

Curriculum Vitae

Male

D.O.B. 07 February 1999



Number of years working in industry:

10 years 0 months

Candidate ID Number: 191327

Nationality: Georgian

Language Skills:

Fluent: English

Permitted to work in: Georgia

Position Sought: Fitness Professional

Personal Statement

Seeking work in international locations

Employment History:

July 2015 - July 2025 - Fitness Professional at (most recent employer hidden for confidentiality) Kuwait, Kuwait, (5 Star Hotel Spa)

Duties included:

Personal trainings

Group Trainings

Products worked with:

I have worked with Different luxury hotels and gyms

July 2016 - March 2025 - Fitness Professional at gym and luxury hotels, Middle east, Georgia, (5 Star Hotel Spa)

Duties included:

Personal Training

Fitness Coaching

Group HIIT Instruction

Strength and Conditioning

Periodization Programming & functional training

Nutrition Planning & Macro tracking

Body Composition Analysis

Fat-loss & Muscle development coaching

Client Progress Tracking

Wellness Promotion and Habit Building

Products worked with:

fitness

Education and Qualifications:**2022 Bachelor's degree**

Bachelor's degree

physical education

2022 Tbilisi Georgia

Bachelor's degree

physical education and sports

2022 Georgian state teaching university of physical education and sportd**Hobbies and Interests**

Bodybuilding

CV created at www.spastaff.com

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