

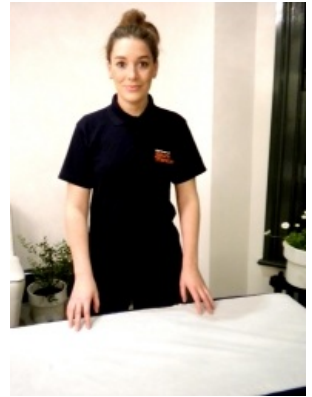
Curriculum Vitae

Female

D.O.B. 20 March 1985

Number of years working in industry:

12 years 3 months



Candidate ID Number: 28461

Nationality: British

Language Skills:

Fluent: English

Permitted to work in: UK - United Kingdom

Position Sought: Massage Therapist, Holistic Therapist, Complementary Practitioner, Complementary Therapist

Personal Statement

I have built my successful wellness business from scratch after qualifying as a sports and remedial manual therapist. I am passionate about delivering peaceful and healing treatments to all and have made it my mission to help people manage their stress, leading them to a healthier life.

I would now like to work with a team of people in a spa providing an excellent range of relaxing treatments.

I am caring, creative, pro-active, motivated & hold a clean driver's license.

Seeking to work in national and international locations.

Employment History:

November 2013 - Present - Soft Tissue Therapist at (most recent employer hidden for confidentiality) London, UK - United Kingdom, (Home/Mobile)

Duties included:

Self Employed- Soft Tissue Therapist

- Provide a range of treatments to private clients from my clinic:
- Sports & Remedial Massage
- Dry Needling & Trigger Point Therapy
- Warm Crystal Massage
- Mind & Body Massage
- Deep Cleansing Facial
- Market and advertise my clinic:
- Produced website, business cards, leaflets, adverts, newsletters, social media posts: Twitter, Facebook, Instagram
- Clean/maintenance of clinic, maintain stock
- Maintain high knowledge of current techniques with CPD and courses.
- Provide clients with after care plans such as referrals, home stretches, self-massage techniques.
- Developed own signature treatments drawing upon my knowledge and personal experience of meditation and yoga.

Products worked with:

Neals Yard

Education and Qualifications:

2013 The School of Natural Therapies London

ITEC, BTEC, Diploma, CPD

2015 Gateway Workshops London

- Practioners Diploma in Beauty Facial Course

2015 Performance Physical Therapy & Acupuncture London

- Dry Needling Diploma in Sport Medicine

2013 The School of Natural Therapies London

- Level 5 BTEC Diploma in Clinical Sport and Remedial Massage

2013 The School of Natural Therapies London

- Level 3 ITEC Cert in Sports Massage Therapy

2007 Arts Institute Bournemouth

2:1 BA Hons Fine Art

Product Training:

November 2013 BTEC level 5 Clinical Sports and Remedial Massage Practioners Diploma in Beauty Facial Course

The London School of Natural Therapies

Gateway Workshops- London

Deep tissue Massage

Dry Needling

Deep Cleansing Facial

Trigger Point Therapy

Muscle Energy Technique

Proprioceptive Neuromuscular Facilitation Stretching

Joint Manipulation

Lymphatic Drainage Massage

Myofacial Release

Postural Assessment

Vocational Qualifications

2009 Bloomsbury International London

- Trinity TESOL Cert

2007 Altitude Snow Sports School Switzerland

- First Aid Cert

2004-2007 Institute of Art & Design Bournemouth

- 2:1 BA Hons in Fine Art

2004 Ski Le Gap Canada

- Canadian Ski Instructors Alliance level 1&2

2001-2003 Institute of Art & Design Surrey

Distinction BTEC National Diploma in Fine Art

Hobbies and Interests

Holistic treatments, healing, meditation, yoga, skiing, walking in nature, travel.

CV created at www.spastaff.com

