

# Curriculum Vitae

**Female**

**D.O.B. 05 June 1966**

**Number of years working in industry: 26 years 8 months**

**Candidate ID Number:** 23492

**Nationality:** German, South African

**Language Skills:**

Fluent: English

**Permitted to work in:** European Union, South Africa, UK - United Kingdom

**Position Sought:** Spa Consultant, Spa Manager, Salon Manager, Spa Co-ordinator, Assistant Manager, Head Therapist, Treatment Manager / Spa Trainer, Senior Therapist, Skin Clinic Therapist, Holistic Therapist, Complementary Practitioner, Complementary Therapist, College Tutor

## Personal Statement

Dear sir/madam

Please accept this letter and accompanying resume as my application for a full time college tutor position. I am a motivated and skilled medical aesthetician/Wellness coach and tutor with a warm and friendly attitude. I currently run my own business teaching FHT accredited Complementary therapy diploma and short courses, but would like to relocate for the experience, career advancement and quality of life. I have 25 years of experience in the beauty industry - teacher, senior therapist, trainer, manager and project manager - and have a strong commitment to advancing my skills and knowledge to help me deliver the highest quality of service to clients. I have a Diploma in Beauty Therapy, complimentary therapies, nutritional coaching and NLP (Neuro Linguistics Programming), CERT ED and Assessors award. I also hold my CIDESCO and ITEC qualifications. In my current role, I run my own school teaching accredited complementary therapies. I enjoy working as part of a team to help achieve successful growth for the business and am always enthusiastic about taking on additional duties or learning new skills. I have developed and delivered a bespoke 2 week facial training programme for the Waldorf Astoria in Dubai in 2019. This has renewed my love for the spa industry, travel and a new life abroad. My resume is attached and I look forward to being able to discuss the position with you further.

Please see my website: [www.brightonschoolofmassage.co.uk](http://www.brightonschoolofmassage.co.uk)

Mobile: 0044 0 7754768426

Yours sincerely

Angelic Skoberla

## Employment History:

**January 2018 - Present - College Tutor** at (most recent employer hidden for confidentiality) Brighton, UK - United Kingdom, (College)

### Duties included:

- Setting up a training academy in Complementary therapies.
- Accreditation of all my courses at Brighton school of massage
- Writing of all the manuals.
- Health and safety
- Teaching of all the courses.
- Assessment of all courses.
- Meeting with Internal Verifier to meet all insured and accreditation standards.
- Enrolment of students.
- Updating of all manuals: Holistic massage, Aromatherapy, Sports Massage, Reflexology, Deep Tissue, Advanced Massage Skills, Pregnancy massage, Thai Massage, Facial lifting Massage, Lymphatic Drainage Massage.
- FHT accreditation

**January 2015 - Present - Complementary Practitioner** at So Be Well, London, UK - United Kingdom, (Skin Clinic)

**Duties included:**

- Setting my business up in High street Kensington
- Delivering the skin care treatments, both Holistic and using chemical peels.
- Microneedling treatments.
- Nutrition using Metabolic Balance.
- Massage
- Coaching clients using NLP model

**Products worked with:**

- Image skin Peels
- Skin Med Skin Peels
- Lilian Terry Homeopathic Complexes
- Bioslimming Body wraps

**September 2016 - January 2018 - College Tutor** at Richdales Institute, London , UK - United Kingdom, (College)

**Duties included:**

- Teaching part time on the ITEC syllabus, Reflexology and Anatomy & Physiology.
- Assessment of students.
- Writing of manuals.
- Updating of resources.

**April 2016 - April 2017 - Holistic Therapist** at Anesis spa, Clapham Common, UK - United Kingdom, (High Street Salon)

**Duties included:**

- Part time as I was working from So Be Well - my own business in high street Kensington.
- Recruitment of staff members
- Performed ordering, management and maintenance of beauty salon's materials.
- Organise and facilitate training of products and treatments
- Organize and facilitate promotions
- Performing treatments - Massage, facials, Enzymatic peels, Endermology Lipo Massage.
- Managing my own column with my own clients as a self employed therapist.

**Products worked with:**

- Epicuren
- Anea skincare products
- Endermology Lipo treatments.
- Diamondstone microdermabrasion

**July 2014 - December 2014 - Skin Clinic Therapist** at Riverbanks Clinic, Harpenden, UK - United Kingdom, (Hospital / Medical Clinic)

**Duties included:**

- Perform advanced facial treatments
- Assist the doctor with botox and fillers.
- Perform aftercare for post liposuction patients
- I worked at this clinic, part time, 2 days a week.
- Admin duties in conjunction with QCQ guidelines.

**Products worked with:**

- Syneron lasers
- Cooltech fat freeze
- Neostrata
- Dermamelan
- Priory
- V-Beam laser
- Med contour

**April 2014 - June 2014 - Spa Manager** at The Pear Tree, Johannesburg, South Africa, (Day Spa)

**Duties included:**

- Project manage a day spa within a childcare centre.
- Design of treatment menu
- Plan and implement the layout of the beauty salon.
- Source of equipment needed.
- Work around the budget for pricing of treatments.
- Hiring and training of salon staff and reception

**January 2014 - April 2014 - Training and client liaison coordinator** at Radiant Health, Johannesburg, South Africa, (Product Company)

**Duties included:**

- Training of all existing and new therapists, nurses and doctors on our products.
- Drawing up and compiling training manuals and Power Points.
- Assisting with the preparation of quotations to potential clients.
- Liaising with trade and consumer magazines/beauty editors

**Products worked with:**

- Syneron lasers
- Candela Lasers

**January 2012 - December 2013 - College Tutor** at International College of Health & Skincare, Johannesburg, South Africa, (College)

