

Curriculum Vitae

Male

D.O.B. 10 August 1962

Number of years working in industry:

19 years 6 months



Candidate ID Number: 21286

Nationality: British

Language Skills:

Fluent: English

Permitted to work in: UK - United Kingdom

Position Sought: Spa Consultant, Regional Senior Manager, Spa Director, Spa Manager, Spa Co-ordinator, Assistant Manager, Holistic Therapist, Complementary Practitioner, Complementary Therapist, Meditation/mindfulness coach

Personal Statement

- Well respected global practitioner & coach
- Strong, wide-ranging wealth of management skills and experience
- Proactive, innovative, dynamic; a broad spectrum international career and personal history
- Personable, sociable, with a natural ability to establish rapport and relationships, on all levels
- Calm, confident and reliable.
- Committed and dedicated; bringing energy, intelligence, clarity and focus to each role undertaken
- Strategic thinker and planner: strong ability to succeed in various roles

Employment History:

April 2008 - Present - Visiting Master & Appointed Expert at (most recent employer hidden for confidentiality)
Global, Spain, (5 Star Hotel Spa)

Duties included:

Visiting Master & Appointed Expert for world's top destination spas, wellness clinics, spa management and wellbeing travel companies - including SHA in Spain; Chivasom, Thailand; Six Senses; Grace Belgravia; Healing Holidays; Wellbeing Escapes; Destination Spa Management + private clients (high profile & HNW including Royal families, business leaders, CEOs, politicians, models, designers, performers, film directors etc.), leading businesses (Unilever, KPMG, Metro Bank, Deloitte etc.), top brands (Louis Vuitton, Bobby Brown, Josh Wood etc.), doctors, wellness companies, charities, universities and top schools.

May 2019 - Present - Managing Director at SuperAger World, London, UK - United Kingdom, (Product Company)

Duties included:

MD of an app-based global platform optimising healthy longevity for the 50+ age group.

Acquired funding to successfully build and launch the platform and app. Grew the value of the company (independent valuation) to \$6m + in 18 months.

April 2009 - October 2012 - Managing Director at The Meditation Foundation, London, UK - United Kingdom, (College)

Duties included:

Managing Director. A UK Dept. Health supported enterprise promoting evidence-based, health & business benefits of meditation & mindfulness. Established from scratch a respected organisation. Designed & delivered multiple coaching programmes for public, businesses, GPs, NHS Trust, Health clubs. Designed and delivered Teacher Training Programmes. Full business oversight and management - business development, sales, marketing, PR, financial, legal, partnerships, research, funding applications etc.

April 2008 - August 2012 - Director at Guild of Professional Healers, London, UK - United Kingdom, (College)

Duties included:

Establishing Director. The Guild provides benchmark standards for professional complementary healthcare practitioners working in the NHS and other institutions. I developed the core professional standards.

April 2009 - April 2010 - Senior Therapist at NHS Addenbrookes Hospital, Cambridge, UK - United Kingdom, (Hospital / Medical Clinic)

Duties included:

UK's 1st NHS employed Clinical Reiki practitioner. Successfully established the first programme for delivery of clinical Reiki services to cancer patients. Working with patients, Oncology Directorate, doctors & consultants.

October 2006 - January 2008 - Manager at Prince's Foundation Integrated Health, London, UK - United Kingdom, (College)

Duties included:

Programme Manager. Developed a full regulatory structure for the voluntary regulation of UK complementary healthcare practitioners. Involved managing the 12 main complementary healthcare modalities and liaising with Dept Health and education specialists and steering group towards a robust and mutually acceptable regulatory structure.

October 2004 - March 2005 - Membership Sales Professional at Cannons Health Club, London, UK - United Kingdom, (Health Club)

Duties included:

Sales & marketing manager. This club had consistently failed to meet its targets. Within the first 2 months, I achieved the set targets and exceeded them in following months.

Education and Qualifications:

2000

Meditation and mindfulness teaching and also Teacher Training via 25+ years personal experience

Reiki Master, Usui Reiki and Jin Kei Do Reiki

1980 DeMontford University

LL.B (Hons) Law

1980 Rainsford

7 x O levels (A-B grade)

3 x A levels (English Lit, Economics, Law)

Vocational Qualifications

Solicitor (UK)

Attorney, New York

Master Scuba Diver Trainer and Instructor

Hobbies and Interests

Healthy Longevity, Bio-hacking, Meditation, Mindfulness, Positive Psychology

Scuba diving, skiing, sailing, horse-riding, travel

CV created at www.spastaff.com

