



Curriculum Vitae

Female

Number of years working in industry:

10 years 6 months

Candidate ID Number: 28438

Nationality: British

Language Skills:

Fluent: English

Permitted to work in: UK - United Kingdom

Position Sought: Yoga / Pilates Teacher

Personal Statement

I want to build a career as a yoga teacher, develop my skills to provide the best yoga classes I possibly can. I would like to one day organise retreats.

Alongside being a yoga teacher, I want to continue my career as an Artist. Last year I was the winner of the international award for Illustration, presented by the AOI. My work was exhibited at Somerset House.

Seeking work in national and international locations and on cruise ships

Employment History:

August 2015 - Present - Yoga / Pilates Teacher at (most recent employer hidden for confidentiality) London, UK - United Kingdom, (5 Star Hotel Spa)

Duties included:

Preparing a flowing sequence suitable to the ability of the class.

Teaching the class, and giving variations on poses for different abilities.

Marketing of the class -built a website, promoted through social media etc.

Guided meditation.

Education and Qualifications:

2015 Ryan Spielman training, UK

Certificate

Ashtanga Teacher Training Qualification

2014 Falmouth University, UK

First Class with Honours

Illustration BA, Falmouth University: First Class with Honours

2009 Queen's Gate School

GCSE

Art, English Literature, English Language: A*

French, Geography, Drama: A

Maths: B

Science: C

A level

English, Art: A

Philosophy B

AS Level:

Sociology: A

Vocational Qualifications

Skiing, sailing, running, photoshop, indesign, word

Hobbies and Interests

My degree was studying illustration, and I have continued to work as an artist since graduating. I have built up a small client list and a large portfolio of art work. Alongside art, I regularly go to the opera and ballet.

CV created at www.spastaff.com