**Duties included:**

- Teaching 2nd and 3rd year students on the CIBTAC and CIDESCO syllabus.
- Assessment of all the courses taught

**January 2011 - December 2012 - College Tutor** at ELT school of English, Golders Green, UK - United Kingdom, (College)

**Duties included:**

- Teaching of foreign (Japanese students) on The ITEC syllabus.
- Aromatherapy.
- Reflexology
- Holistic Massage

**January 2010 - December 2012 - Beauty Therapist** at Viva Health & Beauty salon, Hendon, UK - United Kingdom, (High Street Salon)

**Duties included:**

- I worked part time delivering massage and skin peel facial treatments

**Products worked with:**

- Skinceuticals
- Massage

**May 2010 - March 2012 - College Tutor** at College of Naturopathic Medicine, London, UK - United Kingdom, (College)

**Duties included:**

- Teaching the ITEC syllabus on Anatomy & Physiology.
- Reflexology

**January 2010 - June 2010 - College Tutor** at The London College of Beauty Therapy, London, UK - United Kingdom, (College)

**Duties included:**

- Teaching level 2 and level 3 NVQ Beauty Therapy
- Project manage a massage course for Carers working with Alzheimers patients.

**January 2007 - December 2009 - College Tutor** at The London School of Beauty & Makeup, London, UK - United Kingdom, (College)

**Duties included:**

- Full time tutor of level 3 beauty therapy students of the CIDESCO syllabus.

**January 2003 - December 2006 - College Tutor** at Beautiko Academy of Beauty, Pretoria, UK - United Kingdom, (College)

**Duties included:**

- Full time Complementary therapy teacher on the ITEC syllabus of 3rd year students.
- Writing of Manuals for all the courses.
- Assessment of all the courses
- Enrolment of students.

**January 2001 - March 2003 - Head Therapist** at The Royal Waters Health Spa, Dubai, UAE - United Arab Emirates, (Day Spa)

**Duties included:**

- Performing spa treatments on clients.

**Products worked with:**

- RVB
- Lilian Terry Homeopathic complexes
- Rasoul
- Kneipp Therapy
- MLD
- Massage

**March 1998 - March 2000 - Skin Clinic Therapist** at Dr Hardie De Beer, Pretoria, South Africa, (Skin Clinic)

**Duties included:**

- Performing skin care treatments for acne patients

## **Education and Qualifications:**

### **2016 Metabolic programme UK**

Diploma Metabolic coaching

### **2011 CNELM - centre for nutritional and educational lifestyle management**

Level 4 nutritional coaching diploma NLP Practitioner's certificate

Nutritional coaching diploma and NLP practitioner certificate

Life coaching, Biochemistry, healthy eating,

### **2009 IOE - institute of education**

PGCE - Diploma

Lecturing beauty therapy/spa therapy - training

### **2004 Beautiko academy of beauty**

Level 3 diploma - ITEC

Spa therapies

Hot stone massage

Sports massage

Indian head massage

### **1998 Complementary health centre**

Level 3 diploma

Beauty therapy, Anatomy & Physiology, Aromatherapy, Therapeutic Reflexology

### **1997 Madge Wallace International College of Beauty Therapy**

Diploma CIDESCO ITEC

1998 Aromatherapy Diploma

1997 CIDESCO Diploma

ITEC Diploma

Madge Wallace International College of Beauty Therapy

Diploma in Beauty & Body Therapy

### **1997 Madge Wallace International College of Beauty Therapy**

Aromatherapy Diploma

1997 CIDESCO Diploma

ITEC Diploma

### **1984 High school Voortrekkerhoogte**

Afrikaans

English

Biology

Geography

Home economics

Business Economics

2010-2011 Nutritional coaching diploma

2010 NLP practitioner's certificate

2009 Level 2 Numeracy

2008 A1 Assessors Award

2008/2009 Certificate in Education - PGCE

2005 ITEC Teachers Diploma

2004 ITEC Anatomy & Physiology Diploma

Tai Massage Level 1 and two

2003 Therapeutic Reflexology Diploma

Assessors Award

2002 Indian Head Massage

## **Product Training:**

### **April 2016 Metabolic balance**

London

Clients are send for blood testing. I input the data into a program that then is translated by myself to the client to assist with weight loss and a variety of health conditions. I provide support over the next 3 months as a metabolic programme coach.

### **December 2015 Image skin peels**

London

Performing chemical peels for a variety of skin conditions

### **August 2014 Dermapen - skin med and Enerpeels**

London - UK, Skinmed

Advanced anti-age treatment in the use of the dermapen and chemical peels for a variety of skin conditions.

### **August 2014 Dermamelan**

London - harpenden, Riverbanks clinic

Mesoestetics dermamelan depigmentation treatment and advanced dermapeels

### **July 2014 Neostrata**

London - UK

Skin care and chemical Peel training

### **February 2013 Elos Technology**

Pretoria - Beautiko Academy

Laser training - hair removal

Cryotherapy - fat freezing

Radio frequency - anti-age

### **January 2013 IPL**

Pretoria - south africa

IPL - Red vein removal; Hyperpigmentation treatment, Anti-age skin resurfacing

### **June 2003 Algology**

Johannesburg - South Africa

Algology body and skincare therapy

### **August 1997 Sans Soucis**

Madge Wallace - Pretoria - South Africa

Sans Soucis - facials

## **Vocational Qualifications**

Word document

2002 - outstanding employee of the month - Royal waters spa in Dubai

## **Hobbies and Interests**

Practise yoga and meditation

CV created at [www.spastaff.com](http://www.spastaff.com)

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