

# Curriculum Vitae

**Female**

**D.O.B. 28 May 1977**

**Number of years working in industry: 14 years 3 months**

**Candidate ID Number:** 19736

**Nationality:** British

**Language Skills:**

Fluent: English, punjabi, urdu

**Permitted to work in:** UK - United Kingdom

**Position Sought:** Beauty Therapist, Massage Therapist

## Personal Statement

I am very much a people person as are all therapists but I really like to connect with my clients on a deeper level and I always receive comments like 'you have healing hands'

I am very passionate about what I do but my true strengths and qualities are within the holistic treatments and where my clients really benefit.

Seeking to work in the UAE and Turkey

## Employment History:

**November 2011 - Present - Beauty Therapist** at (most recent employer hidden for confidentiality) leeds, UK - United Kingdom, (5 Star Hotel Spa)

### Duties included:

Duties includes

Making sure that as a therapist you are well prepared before your shift begins that you have all essential tools ready for the whole day

Getting your room ready, cabin and bed switched on and also wax lot incase it is required later on in the day.

In gaps make sure the rooms are tidy and clean as well as the relax area. Making sure the water cooler is full as well as clean glasses and magazine rack is full and tidy

Also replenishing products and making a note of what needs restocking

### Products worked with:

I have worked with

ESPA

DERMALOGICA

SKIN TRUTH

## Education and Qualifications:

**2010 White Rose College of health and beauty**

ITEC and NVQ level 3

ITEC Beauty Specialist

Diploma in Complementary Therapies:

Basic massage, aromatherapy, health and safety, introduction to healthy eating, knowledge of Anatomy and Physiology, intro to Clinic Services and business Awareness

Level 3 NVQ Diploma in Beauty Thrrapy Massage:

Indian head, stone thrrapy, massage using pre-blended oils, facial electrical treatments

**1994 wortley high**

Maths GCSE C

English GCSE C

Science GCSE C

Urdu GCSE C

History GCSE D

Business Diploma

**Product Training:**

**March  
2013**

**Dermalogica**

Dermalogica York

Dermalogica facials

**Vocational Qualifications**

IT skills

**Hobbies and Interests**

I enjoy going to the gym at least x3 a week

Love reading, the book im reading at the moment is 'the long walk to freedom' Nelson Mandela

I stich my own tops in my spare time, a skill I picked up from my mother

If I can I will go to local elderly home to chat and keep them company and maybe offer free hand massages.

CV created at [www.spastaff.com](http://www.spastaff.com)

