

Curriculum Vitae

Male

D.O.B. 25 July 1985

Number of years working in industry:

12 years 2 months



Candidate ID Number: 26918

Nationality: Slovakian

Language Skills:

Fluent: English, Slovakian, German

Basic: Hungarian, Italian, Russian

Permitted to work in: European Union, UK - United Kingdom

Position Sought: Spa Manager, Assistant Manager

Personal Statement

Employment History:

May 2018 - Present - Spa Manager at (most recent employer hidden for confidentiality) Senec, Slovakia, (Hotel Spa)

Duties included:

- Direct the activities of the spa
- Assist with promotions a sales
- Recruit and oversee staff
- Supervise facility maintenance
- Ensure customers satisfaction
- Hiring, training and developing staff
- Perform various accounting duties

January 2017 - Present - Spa Consultant / Therapist at Spa Style, Switzerland / Austria / Germany / Slovakia, Slovakia, (Home/Mobile)

Duties included:

Delivering a variety of wellness services for individuals, wellness/fitness facilities, hotels and companies.

- Spa Management
- Massage service
- Fitness
- Yoga
- TCM (Traditional Chinese medicine)
- Spa Consulting

November 2014 - September 2016 - Holistic Therapist at Badrutt's Palace Hotel, St.Moritz, Switzerland, (5 Star Hotel Spa)

Duties included:

- Receiving visitors at the front desk

- Weight & lifestyle management
- Leading a variety of fitness/yoga classes
- Delivering a variety of spa services
- Nutrition coaching
- Update calendars and schedule meetings

Career Break - Training - industry-related

December 2013 - June 2014 - Holistic Therapist at Brune Balance med., Alt Madlitz, Germany, (Hotel Spa)

Duties included:

- Receiving visitors at the front desk
- Update calendars and schedule meetings
- Weight & lifestyle management
- Leading a variety of fitness/yoga classes
- Delivering a variety of spa services
- Nutrition coaching

Career Break - Training - industry-related

Education and Qualifications:

2015 JAI Yoga Arts, New York

Certificate

- Yoga Teacher 200 RYT

2014 Tao Health Academy,Berlin, Germany

Certificate

- Thai yoga practitioner

2014 Brune Balance medical SPA - Hotel Gut Klostermuehle, Alt Madlitz, Germany Trained in house
not certified

- Ayurvedic treatments
- Lomi Lomi massage

2013 Shen Men Institute,Berlin, Germany

Certificate

- Acupressure
- Nutrition coaching
- Qi Gong
- TCM therapist

2012 Remas massage school, Piestany, Slovakia

Certificate

- Deep tissue massage
- Sport massage
- Lymphatic massage
- Foot reflexology

2010 Academy of Petr Stach, Prague, Czech Republic

Certificate

- Personal Fitness Trainer

2018 The Swiss Business School for International Hotel & Tourism Management Education

Certificates:

- Introduction to Spa Management

- Spa Products, Treatments and Services
- Human Resources and Spa Staff Management
- Fundamentals of Spa Operations
- Marketing and Promotion of Spa Op

2009 University of Matej Bel

Master of Education - MEd

Mathematics / Physical education

Vocational Qualifications

- Mc Office
- TAC
- First Aid
- Online Marketing

Hobbies and Interests

- Fitness
- Yoga
- Watersports
- Guitar
- Travelling

CV created at www.spastaff.com

