

Curriculum Vitae

Female

D.O.B. 21 January 1982



Number of years working in industry:

14 years 5 months

Candidate ID Number: 19843

Nationality: British

Language Skills:

Fluent: English

Good: German, Spanish

Basic: Brazilian Portuguese

Permitted to work in: UK - United Kingdom

Position Sought: Massage Therapist, Holistic Therapist

Personal Statement

Enthusiastic individual, striving for success. Aiming to create an atmosphere of professionalism, and a duty of care for people, whether it be a customer or a highly valued colleague. A life goal is to have a home of my own, and to expand my business here.

Seeking to work in the UK

Employment History:

September 2011 - Present - Massage Therapist at (most recent employer hidden for confidentiality) Orpington, UK - United Kingdom, (Home/Mobile)

Duties included:

Placing orders, liaise with suppliers. Promoting and marketing. Checking medical history with customers to avoid any contraindications. Maintenance of clients records. Use of neurological inhibition. Manipulation of cross fibres using deep tissue techniques. Initiating customer service expertise by discussing trigger points, as to where tension lay within muscles.

January 2014 - Present - Massage Therapist at The Beauty Rooms, Orpington, UK - United Kingdom, (Health Club)

Duties included:

Welcoming customers to reception collaborating with management to assist with overflow of clients. Marketing and advertising treatments offered, by implementing innovative ideas. Distribution, and rapport with future customers. Identifying and keeping high standards of hygiene levels. Preparation of treatment rooms.

September 2006 - March 2014 - Receptionist at London Probation Trust, Orpington, UK - United Kingdom, (Product Company)

Duties included:

Meeting and greeting customers of a conflicting nature. Reporting maintenance issues, keeping records and reference quotation, for facilities. Responding to phone calls and queries in relation to appointment times. Maintaining spreadsheets, and keeping rooms free for up and coming management meetings.

Education and Qualifications:

2011

Body basics - harrow

Diploma

Pathlogy, kinesiology, anatomy and physiology

2011 Body Basics Harrow

Certificate in deep tissue massage therapy Diploma in anatomy and physiology and holistic therapy

2000 Orpington College

NVQ level 2 business Administration distinction Business Spanish language - distinction Media studies - B

Vocational Qualifications

First aid skills from receptionist role at present

Hobbies and Interests

Attending art galleries, training and creating in all aspects of dance. Collaborating with dancers to prevent injuries. Theatrical shows is another creative hobby of mine, visiting the latest performances. Innovation from fashion adapting and placing various colours and styles to have my own style.

CV created at www.spastaff.com

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