

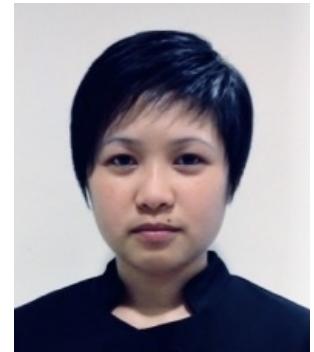
# Curriculum Vitae

**Female**

**D.O.B. 13 April 1987**

**Number of years working in industry:**

**29 years 3 months**



**Candidate ID Number:** 26945

**Nationality:** Filipino

**Language Skills:**

Fluent: English, Tagalog

Basic: Polish

**Permitted to work in:** Philippines

**Position Sought:** Beauty Therapist, Massage Therapist, Holistic Therapist, Receptionist, Spa Therapist

## Personal Statement

I love to work as part of a team and I am dedicated beyond flexibility to deliver an excellent service to my guests. I am self-motivated and detail-oriented.

Seeking to work in the Philippines and International Locations

## Employment History:

**January 2022 - Present - Spa Therapist** at (most recent employer hidden for confidentiality) Muscat, Oman, (Health Club)

### Duties included:

TREATMENTS BODY and FACE: -Swedish Massage. -Thai Massage (classic dry massage). -Shiats. -Lomi-Lomi. -Hot Stones Massage. -Sports Massage (deep tissue with stretching). -Pre-Natal Massage. -Facials. -Body Scrubs -Body Wraps. RESPONSIBILITIES: -Professionalism and Grooming. -Start the duty shift on time, be flexible with the schedule supporting the needs of the spa. -Telephone Handling. -Guest Welcome. -Menu presentation. -Handle guest's questions and concern professionally. -Spa open/close set-up. -Ensure the all the Spa area is clean, follow standard sanitation. -Daily individual paper works target/reports. -Booking procedure. -Cancellation policy information to the guest. -Lifestyle Consultation with the guest. -Spa guest journey - Perform consistent treatment in according with spa protocols. -Have complete knowledge and understanding of all services. and products offered by the spa. -Treatment/Product Recommendation. -Promote the Spa services and programs. -Work without direct supervision. -Stock take/control. -Care for equipment. -Communicate with team member/manager. -Attend and participate training and staff meetings. - Maintain a positive attitude toward a quality work environment

### Products worked with:

Jean D' Arcel

Guinot

Dr. Renaud

**October 2020 - October 2021 - Contact Tracer** at Department of Interior and Local Government , Metro Manila, Philippines, (Hospital / Medical Clinic)

### Duties included:

- Coordinating contact tracing efforts with Supervisors and Case Investigators from the Local Health Department.

- Conducting interviews in a professional manner that reflects emotional and cultural awareness.
- Collecting and recording accurate information using Customer Relationship Management (CRM) software.
- Calling newly diagnosed patients to trace individuals they had contact with and determining exposure.
- Interviewing traced contacts, assessing symptoms, and referring them for testing.
- Providing contacts with regulated information on isolation and quarantine procedures.
- Collaborating with designated local authorities in supporting the isolation and quarantine of individuals.
- Maintaining ongoing virtual communication to monitor symptoms.
- Facilitating health checks and test, as well as referring contacts to available community resources.
- Complying to all Health Department regulations, including those aimed at protecting personal information.

**October 2015 - August 2020 - Massage Therapist** at Velassaru Maldives, Velassaru Island, Maldives, (5 Star Hotel Spa)

**Duties included:**

TREATMENTS BODY and FACE: -Swedish Massage.-Thai Massage (classic dry massage). -Shiatsu. -Lomi-Lomi. -Hot Stones Massage. -Sports Massage (deep tissue with stretching). -Pre-Natal Massage. -Facials (Pevonia products). -Body Scrubs (Pevonia products). -Body Wraps (Pevonia products). RESPONSIBILITIES: -Professionalism and Grooming. -Start the duty shift on time, be flexible with the schedule supporting the needs of the spa. -Telephone Handling. -Guest Welcome. -Menu presentation. -Handle guest's questions and concern professionally. -Spa open/close set-up. -Ensure the all the Spa area is clean, follow standard sanitation. -Daily individual paper works target/reports. -Booking procedure. -Cancellation policy information to the guest. -Lifestyle Consultation with the guest. -Spa guest journey - Perform consistent treatment in according with spa protocols. -Have complete knowledge and understanding of all services. and products offered by the spa. -Treatment/Product Recommendation. -Promote the Spa services and programs. -Work without direct supervision. -Stock take/control. -Care for equipment. -Communicate with team member/manager. -Attend and participate training and staff meetings. -Maintain a positive attitude toward a quality work environment.

