

Curriculum Vitae

Female

D.O.B. 12 March 1974

Number of years working in industry: 17 years 11 months

Candidate ID Number: 24419

Nationality: British

Language Skills:

Fluent: English

Permitted to work in: UK - United Kingdom

Position Sought: Senior Therapist, Massage Therapist, Complementary Therapist

Personal Statement

I have the flexibility and willingness to work in a team as well as on my own. I am capable of using my initiative when necessary. I am very passionate about my career, I feel most rewarded when able to meet my clients' expectations - which is more often than not. I also love to travel and would like the opportunity to do so while utilising a variety of skills obtained over a period of 17 years in the health and beauty industry.

Seeking to work in the UK, International Locations and Cruise Ships

Employment History:

December 2014 - Present - Complementary Therapist at (most recent employer hidden for confidentiality) London, UK - United Kingdom, (Home/Mobile)

Duties included:

Providing massage therapy, complementary therapy and beauty therapy services to clients in the UK and abroad.

Travelling abroad with clients.

Stock handling

Cash and credit card handling.

Products worked with:

Neil's Yard Organic Remedies

March 2013 - December 2014 - Massage Therapist at Coco Sunlounger & Massage Centre, London, UK - United Kingdom, (Day Spa)

Duties included:

- Meeting and greeting clients on arrival
- Providing treatments including: massage, waxing, inch loss and microdermabrasion
- After care advice
- Treatment recommendations

Products worked with:

Arasys Inch Loss Slimming Machine

Crystal Clear Microdermabrasion

March 2014 - July 2014 - Beauty Therapist at Moroccan Beauty, London, UK - United Kingdom, (Day Spa)

Duties included:

- Reception duties
- Assisting clients with use of Hammam
- Providing treatments including massage, manicure, pedicure, waxing and facials
- Client after care and recommendations

November 2011 - March 2013 - Senior Therapist at Nu Health Chinese Health Centre, London, UK - United Kingdom, (High Street Salon)

Duties included:

- Providing massage therapy
- Customer care

Career Break - Job hunting

September 2011 - July 2012 - Complementary Therapist at Crime Reduction Intervention, London, UK - United Kingdom, (Home/Mobile)

Duties included:

- Voluntary Assistant
- Providing Complementary Therapies to recovering drug and alcohol clients
- After care advice
- Treatment recommendations

Career Break - Job hunting

June 2010 - July 2011 - Senior Therapist at Senses Health and Wellness - Virgin Active, London, UK - United Kingdom, (Health Club)

Duties included:

- Reception Duties
- Product sales and stock handling
- Treatment and product recommendations
- Providing massage and beauty treatments including facials, waxing, non surgical face-lift, lash and brows

Products worked with:

- Lycon Wax
- Dermalogica
- MD Formulation
- CACI

Career Break - Bereavement

September 2009 - January 2010 - Beauty Therapist at Siam Beauty, London , UK - United Kingdom, (Day Spa)

Duties included:

- Meeting and greeting clients on arrival
- Providing beauty treatments including Brazilian and Hollywood waxing.
- Treatment and product recommendations
- Product sales and stock handling

Products worked with:

- Guinot
- OPI
- Jessica

September 2009 - November 2009 - Beauty Therapist at Cucumba The Urban Pit Stop, London, UK - United Kingdom, (High Street Salon)

Duties included:

- Reception and Customer Support
- Product sales and stock handling
- Providing beauty treatments including corporate services

February 2009 - September 2009 - Senior Therapist at Pearl and Louise Hair and Beauty, London, UK - United Kingdom, (High Street Salon)

Duties included:

- Reception Duties
- Product sales and stock handling
- Providing massage and beauty treatments

Products worked with:

- Dermalogica
- CACI
- Nailtiques
- Essie

August 2008 - January 2009 - Senior Therapist at WT Spa, London, UK - United Kingdom, (Day Spa)

Duties included:

- Reception and Customer Service
- Product sales and stock handling
- Providing massage and beauty treatments including maternity massage and microdermabrasion

Products worked with:

- Pevonia
- Crystal Clear
- Essie

July 2007 - August 2008 - Senior Therapist at Essence Beauty Rooms, London, UK - United Kingdom, (High Street Salon)

Duties included:

- Reception and Customer service
- Product sales and stock handling
- Key skills and training

Products worked with:

- Green Peel
- Fake Bake
- Dermalogica
- Environ
- OPI
- Jane Iredale

Education and Qualifications:

2015 Middlesex School of Complementary Medicine

ITEC Level 4 Diploma Not yet certified

Sports Massage & Sports Injury

2015 Middlesex School of Complementary Medicine

CPD Workshop - Advanced Massage Level 3

Hot Stone Massage

2015 Quantum Metta

CPD Workshop - Advanced Massage Level 3

Deep Tissue Massage

2014 Middlesex School of Complementary Medicine

CPD Workshop - Advanced Massage Level 3

Massage for Pregnancy

2014 Middlesex School of Complementary Medicine

CPD Workshop - Advanced Massage Level 3

Massage for Runners

2012 Citylit

First Degree

Reiki

2011 Essential Training Solutions LTD

Level 3 Diploma

Additional Pathology

2011 Essential Training Solutions LTD

Level 3 Diploma

Pathology

2013 London School of Massage

Holistic Massage, Anatomy & Physiology

- ITEC Level 3 Diploma

2003 West Thames College

Health and Beauty Studies

- NVQ Level 2
- NVQ Level 3

Reflexology

- ITEC Level 3 Diploma

Product Training:

October 2007 Dermalogica

Dermalogica Training School, Leatherhead

- Product knowledge - refresher course
- Practical training - application

August 2007 Environ

Environ Training School, London

Environ Face and Body Skincare Range

- Product Knowledge

- Practical Training

July 2007 Jane Airdale Mineral Make Up

Environ Training School, London

Jane Iredale Mineral Make Up

- Product Knowledge
- Make up application

Vocational Qualifications

Basic IT and Customer Service skills

Hobbies and Interests

- Dancing
- Yoga
- Tai Chi & Chi Kung
- Knitting
- Reading
- Travel

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