

# **Curriculum Vitae**

## **Female**

**Number of years working in industry: 1 year 2 months**

**Candidate ID Number:** 20381

**Nationality:** British

**Language Skills:**

Fluent: English

**Permitted to work in:** UK - United Kingdom

**Position Sought:** Massage Therapist, Holistic Therapist

## **Personal Statement**

I am a qualified holistic massage therapist with experience in a 4 star hotel using decleor products in full body & facial massage treatments with high levels of customer service.. I have VTCT qualifications in aromatherapy & body massage, anatomy & physiology, cosmetic make-up and theatrical, media makeup.I am also a qualified Art Psychotherapist with experience of delivering therapeutic art for health well being courses.

Seeking to work in Cyprus

## **Employment History:**

**May 2014 - December 2014 - Massage Therapist** at (most recent employer hidden for confidentiality) Staffordshire, UK - United Kingdom, (Hotel Fitness Centre)

### **Duties included:**

I was a freelance massage therapist at the Hoilday Inn Spirit Gym fitness centre to provide massage treatments for members & hotel guests.

### **Products worked with:**

KAESO skincare & massage products

**Career Break** - Training - industry-related

**January 2013 - May 2013 - College Tutor** at Hays recruitment Agency, Buxton, Derbyshire , UK - United Kingdom, (College)

### **Duties included:**

Tutor for a Greek International pupil who was in foster care for 10 hours a week in GCSE subjects.

**Career Break** - freelance make up artist/facepainter for events

**January 2004 - July 2012 - Art teacher** at Stoke-on-Trent City Council, UK, UK - United Kingdom, (College)

### **Duties included:**

I was an Art coordinator in a pupil referral unit (short stay school) where I taught key stage 3 & GCSE art and delivered short courses in beauty therapy and special effects make up.

**Career Break** - Freelance artist, facepainter

**September 2006 - April 2012 - College Tutor** at Stoke-on-Trent City Council, UK, UK - United Kingdom, (College)

**Duties included:**

I was employed as an art teacher in a children's medical centre for pupils with medical, mental health issues, learning difficulties etc., I also delivered beauty therapy sessions to help pupils self esteem/confidence.

**Career Break** - Freelance artist, facepainter

**May 2011 - August 2011 - Massage Therapist** at Barcelo Palace Hotel Buxton, Buxton, Derbyshire , UK - United Kingdom, ( Hotel Spa)

**Duties included:**

I was employed as a spa therapist in a 4 star hotel to carry out massage treatments, manicure pedicures for individual guests, couples, wedding packages etc., Maintain high standards of cleanliness in treatment rooms, professionalism, customer service etc., Advise guests on Decleor skin products and after care for treatments. Clean treatment room areas, take towels to laundry etc.,

**Products worked with:**

Decleor

**May 2011 - August 2011 - Massage Therapist** at Palace Hotel, Derbyshire, UK - United Kingdom, (Home/Mobile)

**Duties included:**

Spa therapist for massage treatments

**Products worked with:**

Decleor

**Career Break** - Training - industry-related

**May 2011 - August 2011 - Massage Therapist** at The Palace Hotel, Buxton , UK - United Kingdom, ( Hotel Spa)

**Duties included:**

Spa therapist for massage treatments ie Decleor facials, back, neck, shoulder and full body aromatherapy massage with high levels of customer service.

**Career Break** - Freelance artist, facepainter & massage therapist

**September 2007 - October 2007 - College Tutor** at Staffordshire Adult Education, Staffordshire, UK - United Kingdom, (College)

**Duties included:**

I was employed by Staffordshire Adult education to teach holistic & beauty courses to adult learners including women's bail hostels. Demonstrate deep cleanse, facial massage and application of make up techniques. Perform nail, hair, massage & beauty treatments on individuals. This work was for six week short courses only.

**Education and Qualifications:**

**2010 University of Derby**

MA

Art Therapy

### **2003 Stoke-on-Trent College and Stafford College**

VTCT level 3

VTCT Theatrical Media Make -up, VTCT Cosmetic make -up, VTCT manicure /pedicure, VTCT Body Massage

VTCT Anatomy /physiology, VTCT Aromatherapy massage

City and Guilds Stage 2 Further Education teachers certificate

### **1985 North Staffs Polytechnic**

Degree

BA hons degree in Multidisciplinary design

### **1979 Leek Art school**

O level Art History C

A level Arts/crafts C

### **1975 Waterhouses Secondary School**

CSES in English 1, Art 1, Science 3, History 4

## **Product Training:**

### **August 2011 decleor**

Barcelo Palace Hotel Buxton Uk

Full body, back, neck, shoulders & facial massage using decleor products

## **Vocational Qualifications**

RSA/YMCA Exercise to music

Speedo Aqua fit

Fitkids Health Related exercise for children

Step Aerobics

## **Hobbies and Interests**

Gym, swimming, art, yoga, special effects make up, holistic therapies

CV created at [www.spastaff.com](http://www.spastaff.com)

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