

Curriculum Vitae

Female

D.O.B. 15 December 1983

Number of years working in industry:

3 years 1 month



Candidate ID Number: 19203

Nationality: Italian

Language Skills:

Fluent: English, Italian

Good: Hindi, Spanish

Permitted to work in: European Union, Cuba, UK - United Kingdom

Position Sought: Spa Consultant, Regional Senior Manager, Spa Director, Spa Manager, Salon Manager, Spa Coordinator, Assistant Manager, Head Therapist, Treatment Manager / Spa Trainer, Senior Therapist, Massage Therapist, Holistic Therapist, Complementary Practitioner, Complementary Therapist, Yoga / Pilates Teacher, Receptionist, Retail Professional, Spa & Ayurveda Therapist, Massage Therapist, Holistic Therapist, Yoga Teacher

Personal Statement

I am experienced and have good knowledge of treatments and therapies I am multitasked hard working reliable I like to learn new things and to improve in the work field I am a good team worker good at listening and taking care of colleagues and costumers and I genuinely like working in the Holistic & Spa field.

I am willing to relocate for work in Europe and also in Asia I am seeking employment willing to work for Resorts, Hotels, Beauty Saloon, Spas, Health Wellness Centers, Holistic & Ayurveda Centres.

Also seeking work in international locations and on cruise ships.

Contact e-mail eva_vittoria@hotmail.co.uk

Employment History:

February 2014 - February 2015 - Massage Therapist at (most recent employer hidden for confidentiality) UK, UK - United Kingdom, (High Street Salon)

Duties included:

Assisting and Managing Saloon, Reception duties, Welcoming costumers and Performing treatments, Giving health advice and Selling health & beauty products.

Products worked with:

Assisting the manager with all general tasks Salon Management and administration

Assisting the Therapist and the Guests

Spa receptionist duties

Making sure all runs at the best and we provide quality service

Performing Spa and Ayurveda Therapies

Spa Supervisor

January 2011 - February 2013 - Holistic Therapist at Nirvana Spa and Health Center, Italy, Italy, (Day Spa)

Duties included:

Performing Spa and Ayurveda Therapies

Spa Saloon Receptionist duties Answering calls making Bookings.

Keep details of stock of Spa products and managing payments.

Welcoming guests and Assisting the Spa Manager.

Advice and Sales of Spa and Health products.

Products worked with:

Only worked with Natural products used in Ayurveda .

Also very familiar with Elemis Spa products and Aveda products.

I can perform: Spa Theraphyes and Ayurvedic Therapies such as Body wraps & Scrubs, facials, Ayurvedic manicure and pedicure, Ayurvedic massages and treatments Abhyangam Shirodhara Nasyam etc... Rituals, Massages such as Shiatsu , Deep tissue, Swedish, Anticellulite, Reflexology, Relaxation Hawaiian Lomi Lomi,Maternity Pregnancy massage, Aromatherapy, Reiki and Healing,Yoga & Meditation teachings etc.... Also can perform basic natural Ayurvedic beauty treatments.

Education and Qualifications:**2025 Institute of Spa and Ayurveda**

Degree Diploma

Spa Therapy and Ayurveda Therapy

All Spa Therapies

Wide range of Massages treatments,

Body wraps and Body scrubs,

Facial massage and facial treatment,

Acupressure,Shatsu, Bamboo Massage, Swedish Massage, Deep tissue Massage,Lomi Lomi Massage,Reflexology, Relaxation Massage, Aromatherapy, Hot Stone Massage, Head massage, Reiki, Crystal Healing Therapy,

Ayurveda Therapies

Ayurvedic Massages Treatments

Ayurvedic Medicated Oil Massages Padabhyanga Massage,Marma Massage

Udwarthana Massage,Kati Basti,

Shirodara Massage Treatment, Abyangam, Nasyam Treatment,

Panchakarma Massage, Meditation, Ayurvedic Nutritionism Detox Treatments Diet.

2014

Spa Therapy and Ayurveda Therapy

2014 Global Spa Institute and Ayurveda

Certified in Spa therapy & Ayurveda therapy

Study and Training in Asia

Spa Theraphy Level 3 and Ayurveda Theraphy Certifications

Approved by Goverment

1999 Higher College**1999 High School College**

High School College passed all levels

Very Good Education

Product Training:

**March
2014**

Global Spa Accademy India

Spa treatments and Ayurveda treatments therapies.

Spa treatments such Natural oriental manicure and pedicure, facials, body scrub and body wraps, different types of massages such as deep tissue, shiatsu, thai massage, lymphatic drainage massage, lomi lomi, reflexology, relaxation massage, aromatherapy etc...

**November
2012**

Spa Therapist and Ayurveda Therapist

I have been trained in the Spa and Ayurvedic institute abd by the company that i worked for i have done study and training in Asia.

Body Wraps and Scrubs, Facials, Ayurvedic Manicure Pedicures, Aromatherapy, Baths, Rituals, Massages, Lymphatic drainage, Thai, Hawaian Lomi Lomi, Shiatsu, Swedish, Reflexology, Relaxation Massage, Hot Stone Massage, Deep Tissue Massage, Aromatherapy, Ayurvedic Massage and Treatments Abhyangam, Shirodhara, Nasyam, Zen Meditation Yoga etc...

Vocational Qualifications

Yoga Instructor Teacher

Hobbies and Interests

Travelling, Arts, Creativity, Painting, Yoga, Natural Lifestyle, Vegan diet, Holistic Lifestyle, Dancing, Caring of animals, Healthy lifestyle, Gardening, Horticulture, Natural Lifestyle, Spending time in natural environment.

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