

# Curriculum Vitae

Male

D.O.B. 07 February 1999

Number of years working in industry:

10 years 0 months



**Candidate ID Number:** 191327

**Nationality:** Georgian

**Language Skills:**

Fluent: English

**Permitted to work in:** Georgia

**Position Sought:** Fitness Professional

## Personal Statement

Seeking work in international locations

## Employment History:

**July 2015 - July 2025 - Fitness Professional** at (most recent employer hidden for confidentiality) Kuwait, Kuwait, (5 Star Hotel Spa)

### Duties included:

Personal trainings

Group Trainings

### Products worked with:

I have worked with Different luxury hotels and gyms

**July 2016 - March 2025 - Fitness Professional** at gym and luxury hotels, Middle east, Georgia, (5 Star Hotel Spa)

### Duties included:

Personal Training

Fitness Coaching

Group HIIT Instruction

Strength and Conditioning

Periodization Programming & functional training

Nutrition Planning & Macro tracking

Body Composition Analysis

Fat-loss & Muscle development coaching

Client Progress Tracking

Wellness Promotion and Habit Building

**Products worked with:**

fitness

**Education and Qualifications:****2022 Bachelor's degree**

Bachelor's degree

physical education

**2022 Tbilisi Georgia**

Bachelor's degree

physical education and sports

**2022 Georgian state teaching university of physical education and sportd****Hobbies and Interests**

Bodybuilding

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