

# Curriculum Vitae

**Female**

**D.O.B. 15 December 1985**

**Number of years working in industry:**

**20 years 1 month**



**Candidate ID Number:** 20619

**Nationality:** British

**Language Skills:**

Fluent: English

Basic: German, French

**Permitted to work in:** UK - United Kingdom

**Position Sought:** Spa Consultant, Spa Manager, Salon Manager, Spa Co-ordinator, Assistant Manager, Head Therapist, Treatment Manager / Spa Trainer, Skin Clinic Therapist

## Personal Statement

I believe I have a lot to offer as an individual. I am a faithful, hardworking passionate person. I love the industry I am in and would love to settle in to a long term career and use all my giftings to successfully develop and manage a spa and team of therapists. I am open minded and willing to receive any training necessary to further my career and love the exciting possibilities that lie ahead.

Seeking to work in the UK and International Locations

## Employment History:

**September 2015 - Present - Salon Manager** at (most recent employer hidden for confidentiality) Askam in Furness, UK - United Kingdom, (High Street Salon)

### Duties included:

Self Employed running Salon 44 (hair & beauty) now Tamar Guntrip Beauty Specialist in Askam where I live. This allows me to successfully run and manage all areas of the beauty aspect of this clinic using all my acquired skills and experience from the industry. I believe I provide something different and infinitive compared to the local competing salons. Along with my faithfulness, customer care, passion and drive for the industry I feel this is an opportunity to make myself known as an artist. Demands consistent dedication to working with online booking system, social media content, chosen product houses and suppliers, marketing and advertising, ongoing training and all other aspects of running a successful business.

### Products worked with:

Medik8

Bio Re Peel

Delilah Cosmetics

Margaret Dabbs

Neal & Wolfe

Kathleen UK

Arbonne

Karen Betts

Tina Davies

St Tropez

Bare Minerals

Natural Spa Factory

Leighton Denny

**May 2014 - September 2015 - Assistant Manager** at Bath House, Bowness on Windermere, UK - United Kingdom, (High Street Store)

**Duties included:**

I was employed by Bath House as assistant Manager to manage their new flagship store in Bowness. Using my aromatherapy knowledge I had a natural flare for recommending and retailing their products. I was also employed with the vision of launching treatments to compliment their products and taking the company to another level. This role was a way for me to focus on my sales techniques and ability. I also managed the day to day running of the shop and staff, eye-catching displays and cleanliness were a big part of this. As assistant manager I also kept on top of stock control, weekly ordering, financial figures and targets for the shop and staff. Close relationships with the other shops, head office and the Sedbergh factory was influential and we regularly participated in team building days, working on product knowledge, roleplay and learning more about the manufacturing aspect of the business

**Products worked with:**

Bath House design and manufacture their own range of natural and organic fragrance, bodycare and skincare products. In house product training is given and all products are developed from a local factory based in Sedbergh

**November 2013 - May 2014 - Spa Manager** at Gilpin Lodge, Crook, Windermere, UK - United Kingdom, (5 Star Hotel Spa)

**Duties included:**

Jetty Spa is a newly launched spa which is exclusive to the guests at Gilpin hotel and lake house. Responsibilities included ensuring the smooth day to day running of a five star spa, managing staff and creating and delivering their appraisals. Writing job descriptions, contracts and formulating a stock take and SOP's. Designing treatment proto cols and signature touches for our treatment menu. Taking care of our bookings, guest communication, confirmation letters and meet and greet on arrival. Attending regular marketing meetings and looking at the budgets, and financial figures to see re occurring patterns. Working closely with other departments of the hotel especially reception and the lake house staff ensuring a five star service was delivered to all guests, VIP's and journalists which we had on a regular basis. I do have one personal review on request.

**Products worked with:**

Jetty Spa produced their own products. We used organic bases from 'Soap Kitchen' and added our houseblend of lime, lemongrass and peppermint to each base to produce a range of products for hotel amenities and for retail. We also produced products from scratch such as balms, creams, muscle soaks, salt scrubs and body oils, which were for professional use only.

