

# Curriculum Vitae

**Female**

**D.O.B. 03 April 1961**

**Number of years working in industry: 18 years 7 months**

**Candidate ID Number:** 19246

**Nationality:** British, Antiguans

**Language Skills:**

Fluent: English

**Permitted to work in:** Antigua and Barbuda, UK - United Kingdom

**Position Sought:** Massage Therapist, Holistic Therapist, Sports massage

## Personal Statement

I love working with people in a therapeutic environment. It is very rewarding and interesting working with the human body in its various states of health, fitness and injury.

I work well with people because I am interested in them and in providing a quality service.

Seeking to work in the UK, Antigua and Barbuda, International Locations and Cruise Ships

## Employment History:

**September 2013 - Present - Senior Therapist** at (most recent employer hidden for confidentiality) London, UK - United Kingdom, (Home/Mobile)

### Duties included:

Providing Shiatsu chair massage to members of the public attending different Heath and Wellbeing events.

These events are ongoing and occur every few months.

**July 2007 - December 2013 - Head Therapist** at London Maccabi Lions, London, UK - United Kingdom, (Home/Mobile)

### Duties included:

Pre match strapping and taping, Massage, General consultation.

Pitch side First Aider

Player health and safety/wellbeing - pre and post match.

## Products worked with:

Different brand names -Strappings, K tape, Bio freeze, Deep heat.

## Education and Qualifications:

**2014 Sports Rehab and Education Glasgow**

Diploma

I am currently studying on a distance learning Sports Therapy Diploma course.

I have to attend college at different times every few months but dates when I have to attend are flexible.

## **2012 Walk In Back Rub**

Diploma

Shiatsu Chair massage

## **2009 Football association school of excellence, Lilleshal**

Diploma (Part A) Treatment and management of football injuries.

## **2008 St Marys University, Twickenham**

ITEC Diploma in Therapeutic Massage Level 3

ITEC Diploma in Sports Massage Level 3

## **Vocational Qualifications**

I have had a first aid qualification for the last ten years.

I worked as a gym instructor doing inductions in various gyms. I now have L2 but that is do lead me onto doing my GP Exercise Referral qualification. My exam for that is in a few weeks.

## **Hobbies and Interests**

In 2001 i worked as an Outdoor Education Youth Worker. During this time I gained qualifications in underground exploration and in supervising groups on Sandstone (rock climbing).

In my football career I accompanied a youth team to Spain and also to Sweden for international Youth tournaments.

I worked with an all Jewish football tema from 2007 until December 2013. During that time my team won the league in 2009 then again in 2013.

My current desire is to get fit for an adventure race.

CV created at [www.spastaff.com](http://www.spastaff.com)

