

# Curriculum Vitae

**Female**

**D.O.B. 12 September 1990**

**Number of years working in industry: 11 years 1 month**

**Candidate ID Number:** 26836

**Nationality:** Portuguese

**Language Skills:**

Fluent: English, Portuguese

Good: Spanish

**Permitted to work in:** European Union, UK - United Kingdom

**Position Sought:** Spa Consultant, Beauty Therapist, Massage Therapist, Holistic Therapist, Receptionist

## Personal Statement

Profound Customer Service skills, excellent written and verbal communication skills, ability to communicate efficiently with clients and management, honest, responsible.

Gain experience in holistic environments, learn more types of massage and treatments and keep learning and growing.

Seeking work in the UK

## Employment History:

**December 2014 - Present - Retail Professional** at (most recent employer hidden for confidentiality) London, UK - United Kingdom, (High Street Store)

### Duties included:

Maintain responsibility of the beauty department as instructed by the manager keeping a basic image of the area;

Ensure the shop floor is replenished throughout the day;

Ensure that customers are acknowledged and receive an outstanding service either face to face or over the telephone;

Advise each customer analysing their skin and giving them the best suitable skincare products.

### Products worked with:

Thalgo, Murad, Dead Sea Spa Magik, Roger & Gallet, Aromatherapy Associates, Dermalogica, Skinceuticals, Avene, Bioderma, Vichy, Caudalie, Nuxe, Korres.

**March 2015 - June 2015 - Massage Therapist** at London School of Beauty and Makeup, London, UK - United Kingdom, (College)

### Duties included:

Performing all required body treatments to clients ensuring total client treatment satisfaction.

Link retail sales with the treatments / Assess guest needs and inquire about contraindications (e.g., allergies, high blood pressure, and pregnancy) before beginning service / Provide them with specific aftercare advice.

Daily responsibility over the spa reception.

**Products worked with:**

Thalgo, Murad, Guinot.

**February 2013 - September 2014 - Retail Professional** at Zara, London, UK - United Kingdom, (High Street Store)

**Duties included:**

Maintain responsibility for one or several sections of the store as instructed by the manager keeping a basic image of the area;

Ensure the shop floor is replenished throughout the day;

Ensure that customers are acknowledged and receive a quality service either face to face or over the telephoneSupport the team regarding RFID (fixing PDA problems, training the team and helping in case of need)

**Education and Qualifications:****2015 London School of Beauty and Makeup - Barbican - London**

CIBTAC - Body Therapy Diploma

Swedish Body Massage, Hot Stone Massage, Hot Bamboo Massage, Indian Head Massage, Thalgo Wraps, Body Scrub.

**Product Training:****August  
2015**

London School of Beauty and Makeup - Barbican London

Swedish massage Anatomy and Physiology of the whole body

Hot stone massage Client Consultation

Hot bamboo massage Record Keeping

Indian head massage Contraindications to Therapies

Body scrub Retail Sales

Figure analysis Foundational Salon Management

Faradic ('slendertone') Product Knowledge

Galvanic Diet and Nutrition

G5 massage Basic First Aid

Vacuum-suction

Audio sonic (sound-wave pain-relief)

Thalgo® Slimming and Firming Body Wraps

Infra-red (pre massage warming treatment)

Tanning - St Tropez manual application and spray tan

**Vocational Qualifications**

Play the piano, guitar.

**Hobbies and Interests**

Gym, Baking, Reading, Animal Lover / Vegan.

CV created at [www.spastaff.com](http://www.spastaff.com)

