

Curriculum Vitae

Male

D.O.B. 19 August 1973

Number of years working in industry:

15 years 9 months



Candidate ID Number: 194132

Nationality: Canadian, Lebanese

Language Skills:

Fluent: English, Arabic

Permitted to work in: Lebanon, Canada

Position Sought: Treatment Manager / Spa Trainer, Massage Therapist, Fitness Professional

Personal Statement

PROFESSIONAL PROFILE

A highly experienced and versatile Massage Therapist with over 18 years of international experience in Canada and the Middle East. Expert in providing a comprehensive range of therapeutic and relaxation massage treatments, enhanced by advanced training in osteopathic techniques, cupping, and micro-needling. Dedicated to delivering a exceptional, personalized guest experience in a luxury spa environment, promoting deep relaxation, rejuvenation, and holistic well-being. Proven ability to assess client needs and recommend ideal treatment journeys.

Seeking work in national and international locations and cruise ships

Employment History:

March 2025 - Present - Massage Therapist at (most recent employer hidden for confidentiality) Lethbridge, AB, Canada, (Hospital / Medical Clinic)

Duties included:

Massage Modalities: Deep Tissue Massage, Therapeutic Massage, Swedish/Relaxation Massage, Aromatherapy Massage, Sports Massage, Hot Stone Massage.

Advanced Techniques: Osteopathic Manipulation, Myofascial Release, Myofascial Cupping, Craniosacral Therapy, Manual Lymphatic Drainage, Prescriptive Stretching

Aesthetic & Wellness: Microneedling / Collagen Induction Therapy, Wellness Consulting, Yoga Instruction

Client Service: Client Assessment, Treatment Customization, Luxury Guest Experience, Aftercare Guidance

Products worked with:

Masters oils and gels

December 2019 - February 2025 - Massage Therapist at Lifemark, Meadow Lake , SK, Canada, (Hospital / Medical Clinic)

Duties included:

Applied advanced clinical skills in a wellness clinic setting, treating complex client conditions through integrated massage and osteopathic techniques.

Utilized specialized methods including craniosacral therapy, visceral manipulation, and cupping to address pain and promote holistic health.

Products worked with:

Massage oils and Gel

January 2010 - September 2019 - Massage Therapist at Str8Back Well-Being-Centre, Aley, Mount Lebanon, Lebanon, Lebanon, (Hospital / Medical Clinic)

Duties included:

Delivered a wide array of massage and body treatments to a discerning clientele, ensuring a premium, five-star wellness experience.

Conducted thorough client consultations to understand individual concerns and goals, customizing each treatment for optimal relaxation and therapeutic benefit.

Developed personalized long-term wellness plans for clients, incorporating massage, stretching, and lifestyle advice, fostering loyalty and repeat business.

Products worked with:

Massage Oils, Massage Gels

Cupping Tools

Education and Qualifications:

2025 CIS

Diploma

Natural health consultant

2025 Startford Career Institute

Diploma

Natural Health Consultant

2024 Manual Osteopathic College of Canada

Diploma

Manual Osteopathi Practitioner

2007 MH Vicars, Edmonton, AB, Canada

Diploma

Massage Therapy

2023 Manual osteopathic College of Canada

Osteopathic Manual practitioner 85/100

2007 MH Vicars

Massage therapy Diploma 80/100

Product Training:

March 2022

Manual Osteopathic Practitioner Diploma

Manual Osteopathic College of Canada

Lloydminster, AB, Canada

Osteoarticulation

Myofacial Remodelling

Craniosacral Theraph

involuntary Mechanism

Visceral Manipulation

August 2021

Facilitated Stretching, 2021

Canada

All Muscle groups stretching

December 2020

Microneedling and collagen induction therapy Technician

CLAM Canada

Saskatoon

Apply Microneedling and collagen induction

August 2020

- Myofacial Cupping, 2020

Regina, SK, Canada

Myofascial Cupping Therapy

June 2007 Remedial Massage

MH Vicars, Edmonton, AB, Canada

Swedish Technique

Deep Tissue Technique

Joint Mobilisation

Relaxation Massage

Hydrotherapy

Vocational Qualifications

first responder, a medical emergency Responder, a firefighter with the city of Meadow Lake's fire department.

Hobbies and Interests

soccer

swimming

CV created at www.spastaff.com

SPA STAFF. COM