**October 2011 - December 2013 - Christian Youth Worker** at Churches Together Youth Trust, Grange over Sands, UK - United Kingdom, (Product Company)

**Duties included:**

Preparing material to engage teenagers in the bible and the world today, home life and difficulties they may be facing, ie drugs, alcohol, forgiveness, relationships, abandonment.

We provided a safe space both in schools and at clubs and events after school or in the holidays where young people can be free to express themselves and grow in their faith and be introduced to Christian values.

This included organising big events for the community such as NGM and Royal Foundlings coming to perform and show how music and dance can be a gift where you can show your love for God.

Delivering assemblies, PHSE, and RE lessons

Running lunch time clubs and activities

Running after school clubs, residential and trips

Managing a group of volunteers, producing weekly rotas for all our activities

Attending committee meetings and developing a monthly newsletter for the community and local churches.

**Products worked with:**

n/a

**November 2011 - November 2013 - Proprietor of Sweet Creations (Cake Shop)** at Self Employed, Kendal, Cumbria, UK - United Kingdom, (High Street Store)

**Duties included:**

Setting up and running a successful business. Designing my logo, business cards, flyers and all other promotional material. Maintaining advertising pages including my website, facebook and twitter. Setting Budgets and looking after my accounts each day. Baking to a high standard, offering a wide variety of current trends and flavours. Offering consultations and tasting sessions to bridal parties. Attending wedding fayres and such like events. Working long hours and keeping to a tight work schedule. Stock take. Managing weekend staff, and delegating responsibilities accordingly. Working closely with other businesses, and providing a friendly service to all our customers.

**Products worked with:**

n/a

**June 2009 - October 2011 - Beauty Therapist** at Langdale Spa, Langdales, UK - United Kingdom, (5 Star Hotel Spa)

**Duties included:**

Providing holistic and complimentary treatments for our guests, both hotel and day spa guests. Running make up workshops/tutorials. Specialising in bridal make up and offering exclusive packages for wedding parties.

**Products worked with:**

Elemis

Anne Semonin

Leighton Denny

Cetuem

Bare Escentuals

**September 2006 - June 2009 - Spa Co-ordinator** at Seaham Hall, Serenity Spa, Seaham, UK - United Kingdom, (5 Star Hotel Spa)

**Duties included:**

Spa Project Coordinator April 2009-June 2009 Employee of Von Essen Hotels. Initiating promotions, packages and taking care of the general day to day running of the spa and the guest journey. Maintaining and creating relationships of both past, present and future clientele.

Spa Receptionist Sept 2006-April 2009 Employee of Von Essen Hotels. Providing the guests with a five star service, preparing the practicalities of each day of the working spa. Working in retail, bookings and check ins/outs. I have also trained in all aspects of the spa including membership, fitness and beauty operations

**Products worked with:**

Elemis

Karen Herzog

Bare Escentuals

Aromatherapy Associates

Jessica

**January 2006 - September 2006 - Nail Technician** at Steiner, Bahamas, (Cruise Ship)

**Duties included:**

Providing luxury treatments in a new spa

Good customer service

Meeting daily sales targets

Regular stock take

Working long hours on a tight schedule

**Products worked with:**

Elemis

**Education and Qualifications:**

**2024 Undo PMU Face and Body Laser**

Certificate Level 4

Laser Tattoo Removal

**2024 British Medical Laser Association Dr Godfrey Town PHD**

BMLA Certificate

Online Laser Training

Kore of Knowledge

Laser and Intense Pulsed Light Physics and Safety

**2024 Polished Nail & Beauty Training Barrow in Furness**

Certificate

Airbrushed Brows

**2023 GG Brows**

Certificate

Lip Blush

SPMU

**2021 Botched Ink Ltd**

Certificate

SPMU

Machine Brows (Ombre/Combination/Powder)

Botched Ink (Saline Removal of SPMU)

