

# Curriculum Vitae

**Female**

**D.O.B. 07 June 1998**



**Number of years working in industry:**

**4 years 2 months**

**Candidate ID Number:** 194550

**Nationality:** Indian

**Language Skills:**

Fluent: English

**Permitted to work in:** India

**Position Sought:** Beauty Therapist, Skin Clinic Therapist, Massage Therapist

## Personal Statement

I am a motivated and adaptable Beauty & Spa Therapist with strong customer service skills, a caring nature, and the ability to connect well with people. My present goal is to grow my career in the cruise industry, achieve financial independence, and ultimately build a successful future where I can combine my passion for wellness with long-term business plans.

Seeking work in international locations

## Employment History:

**March 2025 - July 2025 - Beauty Therapist** at (most recent employer hidden for confidentiality) world wide, USA - United States, (5 Star Hotel Spa)

### Duties included:

Provide professional beauty treatments: facials, waxing, threading, body wraps, scrubs.

Deliver luxury guest service with personalized consultations.

Recommend and sell retail products (Elemis, etc.) to meet sales targets.

Maintain hygiene and presentation of treatment rooms and tools.

Keep treatment records and client notes updated.

Support spa promotions and assist colleagues when needed.

### Products worked with:

Elemis.

**June 2024 - October 2024 - Cosmetologist** at Trisamya Healthcare Pvt.Ltd, Navi Mumbai, Maharashtra, India, India, (Skin Clinic)

### Duties included:

• Provide personalized treatments with PBM therapy.

• Consult with clients and keep detailed records.

• Recommend PBM products and services.

- Maintain a clean and safe workspace.
- Build strong client relationships and gather feedback.

#### **Products worked with:**

Hydra Facial product, sesglyco, Derma Product.

#### **Career Break - Training - industry-related**

**December 2022 - May 2024 - Senior Therapist** at Dr Batras Clinic Healthcare Pvt.Ltd, Navi Mumbai, Maharashtra, India, India, (Skin Clinic)

#### **Duties included:**

Perform HydraFacial for deep cleansing, exfoliation, hydration, and rejuvenation.

Carry out Laser treatments for skin brightening, pigmentation, acne scars, and hair reduction.

Administer DermaPen / Microneedling for collagen induction, scar reduction, and anti-aging.

Provide Stem Cell Therapy for advanced skin rejuvenation and hair regrowth solutions.

Deliver chemical peels and medi-facials tailored to individual client concerns.

Conduct scalp and hair therapies for hair fall, thinning, and overall scalp health.

Monitor treatment outcomes, maintain accurate records, and adjust therapy plans as needed.

Educate clients on aftercare and homecare products to enhance treatment results.

#### **Products worked with:**

Dr. Bartas Product.

**June 2022 - December 2022 - Beauty Therapist** at Tasta, Pune, India, (5 Star Hotel Spa)

#### **Duties included:**

Perform a variety of facial treatments (cleansing, exfoliation, extraction, hydration, anti-aging) tailored to client needs.

Provide hair treatments such as deep conditioning, scalp massage, hair spa, dandruff and damage repair therapies.

Deliver manicures, pedicures, nail shaping, cuticle care, and polish application.

Offer basic skin services like scrubs, packs, and relaxing facial massages.

Conduct client consultations to assess skin, hair, and nail concerns and recommend suitable treatments.

Ensure high standards of hygiene, sterilization of tools, and cleanliness of the salon area.

Maintain knowledge of beauty products, advise clients on suitable homecare, and promote salon services.

Provide excellent customer service to enhance client satisfaction and loyalty.

#### **Products worked with:**

skin and hair care product.

**February 2021 - April 2022 - Beauty Therapist** at freelancer, AURANGABAD, India, (Home/Mobile)

#### **Duties included:**

Provide professional haircuts and basic hair treatments tailored to client preferences.

Perform a variety of facial treatments (cleansing, exfoliation, hydration, glow, anti-aging) using VLCC skin care products.

Deliver manicures and pedicures, including nail shaping, cuticle care, polishing, and hand/foot massage.

Conduct client consultations to understand skin, hair, and nail concerns, recommending suitable VLCC homecare products.

Ensure high standards of hygiene, sanitization of tools, and cleanliness of the work area during home/freelance visits.

Build long-term client relationships by offering personalized beauty advice and excellent customer service.

Manage appointments, product stock, and payments independently as part of freelancing responsibilities.

#### **Products worked with:**

VLCC product.

#### **Education and Qualifications:**

##### **2025 London wellness academy.**

Degree- London wellness academy.

During my training at London Wellness Academy, I specialized in Beauty Therapy and Spa Operations for the cruise ship industry, where I learned to deliver luxury facials, body treatments and skin care services to an international clientele. The program also focused on product knowledge and retail sales (Elemis) guest consultation skills, and the importance of professional grooming and spa etiquette. In addition to core beauty therapy, I was trained in a range of holistic and wellness treatments such as Indian Head Massage, Aromatherapy, Hot Stone Massage, Facial, body scrubs, and wraps, each certified with additional modules. The academy also prepared me for the unique demands of shipboard life, including discipline, teamwork, safety, and adapting to long working hours. By the end of the program, I was awarded the London Wellness Academy Certificate, confirming my readiness to work as a professional Beauty and Spa Therapist at sea, with strong technical expertise, customer service skills, and sales ability.

##### **2022 vlcc**

Diploma, SPA, Advance Certification.

VLCC

##### **2019 BAMU**

Bsc. in Science.

##### **2016 Dnyanesh Vidya Mnadir**

SSC

#### **Product Training:**

**March 2025**

##### **Train in one spa world from the Elemis brand.**

London Wellness Academy, at Hyderabad, Telangana, India.

Practical Skills: Massage, facials, body treatments.

Customer Service: How to deliver luxury-level service to international cruise guests.

Sales Training: Product knowledge (Elemis), consultation techniques, and upselling methods.

Ship Life Prep: Discipline, long working hours, teamwork, cabin sharing, and adapting to cruise ship culture.

Professional Grooming & Conduct: Appearance standards, hygiene, and behavior expected onboard.

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## **Vocational Qualifications**

MBA in market research.

## **Hobbies and Interests**

Reading, Exploration.

CV created at [www.spastaff.com](http://www.spastaff.com)

