

Curriculum Vitae

Female

Number of years working in industry:

26 years 8 months



Candidate ID Number: 20911

Nationality: British

Language Skills:

Fluent: English

Basic: German

Permitted to work in: UK - United Kingdom

Position Sought: Head Therapist, Treatment Manager / Spa Trainer, Senior Therapist, Massage Therapist, Holistic Therapist, Complementary Practitioner, Complementary Therapist, College Tutor, Receptionist

Personal Statement

My best qualities include my ability to keep calm under pressure and to work with others in a supportive, loving and nurturing way whilst assisting them on their path to wellness. I maintain a positive and grateful approach to life and all it's miracles whilst encouraging others to do the same. I look at the treatments I offer as being essential to a balanced healthy way of life. I am able to adapt to challenging environments and provide my clientele with an oasis of tranquility that they will return to again and again.

Seeking to work in the UK and International Locations

Employment History:

June 1999 - Present - Holistic Therapist at (most recent employer hidden for confidentiality) uk & India, UK - United Kingdom, (Home/Mobile)

Duties included:

Self-Employed Therapist & Contract Work

This displays my ability to be flexible and to work in different environments to sustain an income.

I have most recently undertaken additional qualifications and experience in the care industry in the UK which enabled me to utilise my skills in Reflexology, Massage and Nutrition with elderly clients with Dementia.

I also continue to undertake contracts of an administrative nature so that my office skills are updated on a regular basis.

Products worked with:

Dermalogica

Himalaya

Shirley Price Aromatherapy Oils

February 2009 - February 2010 - Business Development Officer at Zinthiya Ganeshpanchan Trust, .Leicester, UK - United Kingdom, (Product Company)

Duties included:

Working initially on a voluntary basis at a "Drop in" Centre for disadvantaged women inc ex offenders facing long term

unemployment and advising on skills development and career opportunities. In Feb 2010, I gained employment when the trust set up a Social Enterprise to offer a pragmatic solution to the needs of those women by providing them with work experience, training, therapeutic care and support. This work included visiting women in custody in Peterborough Maximum Security Prison.

- Develop new and existing business including outreach work with ethnic minorities and Prisons
- PR/Promotional activity
- Fundraising/Networking
- Project/Event Management
- Co-ordinate activities, source venues, promote awareness
- Managed 3 day Arts & Crafts enterprise awareness courses to enable women to earn a viable income from their hobby by turning it into a small business

July 2002 - July 2009 - Director at Odyssey 40+ Entertainments Pvt Ltd, Goa, India, (Product Company)

Duties included:

Set up and operated a Company in Goa India that was a therapeutic centre offering treatments, counselling and 1st Aid to foreign travellers and local people as well as a retail outlet that sold relaxation music, films, services and equipment to a multinational clientele in a small village that subsequently became a popular tourist destination.

Researched then purchased a limited company and fulfilled legal requirements of state laws

Refurbishment of a property to include shop, treatment area and living accommodation
Dealt extensively with clients who had histories of emotional instability or alcohol/substance misuse

Successful maintenance of relationships with officials, local residents and clients
Continued personal development by studying Ayurvedic principles, Rei Ki, Sound Therapy

Obtained 5 year Business Visa

Broadened knowledge of other cultures and belief systems

Enhanced diplomatic skills

July 1999 - July 2002 - Owner at Therapies Holistic Health Salon, .. UK - United Kingdom, (High Street Store)

Duties included:

Set up a small business with a shop selling crystals, candles, blended products etc. with treatment rooms and sun bed in a village location.

Refurbishment of entire three floors plus exterior decor creative abilities put to use in the design and visual merchandising

Management skills inc book keeping, stock rotation, cash handling and hands-on client care

Teaching to adults and presentations

Advising on alternative treatments and therapies

Administration duties

Marketing and sales of stock

Education and Qualifications:

2015 Athena Care Limited

Certificate

Manual Handling

Skills for Care

First Aid

2009 Mallasch School of Sound Therapy (India)

Certificate of Training

Rei Ki Initiation and Level II

Sound Therapy

2003 Vinod Keralan Massage centre (India)

Certificate of Training

Principles of Ayurveda (India)

1999 Leicester College

Diplomas, NVQ, VAI etc

VAI Diplomas in Nutrition, Reception, VAI Cert. in Counselling by a Therapist, Emergency First Aid, Hopi Ear Candles, Dermalogica, Recruitment Practice & Procedures, EMFEC IT

1999 Leicester College

IIHHT Diploma Holistic Therapies - Leicester College

IIHHT Diploma Stress Management - Leicester College

GCSE Human Health & Physiology - Leicester College

NVQ Level III Aromatherapy - Leicester College

1976 Rawlins Community College

CSE (GCSE) Eng, Art, Business Studies, History, Community Studies - Rawlins School & Community College
Grades B & C

Product Training:

July 1999 Dermologica

Leicester College

Dermalogica skincare range

Vocational Qualifications

There are many additional skills that are not mentioned here as I take the time to present a portfolio of my achievements and awards as well as to prepare a detailed CV which means no waste of prospective employers time and resources by duplicating information that will be presented at interview.

Hobbies and Interests

Hobbies are Reading, Music, Singing, Dancing, Art, Theatre and Cinema and any activities that enable me to maintain a positive energy such as meditation and spiritual practices.

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