

Curriculum Vitae

D.O.B. 21 May 1990

Number of years working in industry:

14 years 11 months



Candidate ID Number: 19083

Nationality: Spanish

Language Skills:

Fluent: Spanish

Good: English

Basic: Basque

Permitted to work in: European Union, Iceland, UK - United Kingdom

Position Sought: Massage Therapist, Holistic Therapist

Personal Statement

My best achievement is having come to London on my own two years ago and have been able to combine work, studies enjoying all of them, and want to keep developing in this area.

I describe myself as someone who likes to do constantly something in long term, who likes challenges. I prefer to listen rather than speak, to do than not to do.

I feel passion for massage and natural therapies and all steps I am giving are to offer the best therapy service to promote the client wellbeing.

Employment History:

September 2013 - Present - Massage Therapist at (most recent employer hidden for confidentiality) London, UK - United Kingdom, (Home/Mobile)

Duties included:

- Move to the client's home (if not at Ithaca House-INUF)
- Set up the therapy room before the treatment and tidy up after it.
- Complete the client's clinical assessment and clinic history.
- Perform consecutive massages.
- Provide advice to different client's health concerns.

Career Break - Training in London and working in other jobs

March 2011 - January 2012 - Holistic Therapist at Self employed, Vitoria-Gasteiz, Spain, (Home/Mobile)

Duties included:

- Move to clients' home and set up the space before the treatment and tidy up after it.
- Complete the client's clinical assessment and case history.
- Perform consecutive massages.
- Provide advice to different client's health concerns.

Career Break - Training - industry-related

Education and Qualifications:

2014 GatewayWorkshops

Diploma

Hot&Cold Stones Massage

2014 GatewayWorkshops

Diploma

Spa Treatments/Body Wraps/Brushing/Exfoliation

2014 London College of Massage

Diploma

Indian Head Massage

2013 London College of Massage

Diploma (450h)

Deep Tissue Massage Therapist

2011 Escuela Universitaria de Enfermeria de Vitoria-Gasteiz

Subject in nursing degree

Reflexology, Holistic Massage, Relaxation Techniques

2008 Miguel de Unamuno

- Secondary School
- Bachelor's Degree

2002 Miguel de Cervantes

- Primary School

Vocational Qualifications

- Nurse NVQ 4
- Nutrition
- Palliative care
- Caring yourself, all an experience
- How to improve your self esteem
- Anxiety and stress: What they are and how to handle them.
- First Aid Pharmacology
- Moving & Handling
- IT skills: internet, word, excell, power point, windows.
- Graphic design

Hobbies and Interests

- Swimming
- Pilates
- Painting
- Photography
- DIY
- Gardening
- Listening music, all types
- Nature
- cooking
- Discover new places, food, culture...

CV created at www.spastaff.com



