

Curriculum Vitae

Male

D.O.B. 21 September 1990

Number of years working in industry:

7 years 4 months



Candidate ID Number: 189611

Nationality: Peruvian

Language Skills:

Fluent: English, Spanish, French

Good: Chineses

Basic: Italian

Permitted to work in: Peru

Position Sought: Spa Consultant, Spa Manager, Spa Co-ordinator, Head Therapist, Treatment Manager / Spa Trainer, Senior Therapist, Massage Therapist, Holistic Therapist, Complementary Therapist, Spa Therapist

Personal Statement

I am a multicultural therapist passionate about integrative wellness, disciplined and committed to excellence. My current goal is to expand therapies that combine advanced technology with ancestral wisdom, creating a real impact on people's quality of life.

Seeking work in international locations and cruise ships

Employment History:

November 2024 - Present - Therapist Wellness & Aesthetics at (most recent employer hidden for confidentiality)
Lima, Peru, (Health Club)

Duties included:

- Neuromuscular therapy and emotional stress management using Chinese acupressure, Japanese Ashiatsu, and Traditional Thai massage techniques, integrating therapeutic CBD cannabis oil and devices from Therabody, Compex, and Chattanooga.
- Localized fat reduction through non-invasive protocols focused on decreasing adipose tissue.
- Geriatric assisted-movement therapy with virtual reality, aimed at improving motor skills, coordination, and emotional well-being.
- Pediatric sports therapy focused on enhancing physical performance through techniques that strengthen mobility, strength, and endurance.
- Regenerative facial, skin therapy, centered on collagen stimulation using high-precision radiofrequency and ultrasound.
- Therapy for facial paralysis, asymmetry, and neuromuscular weakness.

Products worked with:

Therabody, Chattanooga, Compex.

February 2024 - July 2024 - Sport Therapist at khgema Nuanjun pool villa gallery resort, Pattaya, Thailand, (5 Star Hotel Spa)

Duties included:

- Muscle recovery therapy for Muay Thai fighters and active guests in a wellness resort setting.
- Focused on therapeutic Thai massage, wood therapy, and deep tissue techniques.

Products worked with:

Maderotherapy, Thai Herbal Medicine, Cupping

Career Break - Traveling

October 2020 - July 2022 - Health and Wellness Consultant at Mongroup Logistics, Lima, Peru, (College)

Duties included:

- Led the implementation of corporate health protocols during the COVID-19 pandemic.
- Oversaw occupational safety and wellness strategies to enhance employee performance.
- Successfully coordinated health campaigns and preventive care workshops, resulting in a 30% increase in employee engagement and a noticeable reduction in stress-related absenteeism.
- Developed personalized wellness plans integrating traditional and modern approaches, improving team productivity and workplace morale.

Products worked with:

n/a

Career Break - Traveling

June 2017 - November 2019 - Skin Clinic Therapist at Suzhou Saint Love Hospital of Medical Aesthetics, Suzhou, China, (Skin Clinic)

Duties included:

Advanced Aesthetic and Therapeutic Procedures:

- Thermage: radiofrequency therapy for deep collagen regeneration and skin tightening.
- Doublo HIFU: non-invasive microlifting using high-intensity focused ultrasound.
- DermaShinePro: advanced skin revitalization through microinjection technology.
- CoolSculpting: cryolipolysis for targeted body fat reduction and contouring.
- PicoWay: cutting-edge laser treatment for skin rejuvenation and tattoo removal.
- Chinese cupping therapy: post-surgical recovery support and detoxification.
- Manual lymphatic drainage: stimulation of the lymphatic system for improved circulation and reduced inflammation.
- TENS electrotherapy: neuromuscular stimulation for facial paralysis and muscle re-education.

Products worked with:

Thermage FLX, HIFU Duoblo, Dermashine Pro, Syneron Candela, PicoWay, Coolsculpting, Skinmedica, Allergan, Solta Medical, Science Serum.

Career Break - Traveling

June 1950 - December 1951 - Spa Consultant at i cant delete this, Lima, Peru, (5 Star Hotel Spa)

Duties included:

i cant delete this

Products worked with:

i cant delete this

June 1950 - June 1951 - Spa Consultant at i cant delete this, i cant delete this, Philippines, (5 Star Hotel Spa)

Duties included:

i cant delete this

Products worked with:

i cant delete this

Education and Qualifications:

2024 Zhongfang Pure Chinese Medicine Hospital. Hunan, China
Certificate

Completed medical studies on the Traditional Chinese Medicine

Specializing on:

Theory of Traditional Chinese Medicine,

Traditional Chinese Cupping,

Traditional Chinese Acupuncture,

Traditional Chinese Massage.

2019 Training at Shanghai East International Medical Center, China
Certificate of Training

Specialized training in aesthetic technologies, including radiofrequency, laser, and intense pulsed light (IPL) for facial rejuvenation, laser hair removal, body contouring, and skin texture improvement. Focused on safe, personalized protocols and visible results supported by medical-grade technology.

2018 Training at Wuxi Aesthetic Hospital, China
Certificate of Completion

Specialized training in the safe and effective application of non-invasive cryolipolysis protocols for localized fat reduction. Skilled in the technical operation of the device and in designing personalized body contouring plans, focused on visible results and improved body shape while preserving skin integrity.

2024 WatPho Thai Medical School
Certificate of Nuad Thai for Health

2021 Centrum PUCP
Diploma of Marketing Management

Product Training:

August 2024 **Certificate in Chinese Traditional Medicine**

Zhongfan Chinese Medicine Hospital

Completed medical studies on the Traditional Chinese Medicine.

specializing on:

Theory of Traditional Chinese Medicine,

Traditional Chinese Cupping,

Traditional Chinese Acupuncture,

And Traditional Chinese Massage.

July 2024 Nuad Thai for Health

Watpo Thai Medical School

Thai Stretching, Therapeutic Massage & Herbal Health Practices

January 2019 Laser Treatment

Syneron Candela

Specialized training of aesthetic technologies, including radiofrequency, laser, and intense pulsed light (IPL) for facial rejuvenation, laser hair removal, body contouring, and skin texture improvement. Focused on safe, personalized protocols and visible results supported by medical-grade technology.

June 2018 Body Contouring

Coolsculpting by Zeltiq

Specialized training in the safe and effective application of non-invasive cryolipolysis protocols for localized fat reduction. Skilled in the technical operation of the device and in designing personalized body contouring plans, focused on visible results and improved body shape while preserving skin integrity.

Vocational Qualifications

I have worked as a Strategic Marketing Director for an art company in Beijing, as a Humanitarian Data Support Officer in Geneva, Switzerland, and as a Global Cultural Relations Coordinator for the Embassy of Peru in China. Additionally, I served as an Administrative Support Assistant at the Consulate of Peru in Geneva.

Hobbies and Interests

Passionate about dance and a performer of Latin dances since childhood. In my free time, I create personal art projects and have exhibited my own artwork in China. I enjoy advertising design as a creative outlet and love reading about new therapies, innovative methods, and scientific advances in health and wellness.

CV created at www.spastaff.com

