

Curriculum Vitae

Female

D.O.B. 22 November 1982

Number of years working in industry:

7 years 7 months



Candidate ID Number: 28804

Nationality: British, Polish

Language Skills:

Fluent: English, Polish

Basic: Russian

Permitted to work in: European Union, UK - United Kingdom

Position Sought: Spa Manager, Head Therapist, Treatment Manager / Spa Trainer, Senior Therapist, Beauty Therapist, Massage Therapist, Holistic Therapist, Complementary Therapist

Personal Statement

Energetic motivated Spa therapist who is and skilled at balancing the needs of clients in both personal and professional capacities. Strong work ethic and positive attitude. Organised and detail-oriented with exceptional communication and interpersonal skills.

Employment History:

November 2017 - October 2018 - Head Therapist at (most recent employer hidden for confidentiality) Dubai, UAE - United Arab Emirates, (Home/Mobile)

Duties included:

- Provided beauty treatments and for family members. massage, exercises, stretching , Thai yoga and breathing treatments.
- Performed stretching, manipulation , exercises, Thai yoga and breathing treatments.
- Advised family about nutrition, stretching and correct body posture habits.
- Recommended best plan treatment's and products to achieve clients goal.
- Organised program and service for individual family members.

Products worked with:

- Liliana Terry Essencial oils,
- ESPA,
- Physio massage oils

March 2017 - November 2017 - Head Therapist at Private Spa, Dubai, UAE - United Arab Emirates, (Home/Mobile)

Duties included:

- Worked with VIP family, lived with in a privet villa and travel with the family.
- Provided beauty all range of beauty treatments and facials in a privet Spa.
- Delivered all range of massage as sports massage, aromatherapy, reflexology, Indian head massage, body wraps and exfoliation.
- Organised and managed of 9 treatments rooms, reception, and relaxation area.
- Travel with the owner and relocated for lengthier periods of time at short notice.

Products worked with:

Maria Galland Orogold exclusive Liliana Terry Esencial oils

May 2016 - November 2016 - Assistant Manager at Royal Apollonia 5* Hotel, Limassol, France, (Hotel Spa)

Duties included:

- Ensured accurate, complete, and timely communication among various employee groups, including spa management team, therapist, spa staff, and company office personnel.
- Provided the highest levels of client satisfaction by managing client requests, anticipating client needs, and resolving client criticisms.
- Developed and maintained Spa literature, documentation and process handling requirements.
- Ensured spa facility was cleaned and maintained for clients and employees.

Products worked with:

Germaine de Capuccini Premier dead sea Espa

November 2015 - April 2016 - Massage Therapist at Luxury Chalets Alp Leisure, Courchevel, France, (Day Spa)

Duties included:

- I have worked with privet families and guests from different parts of world as Switzerland, Russia , Saudi Arabia and France during their weekly, monthly stay under my custody.
- Managed chalet to ensure guests receive the best service from the chalet team.
- Ensured that all guests achieve the highest level of beauty and spa treatments.
- Managed the team : chef, hosts, nanny, therapists and ensure they carry out their roles according to company standards as thoroughly and efficiently as possible.
- Developed and maintain a close relationship with the guests each week, keeping them well informed of all events and updated on any relevant information.
- Ensured that all clients wild range of massage receive the the highest level of beauty, spa treatments and massages after skiing.
- Performed Swedish or Deep tissue massage after skiing for VIP clients.

Products worked with:

Espa L'occitane

August 2013 - October 2015 - Head Therapist at Beauty Brown , Manchester, UK - United Kingdom, (High Street Salon)

Duties included:

- Evaluated and motivated therapists to maintain peak of performance and customer satisfaction.
- Trained new team members.
- Developed programs to motivate staff and to increase salon business.
- Utilised wide range of massage and therapy techniques and attended workshops, meetings and employee trainings to continuously update knowledge.
- Maintained regular staff meetings to keep staff up to date on all aspects of the Spa's operation.

Products worked with:

Elemis

May 2012 - August 2013 - Holistic Therapist at Enhance Spa, Manchester, UK - United Kingdom, (College)

Duties included:

- Performed the full range of holistic treatments as: massage, aromatherapy, body treatments, facials.
- Consulted with clients to asses needs and problem areas and determine appropriate techniques.
- Maintained client confidential and sensitivity to age and gender related issues during all client interactions.
- Maintained complete knowledge of and comply with all departmental polices, procedures, and standards.

Products worked with:

Babor, Jessica,

September 2010 - June 2012 - Spa Consultant at Holistic spa at Trafford college, Manchester, UK - United Kingdom, (College)

Duties included:

- Consulted with clients to asses specific preferences, needs and then develop right treatment plan.
- Performed consecutive 60-minute quality massage therapy sessions.
- Gave clients advice on home skin care.
- Performed wide range of face and body treatments including body wraps, massage, facials, stretching.
- Recommended best products and services to achieve client's goals.

Education and Qualifications:

2012 Manchester Metropolitan University

Foundation Degree Level 5

- Foundation Degree in Spa Management - Manchester Metropolitan University, UK (2012)
- Beauty Level 3 - Trafford College, UK (2013) Swedish massage Level 3 Trafford College, UK (2012)
- Introduction to Thai Yoga - Trafford College, UK (2013)
- Certifications and Trainings Chemical Peels, Training on Hydro Peptide skin care products - Liverpool (2016)
- Laser hair removal by Candela - Manchester (2014)
- Clarins and Babor Facial and product training
- Trafford College Manchester, UK (2012)
- Lava Shell massage Certificate Trafford College, UK (2012)
- Hands Free Massage Certificate Trafford College ,UK (2012)

2012 MMU

Spa Managment Foundation Degree MMU

NVQ Beauty Level 3

NVQ Swedish Massage Level 3

Lymphatic Drainage Certificate

Product Training:

November 2016 Babor, Hydropeptide

Trafford college Manchester &

July 2015 Lilian Terry, Elemis, Babor, Clarins, Hydropeptides, Germaine de Capuccini, L'Occitane, Jessica

Trafford College, Manchester

Elemis Facial products training & massage. Babor facial and body wrao treatments. Hydropeptides skin peels facial. Lilian Terry essencial oils massage.

Vocational Qualifications

Scuba Diving, Nutrition course, Lhymphantic Drainage, Driving License, Accountancy

Hobbies and Interests

Yoga, Nutrition, Holistic therapy, Hiking, Skiing, Water sport, Running, Reading.

