

# Curriculum Vitae

**Female**

**D.O.B. 29 April 1996**

**Number of years working in industry:**

**7 years 5 months**



**Candidate ID Number:** 193722

**Nationality:** Kenyan

**Language Skills:**

Fluent: English

Basic: Spanish

**Permitted to work in:** Kenya

**Position Sought:** Massage Therapist, Holistic Therapist

## Personal Statement

I am ambitious and driven. I thrive on challenges and constantly set goals for myself, so I have something to strive toward. I'm not comfortable with settling, and I'm always looking for an opportunity to do better and achieve greatness

Seeking work in international locations and cruise ships

## Employment History:

**July 2025 - Present - Massage Therapist** at (most recent employer hidden for confidentiality) NAIROBI, Kenya, (5 Star Hotel Spa)

### Duties included:

Assisted guests with retail product selections to support long-term health goals.

Assessed client needs to select appropriate treatment.

Gathered health history and discussed procedures with clients to reduce liability.

Offered customized massage services to build thriving referral business.

Created tailor made spa treatments for clients.

Maintained clean and organized work environment, ensuring a safe and inviting space for clients.

Participated in professional development workshops to learn new massage techniques and industry best practices.

Promoted additional services offered by the facility to increase client satisfaction and retention rates.

Assisted senior therapists in delivering high quality massage services .

Gained hands on experience in various massage techniques.

### Products worked with:

ELEMIS

THERAVINE

**Career Break** - I WENT BACK TO SCHOOL TO GET MY INTERNATIONAL CERTIFICATE

**September 2018 - August 2025 - Massage Therapist** at INFINITY SPA AND WELLNESS, NAIROBI, Kenya, (Day Spa)

**Duties included:**

Providing massage treatments: Delivering various massage techniques (e.g., Swedish, deep tissue, hot stone) to guests.

Consultation and assessment: Consulting with guests to understand their needs and preferences, and assessing any contraindications (e.g., allergies, pregnancy).

Creating a relaxing environment

Maintaining cleanliness and hygiene

Following safety protocols

Recommending additional services

Providing excellent customer service

Promoting the benefits of massage

Maintaining client confidentiality

Assisting with spa operation such as laundry, inventory, or assisting with other treatments.

**Products worked with:**

THERAVINE PRODUCTS

**Education and Qualifications:**

**2024 Alison Caroline International Institute**  
certificate

certificate in reflexology

**2024 ALISON CAROLINE INTERNATIONAL INSTITUTE**  
DIPLOMA IN ANATOMY AND HOLISTIC MASSAGE  
DISTINCTION

**Product Training:**

**August 2025**      **elemis and Thera Vine**

I was trained at J W Marriott , Nairobi Kenya by the spa manager MS Charity Wanjiku

Thera vine hydrating face wash and cream :A silky textured cream cleanser which gently removes make-up and dirt, whilst its emollient leaves the skin looking supple and soft.

**Vocational Qualifications**

gardening

first aid

## Hobbies and Interests

volunteering, creative writing, learning new languages like spanish

CV created at [www.spastaff.com](http://www.spastaff.com)

