

# Curriculum Vitae

**Male**

**D.O.B. 25 July 1985**

**Number of years working in industry:**

**12 years 2 months**



**Candidate ID Number:** 26918

**Nationality:** Slovakian

**Language Skills:**

Fluent: English, Slovakian, German

Basic: Hungarian, Italian, Russian

**Permitted to work in:** European Union, UK - United Kingdom

**Position Sought:** Spa Manager, Assistant Manager

## Personal Statement

### Employment History:

**May 2018 - Present - Spa Manager** at (most recent employer hidden for confidentiality) Senec, Slovakia, ( Hotel Spa)

**Duties included:**

- Direct the activities of the spa
- Assist with promotions a sales
- Recruit and oversee staff
- Supervise facility maintenance
- Ensure customers satisfaction
- Hiring, training and developing staff
- Perform various accounting duties

**January 2017 - Present - Spa Consultant / Therapist** at Spa Style, Switzerland / Austria / Germany / Slovakia, Slovakia, (Home/Mobile)

**Duties included:**

Delivering a variety of wellness services for individuals, wellness/fitness facilities, hotels and companies.

- Spa Management
- Massage service
- Fitness
- Yoga
- TCM ( Traditional Chinese medicine )
- Spa Consulting

**November 2014 - September 2016 - Holistic Therapist** at Badrutt's Palace Hotel, St.Moritz, Switzerland, (5 Star Hotel Spa)

**Duties included:**

- Receiving visitors at the front desk

- Weight & lifestyle management
- Leading a variety of fitness/yoga classes
- Delivering a variety of spa services
- Nutrition coaching
- Update calendars and schedule meetings

**Career Break - Training - industry-related**

**December 2013 - June 2014 - Holistic Therapist** at Brune Balance med., Alt Madlitz, Germany, ( Hotel Spa)

**Duties included:**

- Receiving visitors at the front desk
- Update calendars and schedule meetings
- Weight & lifestyle management
- Leading a variety of fitness/yoga classes
- Delivering a variety of spa services
- Nutrition coaching

**Career Break - Training - industry-related**

**Education and Qualifications:**

**2015 JAI Yoga Arts, New York**

Certificate

- Yoga Teacher 200 RYT

**2014 Tao Health Academy, Berlin, Germany**

Certificate

- Thai yoga practitioner

**2014 Brune Balance medical SPA - Hotel Gut Klostermuehle, Alt Madlitz, Germany Trained in house**

not certified

- Ayurvedic treatments
- Lomi Lomi massage

**2013 Shen Men Institute, Berlin, Germany**

Certificate

- Acupressure
- Nutrition coaching
- Qi Gong
- TCM therapist

**2012 Remas massage school, Piestany, Slovakia**

Certificate

- Deep tissue massage
- Sport massage
- Lymphatic massage
- Foot reflexology

**2010 Academy of Petr Stach, Prague, Czech Republic**

Certificate

- Personal Fitness Trainer

**2018 The Swiss Business School for International Hotel & Tourism Management Education**

Certificates:

- Introduction to Spa Management

- Spa Products, Treatments and Services
- Human Resources and Spa Staff Management
- Fundamentals of Spa Operations
- Marketing and Promotion of Spa Op

## **2009 University of Matej Bel**

Master of Education - MEd

Mathematics / Physical education

## **Vocational Qualifications**

- MC Office
- TAC
- First Aid
- Online Marketing

## **Hobbies and Interests**

- Fitness
- Yoga
- Watersports
- Guitar
- Travelling

CV created at [www.spastaff.com](http://www.spastaff.com)

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