

Curriculum Vitae

Female

D.O.B. 30 June 1987

Number of years working in industry:

19 years 0 months



Candidate ID Number: 21510

Nationality: Greek

Language Skills:

Fluent: English

Basic: swedish

Permitted to work in: European Union, UK - United Kingdom

Position Sought: Head Therapist, Treatment Manager / Spa Trainer, Massage Therapist, Holistic Therapist, Swim / Aqua Fit Teacher

Personal Statement

co-operative

comfort in communication and excellent management, interpersonal, responsible, well-mannered serious professional, able to work without supervision and under time pressure

Employment History:

October 2014 - Present - Spa Manager at (most recent employer hidden for confidentiality) Patras, Greece, (5 Star Hotel Spa)

Duties included:

- responsible for editing the spa's price list and choosing the therapies listed
- responsible for organizing the cabins
- responsible to stock the spa with all the necessary products
- supervising 2 other massage therapists and 1 beauty therapist
- responsible for organizing the timetable of the employers
- budgeting
- massages protocol trainer

Products worked with:

Apivita

March 2014 - September 2014 - Massage Therapist at Aldemar Resorts Greece, Pyrgos, Ilia, Greece, (5 Star Hotel Spa)

Duties included:

- responsible for doing massages according to the protocol
- responsible for contacting the clients and decide which spa program or spa products suits them best
- supervisor assistant, responsible for stocking spa supplies
- responsible for maintaining the cabins clean, organized
- spa products sales

Products worked with:

January 2007 - April 2014 - Massage Therapist at Private Therapist, Patrai, Greece, Greece, (Home/Mobile)

Duties included:

private massage therapist

responsible for the rehabilitation of elder and children with kinetic problems perform relaxing, anticellulite, swedish, reflexology massages

Education and Qualifications:

2013 Natural Health Science, Palaion Falyron, Athens

Certificate

Ayurvedic back massage Mardana

Shiatsu-energy release back

2013 Release and Relax Motion , Athens Greece

Certificate

sports massage

2012 Technological Educational Institute of Patras, Physiotherapy

college diploma

- supervisor assistant
- spa management
- massages:
 - sports massage
 - thai massage
 - aromatherapy
 - ayurvedic massages *abhyanga, shirogriva, vishesh, mardana, radjamandary 4 hands>
 - lymphatic massage
 - hot and cold la stone massage
 - relax massage
 - deep tissue massage
 - tonic massage
 - shiatsu
 - reflexology

2005 1st High School of Pyrgos

Graduated high school with grade 18.2

entered college as the second best according to my grade

Product Training:

December 2014 Apivita

Porto Rio Hotel, Patras

body scrub

body exfoliation

body hydration mask

September 2014 Thalion

Aldemar Resorts Greece, Pyrgos Ilia

scrub, body peeling, body mask and body hydration

Vocational Qualifications

first aid

lifeguard certificate

computer, microsoft programs

Hobbies and Interests

- yoga
- running
- swimming
- pilates
- travelling
- crossfit

CV created at www.spastaff.com

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