

Curriculum Vitae

Female

D.O.B. 02 July 1981

Number of years working in industry: 17 years 9 months

Candidate ID Number: 21627

Nationality: British, Turkish

Language Skills:

Fluent: English, Turkish

Basic: Spanish

Permitted to work in: Turkey, Italy, UK - United Kingdom

Position Sought: Spa Consultant, Spa Manager, Spa Co-ordinator, Assistant Manager, Treatment Manager / Spa Trainer, Massage Therapist, Yoga / Pilates Teacher

Personal Statement

My chance to sell myself.....How exciting!!!

I believe it is unfair to judge someone on what one reads. So I am hoping at this point that you are not judging me on my words. People deserve a chance and I think some time, we pass up great opportunities, due to systems that have been put in place.

I am currently studying Life coaching, as nothing gives me more pleasure than to see others achieve their goals and make changes in their lives.

So my goal is to get qualified as a life coach

Thanks for reading

Employment History:

May 2008 - Present - Complementary Therapist at (most recent employer hidden for confidentiality) Surrey, UK - United Kingdom, (Home/Mobile)

Duties included:

Massage therapist (Aromatherapy & Reflexology)

- Maintaining client confidentiality and sensitivity to age and gender related issues during all client interactions
- Left clients relaxed, impressed, and looking forward to the next session through massage and facials
- Dealing with any reservation specifications and requirements
- Record keeping
- Stock take
- Tax returns etc

Products worked with:

Essential oils

Career Break - Traveling

June 2009 - Present - Yoga / Pilates Teacher at LA FITNESS/ Woking Leisure Centre, Woking, UK - United Kingdom,

Duties included:

- Design original flow sequences
- Recognising individual's levels and abilities and adapting lesson plans on the spot to suit all needs
- Responsible for guiding members through invigorating and encouraging yoga practices
- Discussed the benefits of beginning a yoga practice with members
- Safely guide the group through a series of revitalizing and rejuvenating asana
- Promoted safety through proper equipment, such as straps and blocks and accurate demonstration of postures to avoid injuries
- Promoted a fun and relaxing atmosphere
- Guide students to modify poses to avoid anatomical problem areas or to challenge themselves as needed.
- Teach pranayama breath control exercises
- Conduct guided meditation for relaxation
- Ensured that area is clean, picked-up and ready for next class

Career Break - Traveling

January 2013 - February 2016 - Assistant Library manager at Surrey County Council, ESHER, UK - United Kingdom, (College)

Duties included:

- Help manage all aspects of the library service, and to deputise for the library manager whenever they're away
- Admin procedures, maintaining financial records and dealing with stock
- Supervising staff and taking care of their training and development
- Customer care
- Cash and payroll management
- Short listing/Interviews

February 2010 - February 2011 - Spa Consultant at Ciragan Palace , Istanbul, Turkey, (5 Star Hotel Spa)

Duties included:

- Customer service surveys on improving service and product and implementing over all suggestions of guest needs
- Manage customer feedback, effectively; ensuring any issues or compliments aren't escalated and dealt with appropriately to enable long-term improvements in products and services
- Strategic communications plans ,Emailing existing customers on their birthday for promotion and reputation
- Meeting and greeting of clients and acquainting them with the Spa and products
- Able to uphold moral ethics to help promote a positive view on the industry
- Instructed clients in proper care and helped individuals take steps to improve their health with yoga and massage
- Substitute Masseuse

Products worked with:

E'Spa

Education and Qualifications:

2015 Surrey County Council

Certificate

- SCC (2013- 2015) In house training Dealing with conflict at work, Equality and Diversity, Ending Harassment & Bullying, Being Assertive at Work, SAP - Time Administration level 2, Introduction to Working with Volunteers, Equality & Inclusion matters, Dealing with challenging situations, Basic Customer Care, Library Manager Development

2014 The university of Surrey

Foundation Degree (merit)

Leadership Innovation and management

2009 British School of Yoga

Diploma (Level 4)

Yoga Teaching (Hatha)

2008 British School of Yoga

Diploma(Level 4)

Reflexology Practitioner

2007 Regent Academy

Diploma Level 3

Aromatherapy and massage practitioner

1997 Bishop David Brown

- English Lit C/ English D
- Drama C
- French C
- Home Economics D
- Mathematics E

Product Training:

June 2007

BSY Group

Regent Academy

Anatomy, various massage techniques, pressure points and aromatherapy facials. Tailor make oils to cater for individuals likes and suit moods

Vocational Qualifications

Also experienced in CPR, First Aid, and Food hygiene, Health and Safety, and teaching. Bilingual in British and Turkish, Currently studying Life coaching . B licenced Skydiver.

Hobbies and Interests

Make myself more interesting: Does this mean lie?

I love skydiving, dancing and chilling, I hate silly questions and people imply, that i am crazy!

Is this interesting enough?

CV created at www.spastaff.com

