

# Curriculum Vitae

**Female**

**D.O.B. 30 March 1993**

**Number of years working in industry: 3 years 7 months**

**Candidate ID Number:** 27495

**Nationality:** British

**Language Skills:**

Fluent: English

**Permitted to work in:** UK - United Kingdom

**Position Sought:** Spa Consultant, Spa Co-ordinator, Head Therapist, Senior Therapist, Beauty Therapist, Skin Clinic Therapist, Holistic Therapist

## **Personal Statement**

On completion of my Level 2 & 3 Beauty Therapy, I furthered my knowledge and skills by undertaking a Foundation Degree, followed by a BSc in International Spa Management. I have obtained both theory and practical knowledge that I have gained throughout my studies and ongoing working life.

One of my life goals is to travel and explore the world. I would also be willing to gain more international work experience whilst learning about new cultures and people.

Seeking to work in the UK and International locations.

## **Employment History:**

**September 2016 - June 2017 - Beauty Therapist** at (most recent employer hidden for confidentiality) Manchester, UK - United Kingdom, ( Hotel Spa)

### **Duties included:**

- Performing body, face, nail and holistic treatments such as Reflexology and Hopi Ear Candling.
- Assisting with front desk duties, such as responding to incoming calls, checking guests in and meeting/greeting guests.
- Advised guests on suitable treatments and products.
- I worked with daily and monthly targets by upselling and retailing products.

### **Products worked with:**

- ESPA
- Jessica

**October 2015 - September 2016 - Beauty Therapist** at Ragdale Hall, Leicestershire , UK - United Kingdom, (5 Star Hotel Spa)

### **Duties included:**

- Performed body, nail and facial treatments. I also specialised in holistic therapies such as Reflexology and Hopi Ear Candling.
- I worked within a target-driven environment by retailing products and treatments to the guests on a daily basis.
- Advising guests on suitable homecare and aftercare advice.
- Working one late shift per week to undertake additional duties such as the laundry and cleaning the general spa area.

### **Products worked with:**

- Elemis
- Clarins
- Decleor
- Spa Find
- O.P.I
- B-Line

**Career Break** - Working holiday in the United States

**November 2013 - May 2015 - Beauty Therapist** at Fitness Express- Imagine Spa, North Yorkshire , UK - United Kingdom, (Day Spa)

**Duties included:**

- Obtaining a dual role as both therapist and front desk receptionist.
- My front desk duties included booking appointments for guests, responding to incoming calls and emails, meeting and greeting guests and handling cash/card payments.
- Provided guests with face, body and nail treatments.
- I worked towards daily and monthly targets to ensure revenue for the spa was achieved.

**Products worked with:**

- Babor
- Jessica
- Mii Makeup

**Career Break** - Training - industry-related

**Education and Qualifications:**

**2017 University of Derby**

Bsc International Spa Management

BSc International Spa Management (2:1)

- Strategic Management
- Spa Operations
- Independent Study (dissertation)
- Contemporary Issues
- Spa Treatments: Evolution and Innovation

**2015 York College**

Foundation Degree

Holistic Health Therapies and Spa Management

- Spa Marketing & Management module
- Personal and Professional Development
- Reflexology
- Deep Tissue techniques
- Thai Herbal Compress massage
- Lava Shell massage
- Holistic Facial
- Environ Facials and Peels
- Body Scrubs/Wraps
- Anti-Ageing Aesthetics
- Anatomy and Physiology

**2013 Hyde Clarendon Sixth Form College**

Level 3 Beauty Therapy (Distinction) City & Guilds Qualification:

- Working with colleagues within the beauty related industries
- Monitor and maintain health and safety practice in the salon
- Client care and communication in beauty related industries
- Promote and sell products and services to clients
- Provide body massage
- Provide facial electrotherapy treatments
- Provide body electrotherapy treatments

- Provide Indian Head Massage
- Apply Micro Dermabrasion techniques
- Apply Hot Stone Therapy massage

## 2011 Stockport College

Level 2 Beauty Therapy (Merit) ITEC qualification

- Provide Facial Skincare
- Origins, Principles and Theories of Massage
- Provide Eyelash and Eyebrow Treatments
- Apply Make-Up
- Provide Manicure Treatments
- Provide Pedicure Treatments
- Remove Hair using Waxing Techniques
- Follow Health and Safety Practice in the Salon
- Salon Reception Duties
- Client Care and Communication in beauty Related Industries
- Display stock to promote sales in a salon
- Create an image based on a theme within the hair and beauty industry

## Product Training:

### May 2014 Jessica

- Imagine Spa, Knaresborough, North Yorkshire

Jessica nail products:

- Introductory Manicure training.
- Advanced Training in GELeration.

### December 2013 Environ

- York College
- Environ Professional Training course
- Environ Facial treatments
- Environ Cool Peels and exam
- Environ Retail Training course

## Vocational Qualifications

- MS Word, Excel & Powerpoint
- Chakra Balancing and Crystal Healing
- Safeguarding training
- Equality and Diversity
- Data Protection
- Information Security
- Level 3 Advice & Guidance

## Hobbies and Interests

- Travelling
- Reading books, particularly thriller/crime
- Practicing the piano/keyboard
- Active lifestyle - Gym, Yoga, Hiking and healthy eating.

CV created at [www.spastaff.com](http://www.spastaff.com)