

# Curriculum Vitae

**Male**

**D.O.B. 15 December 1974**

**Number of years working in industry:**

**10 years 1 month**



**Candidate ID Number:** 23757

**Nationality:** Italian

**Language Skills:**

Fluent: English, Italian

Basic: French

**Permitted to work in:** European Union, UK - United Kingdom

**Position Sought:** Massage Therapist

## **Personal Statement**

I do believe that selfdevelopment and flexibility are the key for the next stage of job reality

Seeking to work in the UK, Italy, International Locations and Cruise Ships

## **Employment History:**

**October 2019 - Present - Senior Therapist** at (most recent employer hidden for confidentiality) LONDON, UK - United Kingdom, (Hospital / Medical Clinic)

### **Duties included:**

As a soft tissue therapist I will use deep tissue massage skills to treat you along with manual stretching, myofascial release and trigger point therapy.

The soft tissues of the body refer to muscles, tendons, ligaments and fascia.

Therapy of these soft tissues requires management, manipulation and rehabilitation to any individual regardless of whether they are involved in sport or not.

In your soft tissue therapy session I might blend a variety of other techniques to deliver the most bespoke treatment: Soft Tissue Release, Assisted Stretching, Myofascial Release, Trigger Point Therapy.

**July 2018 - December 2019 - Senior Therapist** at Central Health physio clinic , London, UK - United Kingdom, (Hospital / Medical Clinic)

### **Duties included:**

Postural assessment, delivering the treatment, recording the proper cases' notes.

**January 2015 - July 2017 - Massage Therapist** at The Landmark Hotel Lond SPA & Health Club, London, UK - United Kingdom, (5 Star Hotel Spa)

### **Duties included:**

Sport and Remedial Massage

Deep Tissue

Swedish

Hot Stones

#### **Products worked with:**

E'spa

Germaine de Capuccini

#### **Education and Qualifications:**

**2014 Regent's Park College London practice in The SPA and Health Club of The Landmark Hotel London**

BTEC level 5

Sport & Remedial Massage

**2014 London School of Sport & Remedial Massage**

BTEC level 5

#### **Product Training:**

**May 2017 Germaine de Capuccini**

City of London, Germaine de Capuccini HQ

Scrubs

Vitamin C body and facial treatments

Hot/cold stones

#### **Vocational Qualifications**

Store and department manager in retail. Bartender and Head Mixologist in hospitality.

#### **Hobbies and Interests**

Martial arts, reading

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