**2021 Polished Nail & Beauty Training Barrow in Furness**

Certificate

Brow Lamination

**2019 Bare Face Permanent Cosmetics & Microblading**

Certificate

MesoGold

MesoTherapy Facial using vials

**2019 Polished Nail & Beauty Training Barrow in Furness**

Diploma

Dermaplaning

**2019 Polished Nail & Beauty Training**

Skin Peeling

**2018 Polished Nail & Beauty Training**

Certificate

Russian Volume Eyelash Extensions

**2017 Nouveau Lashes**

Certificate of Achievement

LVL Enhance Lash Technician

**2017 Polished Nail & Beauty Training**

Level 4 VTCT

VTCT Level 4 award in physiology for advanced beauty therapy

**2016 Cryosthetics**

Certificate of Excellence

Cryosthetics Cryopen

**2016 Karen Betts**

Certificate

Colour Correction

SPMU

**2016 EPIBROW International**

Certificate of completion

EPIBROW Microblading, Free hand feather styling

**2015 Kim Lawless Babtac**

Certificate Intimate Waxing

**2015 Kendal College**

VTCT Level 3 Award

Lash Extensions

**2010 In House training at Langdale Spa**

Diploma of Excellence

Anne Semonin - Aroma Stone Therapy

**2009 South Tyneside College**

NVQ Level 3

NVQ Level 3 Beauty Therapy (Massage Route) inc Aromatherapy

**2008 In House at Serenity Spa (Seaham Hall)**

Certificate of Achievement

Make up - Bare Escentuals

**2004 Furness College**

NVQ VTCT Level 1, 2 & 3

NVQ Level 1 & 2 Beauty Therapy

Waxing & Facial Treatments

Nail Technology & Treatments

Make up

Level 3 Indian Head Massage

Certificate in St Tropez

CAFLON Ear Piercing

**2003 Kendal College**

VTCT Diploma

VTCT

Make up Artiste Diploma

Mendhi/Henna Skin Decoration Diploma

Face & Body Painting Diploma

Nail Art

Fashion/Photographic Make up Diploma

## **2002 Dowdales School**

Basic Food Hygiene

GCSE grades

English language B

English literature C

Mathematics C

Science double award CC

Information Studies A

D&T Textiles technology C

French C

German D

Art D

## **Product Training:**

### **May 2014 Elemis**

Langdale Spa Cruiseships

In house product knowledge (Body)

Sole Delight Pedicures

Exotic Hand Rituals

Skin Specific Facials

### **June 2010 Anne Semonin**

Langdale Spa Trainer - Mathilde from France (AS)

Anne Semonin Face & Body

### **June 2009 Leighton Denny**

Langdale Spa

Leighton Deny Expert Nails

Pristine Pedicure

Luxury Manicure

Gels

Trainer - Nadia Iqbal

### **June 2008 Bare Escentials**

Serenity Spa (Seaham Hall)

Certificate of achievement (product training course)

Trainer - Vicki Redfern

### **June 2005 Creative Nails CND**

Cruiseships (Watford training academy) Trainers house (Newcastle)

Certificate in The Creative Academy

Liquid & Powder Induction

Trainer - Wendy Leighton

### **June 2004 St Tropez**

Furness College

Certificate in St Tropez (The Ultimate Tan)

Theory & Practical application

Trainer - Judy Naake

## **Vocational Qualifications**

First Aid

Basic Food Hygiene

Grade 1 Piano

Grade 1-4 Violin

## **Hobbies and Interests**

With running my own business I dont have a lot of time spare, but within the business Im always looking to develop my skills and keep up to date with new advanced treatments on offer.

I play in a local netball team and enjoy eating out, experiencing new cultures and flavours. I also have a passion for interior design which has reflected in the design of my salon and the changing of seasons etc.

My other passion which is a slow burner is travelling and seeing different parts of the world, meeting and learning from people which have experience and knowledge in things/life in which I dont.

CV created at [www.spastaff.com](http://www.spastaff.com)

**SPA STAFF**.COM

