

# Curriculum Vitae

**Female**

**D.O.B. 12 January 1976**



**Number of years working in industry:**

**24 years 10 months**

**Candidate ID Number:** 20261

**Nationality:** British

**Language Skills:**

Fluent: English

Basic: Spanish, French

**Permitted to work in:** Ireland, UK - United Kingdom

**Position Sought:** Massage Therapist, Holistic Therapist, Complementary Practitioner, Complementary Therapist

## Personal Statement

I am very lucky to of owned my own buisness in Ireland since i moved here in 1998. Even through the recession times it has stayed very prosperus. however i feel ready for a change to move abroad to warmer climates as Ireland can be vberly wet and cold. therefore i'm looking for a massage/physical therapy career somewhere in europe, although if the work was guaranteed, i would consider further afield.

I am well-known all around Ireland for giving a good, deep, professional massage to all my Clients. I have a good understanding of the human body & sport Injuries.

Seeking to work in International Locations

## Employment History:

**April 2001 - Present - Holistic Therapist** at (most recent employer hidden for confidentiality) manorhamilton, Ireland, (Hospital / Medical Clinic)

### Duties included:

I have owned my own buisness since 2001. I had 5 people working for me up until 2010, performing Different types of therapies such as Acupuncture, Counselling, Pregnancy massage etc.

I Run the main clinic doing mainly deep tissue massage, sport injury treatment, aromatherapy, reflexology & nutrition.

I also take care of all other aspects involved in running your own buisness such as reception work, Accounts, stock etc.

**Career Break** - I trained & travel in China for 3 months during 2009

## Education and Qualifications:

**1998 NMT college in Letterkenny, ireland Malvern school of massage uk**

itec, mti, NVQ level 3, diploma, IIHHT,

Naturopathic Nutrition

Trigger point dry needling

Asyra Health Screening

Reflexology

Aromatherapy

Deep Tissue massage

Neuromuscular/sport massage

### **1990 Highfields**

All Gcse's passed

### **1986 Malvern school of massage**

Itec & MTI DIPLOMA.

Neuromuscular Therapist. Nmt

## **Hobbies and Interests**

Tennis

Cycling

Yoga

Martial Arts

Reading

Studying

CV created at [www.spastaff.com](http://www.spastaff.com)