**Products worked with:**

Pevonia

Elemis

**October 2014 - October 2015 - Massage Therapist** at Cape Weligama - Relais & Chateaux, Weligama, Sri Lanka, (5 Star Hotel Spa)

**Duties included:**

TREATMENTS BODY and FACE:-Swedish Massage.-Thai Massage (classic dry massage). -Shiatsu. -Lomi-Lomi. -Hot Stones Massage. -Sports Massage (deep tissue with stretching). -Pre-Natal Massage. -Facials (Thamei Products). -Body Scrubs (Thamei Products). -Body Wraps (Thamei Products). -Ear Candling. RESPONSIBILITIES: -Professionalism and Grooming. -Start the duty shift on time, be flexible with the schedule supporting the needs of the spa. -Telephone Handling. -Guest Welcome. -Menu presentation. -Handle guest's questions and concern professionally. -Spa open/close set-up. -Ensure the all the Spa area is clean, follow standard sanitation. -Daily individual paper works target/reports. -Booking procedure. -Cancellation policy information to the guest. -Lifestyle Consultation with the guest. -Spa guest journey - Perform consistent treatment in according with spa protocols. -Have complete knowledge and understanding of all services. and products offered by the spa. -Treatment/Product Recommendation. -Promote the Spa services and programs. -Work without direct supervision. -Stock take/control. -Care for equipment. -Communicate with team member/manager. -Attend and participate training and staff and management meetings. -Maintain a positive attitude toward a quality work environment.

**Products worked with:**

Thamei Products

**October 2013 - October 2014 - Spa Therapist** at CHI The Spa at Shangri-La Resort & Spa, Villingili, Maldives, Maldives, (5 Star Hotel Spa)

**Duties included:**

TREATMENTS BODY and FACE:-Swedish Massage.-Thai Massage (classic dry massage). -Shiatsu. -Lomi-Lomi. -Hot Stones Massage. -Sports Massage (deep tissue with stretching). -Pre-Natal Massage. -Facials (BioDroga, Futuresse, Botanicals and Kerstin Florian products). -Body Scrubs (Kerstin Florian Products). -Body Wraps (Kerstin Florian and NaturalProducts). -Ear Candling. RESPONSIBILITIES: -Professionalism and Grooming. -Start the duty shift on time, be flexible with the schedule supporting the needs of the spa. -Telephone Handling. -Guest Welcome. -Menu presentation. -Handle guest's questions and concern professionally. -Spa open/close set-up. -Ensure the all the Spa area is clean,

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#### **Products worked with:**

- BioDroga
- Futuresse
- Botanicals
- Kerstin Florian

#### **October 2011 - October 2013 - Spa Therapist at Thai Bali, Krakow, Poland, (Day Spa)**

#### **Duties included:**

TREATMENTS BODY and FACE:-Swedish Massage.-Thai Massage (classic dry massage). -Shiats. -Lomi-Lomi. -Hot Stones Massage. -Sports Massage (deep tissue with stretching). -Pre-Natal Massage. -Facials (Sekar Taman). -Body Scrubs (Sekar Taman). -Body Wraps (Sekar Taman). -Ear Candling. RESPONSIBILITIES: -Professionalism and Grooming. -Start the duty shift on time, be flexible with the schedule supporting the needs of the spa. -Telephone Handling. -Guest Welcome. -Menu presentation. -Handle guest's questions and concern professionally. -Spa open/close set-up. -Ensure the all the Spa area is clean, follow standard sanitation. -Daily individual paper works target/reports. -Booking procedure. -Cancellation policy information to the guest. -Lifestyle Consultation with the guest. -Spa guest journey - Perform consistent treatment in according with spa protocols. -Have complete knowledge and understanding of all services. and products offered by the spa. -Treatment/Product Recommendation. -Promote the Spa services and programs. -Work without direct supervision. -Stock take/control. -Care for equipment. -Communicate with team member/manager. -Attend and participate training and staff meetings. -Maintain a positive attitude toward a quality work environment.

