

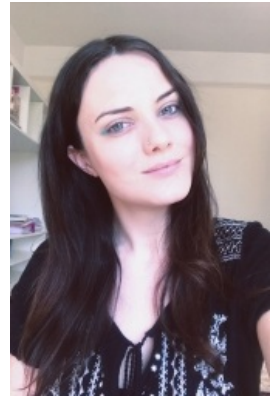
Curriculum Vitae

Female

D.O.B. 25 September 1992

Number of years working in industry:

10 years 5 months



Candidate ID Number: 26877

Nationality: British

Language Skills:

Good: English

Basic: French

Permitted to work in: UK - United Kingdom

Position Sought: Spa Manager, Spa Co-ordinator, Assistant Manager, Head Therapist, Treatment Manager / Spa Trainer, Massage Therapist, Holistic Therapist, Complementary Practitioner, Complementary Therapist, Receptionist

Personal Statement

My vision for healing began at an early age and was especially enriched in 2014 when I received my diploma in Aromatherapy, Reflexology, and Swedish Massage and during my six months travelling and spiritual exploration in India in 2011, where I trained in Tibetan Sound Healing. I have maintained a regular meditation practice for seven years. My current professional interests are in spa work, trauma healing and expressive writing. I have a passion for art and run a small jewellery business. I feel that my deeper calling is to be in service to those who are looking for greater well-being, relaxation and health.

Employment History:

September 2015 - Present - Holistic Therapist at (most recent employer hidden for confidentiality) Bristol , UK - United Kingdom, (Home/Mobile)

Duties included:

Writing

August 2019 - Present - Spa Consultant at Freelance, Bristol, UK - United Kingdom, (5 Star Hotel Spa)

Duties included:

Writing

Education and Qualifications:

2019 First Aid Provider Bristol

Certification

First Aid At Work

2019

Certification

Art as therapeutic practice

2018 Protocol Education

Certification

Autism Awareness Course: To help when treating clients with Autism

2017 Satyam Shivam Sundaram, Rishikesh, India.

Certification

Tibetan Sound Healing

Using tibetan sound healing bowls for sound bathing, body contact healing alongside meditation practices and techniques.

2015 City of Bath Collge, Bath

Level 3 Diploma - VTCT - Distiction Grade Awarded

Level 3 Complementary Therapies: Aromatherapy, Swedish Massage, Reflexology. Separate certificate in Bamboo Massage. Body Scrubs, Hot and Cold Compresses, Essential Oil Use, Inhalations, Use of Floatations Bed, Some Hot Stone Work.

2009 St. Brendan's Sixth Form College, Bristol

A Levels

A2: Art and Design (C), Communication and Culture (B), Psychology (E)

AS: Art and Design (B), Communication and Culture (A), Psychology (C)

2009 St Bede's RC College, Bristol

10 GCSE's: Psychology (A), Art and Design (A), Religious Formation (A,) Double Awarded Science (A) (B), Mathematics (C), French Language (B), English Literature (B), English Language (B)

City of Bath College, qualifying with a Level 3 Diploma in Complementary Therapy in 2015 in Massage, Aromatherapy, Reflexology, Anatomy and Physiology and Spa Business Studies. (DISTINCTION GRADE)

Vocational Qualifications

IT literate

Maths and English skills certificate

Hobbies and Interests

Reading

Travelling

Meditation

Swimming

Psychology

Yoga and detoxing

Walks and bike rides

Art, music and dance

Cooking healthy food

CV created at www.spastaff.com

