

Curriculum Vitae

Male

D.O.B. 26 January 1983

Number of years working in industry: 4 years 7 months

Candidate ID Number: 191733

Nationality: Indian

Language Skills:

Fluent: English, Hindi , Bengali

Good: Punjabi

Permitted to work in: Oman, India

Position Sought: Assistant Manager, Fitness Professional, Fitness manager / personal trainer

Personal Statement

I have a 20 years experience with a unique blend of customer service and Fitness making me able to excel in all environments due to a better client handling capability. I have experience, I am skilled and I am hyper motivated to prove myself to a bigger and better employer to be able to give my time, loyalty, work hard and grow and be able to succeed in my career and prove my worth to the highest levels of this industry and keep upgrading myself as a person throughout this journey

Seeking work in international locations

Employment History:

July 2021 - Present - Personal trainer at (most recent employer hidden for confidentiality) Muscat, Oman, (Health Club)

Duties included:

Conduct personalized fitness assessments and develop tailored training programs.

Deliver one-on-one and group sessions, ensuring safety and motivation.

Track client progress and adjust programs to optimize outcomes.

Products worked with:

n/a

Career Break - Freelancing

Education and Qualifications:

2019 American council on exercise

ACE certified Personal trainer

Personal training/ transformation

2003 Delhi university

Hobbies and Interests

Artwork - Sketching Painting model making,

Singing

CV created at www.spastaff.com

