop

Diploma

AET level 3

2020 Gateway Workshops, London Uk

Diploma

Advanced and Deep Tissue Massage

2020 Uk Beauty School

Diploma

Luxury Facial

2019 Therapy Training School, Nottingham UK

Diploma

Sports massage

2018 Institute of somatic therapy, online

Certificate

Hot stone therapy

2015 Antigua Institute of Aesthetics. On Island training Spa Modalities

ITEC Level 3 diploma holistic Therapy, ITEC level 2 Certificate Complimentary Therapies.

Massage therapy, Anatomy and physiology, Aromatherapy, holistic Massage, complimentary therapies, reflexology

2007 Spa Modalities, Canada (trained on Island)

Spa Modalities Continued Edu Certificate, Advanced Massage Therapy.

Thermal Palms (hot therapy message), Advanced Massage Therapy

2006 The Acupressure Institute, Berkley, California

Shiatsu Practitioner Diploma. Certificate in table shiatsu.

Shiatsu

2015 Anguilla community College

2015 - Mathematics CXC 3, Principles of Accounts CXC 2,

2013 - Principles of Business CXC 1, 2009 - Social Studies CXC 1

1990 St. Josephs High School

GCE English Language, B

Product Training:

October 2016 **Themae - Themae trainer Comfort Zone- Michael Jordan, comfort Zone Trainer Salt of the Earth - Paul Heslop, owner/Trainer, Osea- osea trainer, Jindilli- Jindilli trainer.**

Kimpton Seafire Resort and Spa.

Aromatherapy, Reflexology, Deep tissue, Swedish, Holistic Therapy, body scrub, body wraps, hydro therapy

Vocational Qualifications

First Aid, CPR, Computer Literacy, social care

Hobbies and Interests

Tennis, Soccer, Reading, yoga, Running, Speed walking, Hiking.

CV created at www.spastaff.com

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