

Curriculum Vitae

Female

D.O.B. 29 December 1972

Number of years working in industry: 13 years 10 months

Candidate ID Number: 20027

Nationality: British

Language Skills:

Fluent: English

Basic: Japanese

Permitted to work in: UK - United Kingdom

Position Sought: Spa Consultant, Spa Co-ordinator, Receptionist, Events Organiser

Personal Statement

I love working with people and helping them. I have a passion for arranging social events & although my business venture in 2008/10, did not last long, i did manage to change the view of two clients about Counselling as, before they undertook a course with me they were skeptical and been against Counselling. i believe that my combined techniques of Counselling & NLP gave a broader scope for focus and comfort. I also believe that meditation is helpful and doesn't have to be "sit down" but any moment - on the bus/train, sitting in the park, even at a concert as this tends to take you out of yourself. I am seeking to return to a client focused role where i am dealing with people and assistig them.

Seeking to work in the UK, International Locations and Cruise Ships

Employment History:

April 2000 - Present - Secretary at (most recent employer hidden for confidentiality) Ilford Essex, UK - United Kingdom, (High Street Store)

Duties included:

Secretarial; general admin, setting rooms for meetings, document production, call handling. i also arrange diary appointments & am able to research/arrange small social events.

January 2009 - December 2010 - Complementary Therapist at Blue Sky Butterfly, Rainham Essex, UK - United Kingdom, (Home/Mobile)

Duties included:

i offered healing (similar to Reiki) which works with the chakras. my counselling is simple and also reflective comnbinng techniques of talkative therapy and NLP (i.e anchors) and focusing on the issue and how patterns can be changed. if i am successful in obtaining employment then i will also enhance my skills and undertake Reiki courses to become a fully qualified practitioner. I am able to offer Deep Relaxation Therapy (Mediation) having completed a Certificate in Decdember 2012.

Education and Qualifications:

2012 With Venerable Shri Sadhu Dharmavira

Certificate

Ultimate Deep Relaxation Technique

2010 BSY Group

Professional Certificate of Merit

Counselling; Creative Visualisation,

2009 The Healing trust

Certificate of Attendance

Level 3 of The Healing Trist training Course

2009 The Healing Trust

Certificate of Attendance

Level 1 - 2 of The Healing Trist training Course

2008 Inspire 360

Practitioner Certificate

NLP (with Hypnotherapy & Past Life Regression)

2008 BSY Group

Professional Certificate of Merit

Positive Anxiety Management

2007 BSY Group

Professional Certificate of Merit

Depression Management Therapy

2006 BSY Group

:Professional Certificate of Merit

HIV/Aids - Holistic counselling & Care

2004 BSY Group

Diploma

Dream Analysis

1989 St Johns RC

GCSE; Maths, English, Combined Science & RE

Pitman; Typing

Vocational Qualifications

Theta Healing DNA2 (Basic) Course - January 2010, The Bodhistattva Self Healing Method - March 2011

Hobbies and Interests

Meditation, Reading, Music, Walks (nature/seaside), sitting by the river if a drummer nearby, Concerts, Reading, Writing, Dreams (diary/analysing), Sitting under a tree oin the park on a summers/sunny day, looking after my rock/pine garden, growing my succulent

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