

Curriculum Vitae

Male

Number of years working in industry:

14 years 10 months



Candidate ID Number: 24521

Nationality: Bulgarian

Language Skills:

Fluent: English, Bulgarian

Good: Polish, Russian

Permitted to work in: European Union, UK - United Kingdom

Position Sought: Senior Therapist, Beauty Therapist, Massage Therapist

Personal Statement

Conscientious person who works hard and pays attention to detail. Friendly, sociable and communicate easily in four languages. Flexible, quick to pick up new skills and eager to learn from others.

Major achievements include:

- Graduated with Outstanding Performance Award from Canterbury College (Kent, UK) with qualification in spa and beauty therapies.
- Elected from the teaching council to represent Canterbury College and Kent in WorldSkills 2014 in the field of Intermediate Beauty Therapy.
- Fully qualified to conduct first aid at the workplace.

Highly motivated and result orientated professional. Offers 5-star experience within the spa and beauty sector. Currently working for 5-star spa hotel near Luton. Ready to work overtime and during weekends.

Have a proven track record of providing outstanding services to a broad range of clients, including high-profile individuals.

Looking to secure a full-time position in a prestigious spa around Luton or London where can bring immediate and strategic value and develop current skillset further.

A permanent UK resident of 2011.

Employment History:

May 2015 - Present - Beauty Therapist at (most recent employer hidden for confidentiality) Luton, Bedfordshire, UK - United Kingdom, (5 Star Hotel Spa)

Duties included:

- Provide consistent professional spa and beauty treatments in accordance with ESPA protocols and accepted certification practices as required for 5 star spa.
- Have complete knowledge and understanding of all services and products offered.
- Actively promote the spa, treatments, services and retail, as well as programs, promotions and/or discounts available.
- Handle guests' questions and concerns professionally and courteously.
- Perform prep work, properly clean and restock room as required.

Products worked with:

ESPA, O.P.I.

September 2013 - May 2015 - Head Therapist at Freelance, Kent, UK - United Kingdom, (Home/Mobile)

Duties included:

- Provide consistent professional spa and beauty treatments compliant with spa protocols and accepted documentation practices.
- Uphold the standards of hygiene and sterilization as directed by law and the spa's policies and procedures.
- Maintain a constructive attitude and add toward a quality work environment.

Products worked with:

Elemis, Sothys, O.P.I., Kaeso, Ellisons, MAC, NSI, Bulgarian Rose, Refan Bulgaria.

May 2006 - October 2008 - Massage Therapist at Primoretz Grand Hotel and Spa, Burgas, Bulgaria, (5 Star Hotel Spa)

Duties included:

- Consultation with clients about symptoms, medical history, and desired results.
- Provide consistent professional massages (including massages for pregnant clients); manipulate muscles or other soft tissues of the body.
- Provide clients with guidance on stretching, strengthening, overall relaxation, and how to improve their posture.
- Document client's condition and progress.

Education and Qualifications:

2009

2000

2014 Canterbury College

City&Guilds Level 2 Diploma in Beauty Therapy + Evolve

- Working in beauty related industries - PASS (highest grade for this unit)
- Follow health and safety practice in the salon - PASS (highest grade for this unit)
- Client care and communication in beauty related industries - DISTINCTION
- Provide facial skincare - MERIT *
- Promote products and services to clients in a salon - DISTINCTION
- Remove hair using waxing techniques - DISTINCTION *
- Provide manicure treatment - DISTINCTION *
- Provide pedicure treatment - DISTINCTION *
- Apply make-up - DISTINCTION *
- Provide eyelash and eyebrow treatments - DISTINCTION *
- Provide and maintain nail enhancement - DISTINCTION *
- Salon reception duties - DISTINCTION

* Including Anatomy and Physiology of the Human Body as City&Guilds requirement for Level 2 course.

2013 Canterbury College

City&Guilds Level 3 NVQ Diploma in Spa Therapy with Evolve.

PASS is the highest grade.

- Promote additional services or products to clients - PASS
- Provide body massage treatments - PASS *
- Provide Indian head massage - PASS *
- Carry out massage using pre-blended aromatherapy oils - PASS *
- Provide stone therapy treatments - PASS *
- Monitor procedures to safety control work operations - PASS
- Contribute to the financial effectiveness of the business - PASS
- Monitor clients and operation of sauna, steam and hydrotherapy treatments - PASS *
- Provide body wrapping and flotation treatments - PASS *

Product Training:

November 2015 **Luton Hoo's standards - The Essence of Elite Training Event**

Luton Hoo Hotel, Golf and Spa - Luton, Bedfordshire

- To understand the skills and practical techniques required when dealing with hotel's guests
- Understand what Luton Hoo Service Etiquette is and the values they support
- How to engage professionally with the guests and in particular the language used

June 2015 **ESPA Essential Knowledge and Treatment Training**

ESPA International (UK) Ltd

Luton Hoo Hotel, Golf and Spa - Luton, Bedfordshire

Knowledge of the ESPA product lines, quality standards for five star spas and treatment training

January 2014 **Sothys Paris**

Canterbury College, Canterbury, UK Sothys UK

Skincare essentials and Facial treatments

December 2013 **STUDEX UK Limited**

Canterbury College, Canterbury, UK by STUDEX guest trainer

Technical and practical training in EAR PIERCING and after care for pierced ears; Health and safety during ear piercing.

January 2013 **Sothys Paris**

Canterbury College, Canterbury, UK Sothys UK

Hanakasumi & Oriental Ceremony body eacapes - using Sothys pure (essential) aromatherapeutic oils and creams and specific for Asia and East Europe massage techniques for deep relaxation.

Vocational Qualifications

- Fully qualified First Aider - First Aid at Work training provided by British Red Cross.
- Clear driving licence. IT skills including work with MS Word and Excel.

CV created at www.spastaff.com

