

Curriculum Vitae

Female

D.O.B. 25 August 1985

Number of years working in industry: 24 years 8 months

Candidate ID Number: 23614

Nationality: British

Language Skills:

Fluent: English

Permitted to work in: UK - United Kingdom

Position Sought: Massage Therapist, Holistic Therapist

Personal Statement

I am a very organised person I am always early for any appointment I do not like running late.

I am very motivated I enjoy learning new techniques and also enjoy going on new courses and learning more to help me with my career.

I enjoy helping people that's why I volunteered at the hospice which really helped me understand more about massage and how it can help everyone in life.

Employment History:

January 2006 - Present - Hair/stylist holistic therapist mobile at (most recent employer hidden for confidentiality)
Bristol, UK - United Kingdom, (Home/Mobile)

Duties included:

Running my own business for the last 9 years

running my own appointment book

keeping records of my accounts and finances

keeping track of all my stock and ordering new when needed.

offering all hairdressing services(hair cutting and styling, hair up, colouring, perming)

offering holistic massage, reflexology, warm bamboo massage, hot stone therapy, Indian head massage, crystal therapy.

offering beauty treatments (manicure and pedicures and facials.)

Products worked with:

Dermalogica

eve Taylor

vulsini warm bamboo canes

vulsini hot stones

wella

September 2013 - July 2014 - Hospice volunteer at St. Peter's hospice, Bristol, UK - United Kingdom, (Hospital / Medical Clinic)

Duties included:

Giving day patients hand massage, foot massage or back and neck massage.
speaking to patients and with head therapist deciding best treatment
using listening skills if any patient needed to talk
3 patients a morning and organising them and making sure they would like a treatment performed that day.
making sure my treatment room was well equipped with oils and towels etc
making sure I cleaned and wiped down after every patient.

Products worked with:

Plain oils jojoba oils and aqueous cream

January 2006 - September 2006 - College Tutor at Reflections training academy, Bristol, UK - United Kingdom, (College)

Duties included:

Teaching 16 year + there NVQ 2

I had a small class of around 10 pupils which I taught practical hairdressing and theory hairdressing to a NVQ 2 standard.

I also taught a practical class for NVQ2 and NVQ3 if they wanted extra time in the salon to work on their portfolios, a mix of levels and balancing a salon and pupils at the same time.

planning demonstrations and planning theory work and planning lessons

Travelling around Bristol assessing pupils within their work places assessing all NVQ2 hairdressing.

Products worked with:

Wella products for tinting and styling

August 2003 - December 2005 - Hair Stylist at Reflections, Nailsea, UK - United Kingdom, (High Street Salon)

Duties included:

Junior stylist and progressed to senior stylist

running my own column

Performing hair cutting, styling, colouring, perming and hair up services.

helping with reception answering calls booking appointments, taking payments

cashing up on a evening

Assistant manager on a Thursday, when manager was not in.

running a training school and helping out juniors with salon duties and blow drying and colouring skills and maybe cutting skills.

helping with stock levels and putting stock and shelves

making teas and coffees and cleaning the salon

going on going cutting and colouring training.

Products worked with:

Wella products for tinting, perming and styling

April 2001 - July 2003 - Hair Stylist at Clifton hair company, Clifton, UK - United Kingdom, (High Street Salon)

Duties included:

Trainee to junior stylist

cleaning and maintaining the salon tidyness

being assistant to all stylist (making sure they had foil, colours mixed and client was happy)

shampooing and conditioning clients

Applying treatments for client and giving head massages

helping with receptions answering telephone and making bookings

progressed to colour technitions running my own coloum of colours

full head colour, highlights, semi colours and started crossing colours without help

progressed to a stylist cutting and blowdrying hair

Products worked with:

Wella and schwarzkoft products colouring and styling

kms shampoo and styling products

fudge hair styling products

Education and Qualifications:**2015 Holistic therapies training**

Practitioners diploma

Hot stone massage

2015 Reflection training acemdy

Level 3 in assessing candidates performance though observation

A2 assessors award

2013 Natural therapy studio

Practitioners diploma

Warm bamboo massage

2011 Holistic Therapie training

Practitioners diploma

Crystal therapy

2011 Holistic therapies training

Practitioners Dipolma

Reflexology

2011 Natural therapy studio diploma

Practitioners Dipolma

Indian head massage

2008 Clifton college

Itec

Beauty specialists

2007 City of bristol college

Itec level 3

Holistic massage

2003 City of bristol college

NVQ 3

Hairdressing NVQ 3

2002 City of bristol college

Nvq2

Hairdressing NVQ 2

2001 Hengrove school

English literature GCSE's grade b

engkish speaking GCSE's grade b

business studies GCSE's grade c

textiles technology GCSE's grade c

child development GCSE's grade c

art GCSE's grade b

french GCSE's grade d

humanities GCSE's grade. D

mathematics GCSE's grade d

science single award GCSE's grade d

Product Training:

January 2014 Fire and back care

St. Peter's hospice

Back care and fire and work

Hobbies and Interests

I enjoy keeping myself fit by doing spin classes I enjoy when the sun is out to go for a cycle ride

I also like to go to the south coast were I'm learning to surf.

to relax I love reading a good book anything with a twist and I enjoy going on holidays and relaxing in the sun.

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