

Curriculum Vitae

Female

D.O.B. 24 December 1965

Number of years working in industry: 15 years 7 months

Candidate ID Number: 26136

Nationality: American

Language Skills:

Fluent: English

Permitted to work in: USA - United States

Position Sought: Spa Manager, Head Therapist, Treatment Manager / Spa Trainer, Senior Therapist, Massage Therapist, Holistic Therapist, College Tutor

Personal Statement

My best qualities:

- Hard work ethic with many years of experience in all different fields.
- Staying positive and enjoying what I do.
- Communication and ability to have a sense of humor.
- Polite and respectful of all working team members.

My Life Goals:

- To continue my education in the field of my career.
- To continue to travel and discover the world.
- Open my own spa one day with unique services that address the mind, body and spirit.

Seeking to work in the USA and International Locations

Employment History:

March 2015 - Present - Massage Therapist at (most recent employer hidden for confidentiality) Bellingham, USA - United States, (Day Spa)

Duties included:

Effective and ethical delivery of Massage Therapy

Knowledge of indications and contra indications for Massage

Perform an average of four massages per shift, 60 min. and 90 min.

General side tasks include: changing the sheets, maintaining clean work space, stocking any items needed, preparing any body scrubs and wraps, taking massage table to the hotel rooms for "ensuite" massage services.

Career Break - Traveling

June 2011 - September 2014 - Massage Therapist at Un-Cruise Adventures, Alaska, (Cruise Ship)

Duties included:

Maintained Wellness Department on board the Safari Endeavour. Provided complimentary 45 min table massage for all guest. Taught early morning yoga. Responsible for washing all sheets, cleaning of massage rooms. Other side tasks included helping out the dining room staff with preparation of daily meals such as polishing silverwear, folding napkins, and placement setting. Also assisted the expedition team with preparing guest to go kayaking with life vests and any

additional gear they might have needed.

Career Break - Traveling

January 2010 - July 2011 - Massage Therapist at Massage Envy, Santa Fe, USA - United States, (Day Spa)

Duties included:

Maintained and cleaned the room. Strick time table to finish the massage. Reviewed clients needs and agreed upon what the massage would entail to address those specific needs.

Education and Qualifications:

2009 Santa Fe School of Massage

Graduate 2009 NCTMB Certified CPR Certification Washington State License

Basic Swedish Massage with studies in modalities such as, Accupressure, Connective Tissue, Deep Tissue, and Reflexology. I am now able to do Hot Stone therapy, as well as Body scrubs and Wraps.

2009 Santa fe School of Massage

Graduate 2009, Nationally Certified (NCTMB)

1996 Green Mountain Institute

300 hours of hands on full body massage techniques. Integrated Massage Workshop

Vocational Qualifications

Restaurant work 15 years experience, in Santa Fe New Mexico, New York City and Washington State.

Theater Work, off Broadway NYC for 16 years. Sound Operater, Electrician, Stage Hand, Props, and Performer.

Artist, painter

Hobbies and Interests

Love to swim, ride my bicycle, travel, paint, swing the pios, study other cultures and languages, write, and I am a passionate humanitarian.

CV created at www.spastaff.com

