

# Curriculum Vitae

**Female**

**D.O.B. 24 July 1976**

**Number of years working in industry:**

**1 year 1 month**



**Candidate ID Number:** 22823

**Nationality:** Portuguese

**Language Skills:**

Fluent: English, Portuguese, Galician, Spanish, French

Good: Italian

**Permitted to work in:** European Union, UK - United Kingdom

**Position Sought:** Senior Therapist, Beauty Therapist, Massage Therapist, Holistic Therapist

## Personal Statement

I am applying for a position as Beauty/SPA Therapist position as I am very interested in pursuing a career in this Industry..

I am a talented, self-motivated and detail-oriented CIBTAC/CIDESCO Graduate, who recently left the corporate world and retrained as a Beauty Therapist, so I could work in a field that I am truly passionate about.

I studied Beauty Therapy at one of the most reputable schools in London (The London School of Beauty and Makeup), pursuing the highest standards of education and graduating, with Honours, from CIBTAC and CIDESCO (including the new CIDESCO POST-GRADUATION DIPLOMA IN SPA THERAPY). I am very interested in applying my knowledge and skills to the Beauty/SPA/Holistic Therapies, as I am a cultured and beauty-savvy Therapist who enjoys keeping updated with the latest trends in the industry.

I am a hands-on professional with a solid academic background and a University Degree in Languages, which means I have excellent language skills (I speak 5 languages).

I am highly committed and willing to work flexible hours. I have excellent customer service skills and a pleasant and friendly attitude. I love working in this fast-paced, ever changing environment where I get to meet so many different types of people. I find this career to be fun and stimulating and I am excited about the possible opportunity to work for your company.

I am very well presented in a classic, demure way and an effective communicator, as well as a team player, keeping a positive and flexible attitude towards change. I am a hard worker and a fast learner, highly motivated towards achieving results.

I consider the years I have spent working in other industries as an advantage, as this helped me become the very responsible and reliable therapist I am today, with the ability of managing my time wisely and maturity for making important decisions under pressure. I also take pride in maintaining an organised and sterile environment to ensure the safety of all clients.

I am certain that, after viewing my credentials and talking with me in person, you will agree that I am the best applicant for the job you are offering.

Thank you for your best attention and consideration.

Seeking to work in the UK and USA

## Employment History:

**September 2013 - October 2014 - Student/Intern Beauty and SPA Therapist** at (most recent employer hidden for confidentiality) London, UK - United Kingdom, (College)

**Duties included:**

Student, worked at school salon and SPA with real clients

### **Products worked with:**

Artistic Gel, Murad, Thalgo, Essie, Leighton Denny

### **Education and Qualifications:**

#### **2014 The London School of Beauty and Makeup Infinity Training Academy**

CIDESCO CIBTAC DIPLOMA

Beauty Therapy, SPA Therapy, Swedish Massage, Hot Stone Massage, Manicure, Gel Manicure, Pedicure, Aromatherapy, Reflexology, Indian Head Massage, Facials, Electric Treatments (Body and Face), Lomi Lomi Hawaiian Massage and Facial, Waxing

#### **2014 The London School of Beauty and Makeup**

CIBTAC (HONOURS)

CIDESCO

CIDESCO SPA POST-GRADUATION

VTCT INDIAN HEAD MASSAGE

VTCT REFLEXOLOGY

VTCT AROMATHERAPY

#### **2014 Infinity Training Academy**

HAWAIIAN LOMI LOMI CERTIFICATION

### **Product Training:**

**October  
2014**

#### **Artistic Colour Gloss**

The London School of Beauty and Makeup

Artistic Colour Gloss

**October  
2014**

#### **Murad**

The London School of Beauty and Makeup

All Murad facial ranges

### **Vocational Qualifications**

Degree in Languages (English/French) by The University of Lisbon, Portugal

Army Training (I was a Lieutenant for the Portuguese army)

Voice (Singer/Performer) - Classically trained at the Lisbon Conservatory of Music

### **Hobbies and Interests**

I love reading and keeping updated with Beauty/Fashion trends

Singing/Performing

Yoga

Ballet/Barre

Exercising in Water (e.g. Hydropower classes)

