

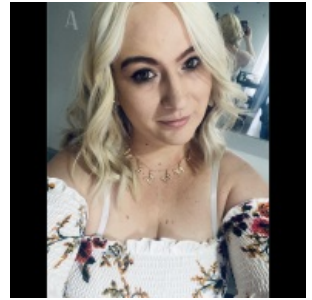
# Curriculum Vitae

**Female**

**D.O.B. 01 June 1996**

**Number of years working in industry:**

**16 years 6 months**



**Candidate ID Number:** 195913

**Nationality:** British, Irish

**Language Skills:**

Fluent: English

**Permitted to work in:** European Union, UK - United Kingdom, Zimbabwe

**Position Sought:** Head Therapist, Senior Therapist, Massage Therapist, Spa Therapist

## Personal Statement

I'm a deeply intuitive and emotionally intelligent therapist with a gift for transforming healing into art" whether through touch, words, or ritual. My current life goals center around reclaiming autonomy, honoring my psychic sensitivity, and building a soulful career that blends wellness, creativity, and truth-seeking. I bring resilience, compassion, and a radiant aesthetic to everything I do.

Seeking work in national and international locations

## Employment History:

**October 2024 - Present - Membership Sales Professional** at (most recent employer hidden for confidentiality)  
Harare Zimbabwe , Zimbabwe, (Product Company)

### Duties included:

Membership sign up

Stock management

Agent Rep

### Products worked with:

n/a

**Career Break** - Sickness/covid 19

**September 2022 - Present - Spa Manager** at Saorsa-Haven Day Spa, Harare Zimbabwe, Zimbabwe, (Home/Mobile)

### Duties included:

> At Saorsa Haven, I served as Spa Manager, Spa Therapist, Blogger, and Sales Representative ♦ "blending holistic care with creative outreach. My therapeutic duties included delivering a range of treatments such as massages, manicures, pedicures, reflexology, reiki, and facials, tailored to support emotional and physical well-being. I oversaw daily spa operations, managed stock and inventory, and ensured a serene, welcoming environment for clients.

>

> In my marketing and blogging role, I created promotional content, shared wellness insights, and designed campaigns to elevate Saorsa Haven's brand. I also supported product sales through personalized recommendations and client education, integrating healing with storytelling and soulful connection.

**Products worked with:**

Avon

Avory Shlain

Honey Fashion Accessories

Ispa Products

**April 2020 - November 2020 - Spa Therapist** at Pearl Hotel & Spa, oban,Scotland, (5 Star Hotel Spa)

**Duties included:**

> As a Spa Therapist at The Perle Hotel in Oban, Scotland, I carried out a range of treatments including massage, manicures, pedicures, and waxing. I also managed reception duties such as booking appointments, greeting guests, and handling inquiries. My responsibilities included towel management, stock taking💎"especially during COVID-19💎"and securing the spa at closing time to maintain a safe and welcoming environment.

**Products worked with:**

Phytome

Made For Life

OPI

**Career Break** - Covid 19

**March 2019 - February 2020 - Spa Therapist** at Isle Of Mull Hotel & Spa, Craignure ,Isle Of Mull Scotland, UK - United Kingdom, (5 Star Hotel Spa)

**Duties included:**

> At the Isle of Mull Hotel & Spa, I was responsible for performing a range of spa treatments, assisting both the spa attendants and spa manager with daily operations, supporting product sales, and overseeing the day-to-day management of the treatment rooms to ensure a smooth, welcoming, and professional environment for guests.

**Products worked with:**

Ishga skincare\

Jessica Nails

**Career Break** - Covid 19

**March 2018 - February 2019 - Massage Therapist** at Headlands Hotel Torquay, Torquay Devon, (5 Star Hotel Spa)

**Duties included:**

Facials

Massages

Basic Waxing

Manicures

Pedicures

Towel Management

**Products worked with:**

CND-Shellac

Aroma Essence

**November 2017 - February 2018 - Attachment after college** at the Kingdom Hotel zimbabwe, Victoria Falls Zimbabwe, Zimbabwe, (5 Star Hotel Spa)

**Duties included:**

> As a newly ITEC-qualified Beauty Therapist and Reflexologist, I worked at Essential Beauty based at the Kingdom Hotel as part of an attachment program. Although the economic climate prevented a permanent role, I actively contributed through reflexology treatments, product creation, Avon sales, and marketing support including flyer design and promotional outreach. This experience allowed me to build hands-on skills in both therapy and business development within a spa setting.

**Products worked with:**

Cnd Shellac

Dermalogica

Environ

Avon

**April 2005 - September 2015 - Trainee** at Ann's Beauty Salon, Amanzi Lodge, Zimbabwe, (5 Star Hotel Spa)

**Duties included:**

> During my school holidays, I assisted a Senior Beauty Therapist at Amazi Lodge in Harare, where I received hands-on guidance in massage, reflexology, manicures, pedicures, and waxing. Under her mentorship, I supported daily spa routines and gradually built my confidence and skillset. This formative experience laid the foundation for my professional path, and I continued assisting until I became ITEC-qualified myself.

**Products worked with:**

Clarins

OpI

**Education and Qualifications:**

**2025 Elite School Of Beauty Zimbabwe Centre of Excellence**

ITEC&NVQ LEVEL 3 Certificate

Professional Conduct & Business Awareness

Manicures & Pedicures

Skincare & Eye Treatments

Waxing

Make-Up

Nail Technology

Anatomy & Physiology

Reflexology

Mental Health Awareness

Human Health-Diet and Nutrition

Back Safety

Reiki Level 1

Reiki Level 2

Reiki level 3 Master &Teacher Level

Swedish Massage

Deep Tissue Massage

Hot Stone Massage

Sports Massage

Cognitive Behavioral Therapy

Holistic Health

Holistic Health Business

**2014 Legacy Christian Academy**

GCSE'S/O'LEVELS

## **Vocational Qualifications**

Royal Academy Of Dance-Classical Ballet

First aid Awareness

Disability Awareness

Health and safety level 1

ICDL

## **Hobbies and Interests**

- Reading novels" especially those that stir the soul or spark imagination
- ✈ Traveling" exploring new places, cultures, and inner landscapes
- Hiking" grounding in nature and finding clarity through movement
- ☯ Yoga" nurturing body and spirit through mindful flow
- Wellness retreats" embracing rest, healing, and soulful connection

CV created at [www.spastaff.com](http://www.spastaff.com)