#### **Products worked with:**

- Sekar Taman (Indonesian Products)

#### **September 2010 - October 2011 - Spa Therapist at Lime Spa At Desert Palm Hotel And Resort, Dubai, UAE - United Arab Emirates, (5 Star Hotel Spa)**

#### **Duties included:**

TREATMENTS BODY and FACE: -Swedish Massage.-Thai Massage (classic dry massage). -Shiats. -Lomi-Lomi. -Hot Stones Massage. -Sports Massage (deep tissue with stretching). -Pre-Natal Massage. -Facials (Sothys, Thalgo and Fruits Products). -Body Scrubs (Sothys and Thalgo). -Body Wraps (Sothys and Thalgo). -Turkish Bath (Arabic Al-Hammam) RESPONSIBILITIES: -Professionalism and Grooming. -Start the duty shift on time, be flexible with the schedule supporting the needs of the spa. -Telephone Handling. -Guest Welcome. -Menu presentation. -Handle guest's questions and concern professionally. -Spa open/close set-up. -Ensure the all the Spa area is clean, follow standard sanitation. -Daily individual paper works target/reports. -Booking procedure. -Cancellation policy information to the guest. -Lifestyle Consultation with the guest. -Spa guest journey - Perform consistent treatment in according with spa protocols. -Have complete knowledge and understanding of all services. and products offered by the spa. -Treatment/Product Recommendation. -Promote the Spa services and programs. -Work without direct supervision. -Stock take/control. -Care for equipment. -Communicate with team member/manager. -Attend and participate training and staff meetings. -Maintain a positive attitude toward a quality work environment.

#### **Products worked with:**

- Anne Semonin
- Eve Lom

#### **July 2009 - September 2010 - Spa Therapist at The Spa At Hilton Hotel , Ras Al Khaimah, UAE - United Arab Emirates, (5 Star Hotel Spa)**

#### **Duties included:**

TREATMENTS BODY and FACE: -Swedish Massage.-Thai Massage (classic dry massage). -Shiats. -Lomi-Lomi. -Hot Stones Massage. -Sports Massage (deep tissue with stretching). -Pre-Natal Massage. -Facials (Sothys, Thalgo and Fruits Products). -Body Scrubs (Sothys and Thalgo). -Body Wraps (Sothys and Thalgo). -Turkish Bath (Arabic Al-Hammam) RESPONSIBILITIES: -Professionalism and Grooming. -Start the duty shift on time, be flexible with the schedule

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#### **Products worked with:**

- Sothy's
- Thalgo

**Career Break** - Training - industry-related

**February 2008 - April 2009 - Spa Therapist** at Aquum Spa at Baros Resort , Baros, Maldives, Maldives, (5 Star Hotel Spa)

#### **Duties included:**

TREATMENTS BODY and FACE: -Swedish Massage.-Thai Massage (classic dry massage). -Shiats. -Lomi-Lomi. -Hot Stones Massage. -Sports Massage (deep tissue with stretching). -Pre-Natal Massage. -Facials (Pevonia products). -Body Scrubs (Pevonia products). -Body Wraps (Pevonia products). RESPONSIBILITIES: -Professionalism and Grooming. -Start the duty shift on time, be flexible with the schedule supporting the needs of the spa. -Telephone Handling. -Guest Welcome. -Menu presentation. -Handle guest's questions and concern professionally. -Spa open/close set-up. -Ensure the all the Spa area is clean, follow standard sanitation. -Daily individual paper works target/reports. -Booking procedure. -Cancellation policy information to the guest. -Lifestyle Consultation with the guest. -Spa guest journey - Perform consistent treatment in according with spa protocols. -Have complete knowledge and understanding of all services. and products offered by the spa. -Treatment/Product Recommendation. -Promote the Spa services and programs. -Work without direct supervision. -Stock take/control. -Care for equipment. -Communicate with team member/manager. -Attend and participate training and staff meetings. -Maintain a positive attitude toward a quality work environment.

