

Curriculum Vitae

Female

Number of years working in industry: 20 years 10 months

Candidate ID Number: 19949

Nationality: British

Language Skills:

Fluent: English

Basic: French

Permitted to work in: UK - United Kingdom

Position Sought: Massage Therapist

Personal Statement

I have nearly nine years experience in Massage and Sports massage and my aim is to use my skills in a clinical setting such as a hospital either massage or working alongside physiotherapists.

Seeking to work in the UK

Employment History:

July 2009 - Present - Massage Therapist at (most recent employer hidden for confidentiality) Sutton, Surrey, UK - United Kingdom, (Home/Mobile)

Duties included:

I am the Massage therapist for the first team at Sutton United Football Club where I work alongside the physiotherapist.

My duties are to treat the players at both training and match days as well as assist in first aid duties.

I perform massage, use ultrasound, use strapping techniques for injured players and assist in pitch side first aid when required

Products worked with:

N/A

October 2007 - Present - Massage Therapist at Sensus Health and Wellness, Fulham , UK - United Kingdom, (High Street Salon)

Duties included:

I have been a massage therapist at Sensus since 2007. I perform holistic massage, deep tissue, sports massage, manual lymphatic drainage and pregnancy massage.

I work with people that have both acute and chronic issues as well as people who just want to come in to relax.

My aim at Sensus was to work hard and to look after my clients that come to see me either on a one off or regular basis. Doing this has helped me earn a respectable client base

Products worked with:

Only working with Massage oil

August 2005 - October 2007 - Massage Therapist at Nutfield Priory Hotel and Spa, Redhill, Surrey, UK - United

Kingdom, (5 Star Hotel Spa)

Duties included:

My main duty at Nutfield was as their Massage therapist. I did both back, neck and shoulder massage as well as Full body Massage. A year later I started doing the E'Spa total body with hot stones, and used both E'Spa products and Clarins oils.

I also helped clear down the spa and tidied up the relaxation area after each work shift, and I was also responsible on certain evenings to do the banking and takings for the day. I did a bit of reception work also and this included talking to customers on the phone, taking bookings and selling products

Products worked with:

Used Clarins and E'Spa products

April 2005 - August 2005 - Massage Therapist at Essenza Therapies, London, UK - United Kingdom, (Home/Mobile)

Duties included:

Working as a mobile massage therapist at several sites around London.

The hotels included the Four Seasons at Canary Wharf, the Sofitel at St James, The Riverside at Vauxhall and also in their site at London Bridge.

Products worked with:

Massage oil

Education and Qualifications:

2014

I have done CPD training in Maual Lymphatic Drainage and Pregnancy Massage.

Both were trained in Clapham, South London under Gateway Workshops

2007 Kingston Adult College

ITEC level 3 Sports Massage at Merit level

2005 Nescot College

Itec Level 3 Anatomy and Physiology at merit level

ITEC Level 3 Holistic Massage and Business management at merit level

Product Training:

October 2007 E'Spa

One day course at E'Spa in Farnham, Surrey

Introductory course to the E'Spa Products

Vocational Qualifications

AVCE Advance Science Award (Equivilent to two A Levels) - studied at John Ruskin College from Sept 2000 to July 2002

Sports and pitch side first aid - renewed July 2013

ABA assistant Coach award (Boxing) - 2002

Hobbies and Interests

Pilates, gym, swimming, hiking, socialising, baking, reading, visiting museums and places of interest