#### **Products worked with:**

- Pevonia
- Kai

**April 2007 - January 2008 - Spa Therapist** at Ylang-Ylang Spa At Taal Vista, Tagaytay, Philippines, Philippines, (5 Star Hotel Spa)

#### **Duties included:**

TREATMENTS BODY and FACE: -Swedish Massage.-Thai Massage (classic dry massage). -Shiats. -Lomi-Lomi. -Hot Stones Massage. -Sports Massage (deep tissue with stretching). -Pre-Natal Massage. -Facials. -Body Scrubs -Body Wraps. RESPONSIBILITIES: -Professionalism and Grooming. -Start the duty shift on time, be flexible with the schedule supporting the needs of the spa. -Telephone Handling. -Guest Welcome. -Menu presentation. -Handle guest's questions and concern professionally. -Spa open/close set-up. -Ensure the all the Spa area is clean, follow standard sanitation. -Daily individual paper works target/reports. -Booking procedure. -Cancellation policy information to the guest. -Lifestyle Consultation with the guest. -Spa guest journey - Perform consistent treatment in according with spa protocols. -Have complete knowledge and understanding of all services. and products offered by the spa. -Treatment/Product Recommendation. -Promote the Spa services and programs. -Work without direct supervision. -Stock take/control. -Care for equipment. -Communicate with team member/manager. -Attend and participate training and staff meetings. - Maintain a positive attitude toward a quality work environment

#### **Products worked with:**

Natural Products

**February 2005 - April 2007 - Spa Therapist** at Pretty RoJaRo And Call-For-Spa Wellness Services, Manila, Philippines, Philippines, (Day Spa)

#### **Duties included:**

TREATMENTS BODY and FACE: -Swedish Massage.-Thai Massage (classic dry massage). -Shiats. -Lomi-Lomi. -Hot Stones Massage. -Sports Massage (deep tissue with stretching). -Pre-Natal Massage. -Facials. -Body Scrubs -Body

Wraps. **RESPONSIBILITIES:** -Professionalism and Grooming. -Start the duty shift on time, be flexible with the schedule supporting the needs of the spa. -Telephone Handling. -Guest Welcome. -Menu presentation. -Handle guest's questions and concern professionally. -Spa open/close set-up. -Ensure the all the Spa area is clean, follow standard sanitation. -Daily individual paper works target/reports. -Booking procedure. -Cancellation policy information to the guest. -Lifestyle Consultation with the guest. -Spa guest journey - Perform consistent treatment in according with spa protocols. -Have complete knowledge and understanding of all services. and products offered by the spa. -Treatment/Product Recommendation. -Promote the Spa services and programs. -Work without direct supervision. -Stock take/control. -Care for equipment. -Communicate with team member/manager. -Attend and participate training and staff meetings. - Maintain a positive attitude toward a quality work environment.

### **Products worked with:**

Natural Product

### **Education and Qualifications:**

#### **2009 Department of Health of The Philippines**

Certificate

- Licensure in Massage Therapy

#### **2009 Le Petit Paradise Wellness Academy**

Certificate

- Therapeutic Massage
- Swedish Style
- Basic Anatomy & Physiology
- Microbiology & Parasitology (Pathology of Massage Therapy)
- Hygiene & Sanitation
- Ethics & Jurisprudence

#### **2004 AMR Reflexology Clinic and Training Center**

Certificate.

- Reflexology
- Swedish Massage
- Aupressure
- Japanese Shiatsu

#### **2024 CAP College**

Bachelor of Science in Business Administration

On-going Online Study

#### **2004 Caloocan High School**

### **Product Training:**

#### **December 2022 Jean D' Arcel, Guinot and Dr. Renaud**

Spa at Al Wahat Club

Jean D' Arcel, Guinot and Dr. Renaud Product & Treatment Knowledge

#### **April 2019 Elemis**

Velassaru Spa Maldives

Elemis Face & Body Product & Treatment Knowledge

#### **June 2018 Pevonia**

Velassaru Spa Maldives

Pevonia Face & Body Product & Treatment Knowledge

#### **October 2010 Eve Lom and Anne Semonin**

Lime Spa at Desert Palm Hotel

- Eve Lom - Facial

- Anne Semonin - Technical Training Requirements and Methods of the Essential Anne Semonin Treatments and Products

## **Vocational Qualifications**

- Microsoft Word

## **Hobbies and Interests**

- Yoga
- Gym
- Swimming
- Cooking

CV created at [www.spastaff.com](http://www.spastaff.com)

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