

Curriculum Vitae

Female

D.O.B. 28 April 1977

Number of years working in industry: 28 years 7 months

Candidate ID Number: 18861

Nationality: Welsh, British

Language Skills:

Fluent: English

Permitted to work in: European Union, UK - United Kingdom

Position Sought: Head Therapist, Beauty Therapist, Massage Therapist

Personal Statement

I am a very positive happy person, I believe I love life and my career and have a unique passion for my career and life. My time in South East Asia taught me a lot about materialistic things and how unimportant they are. I learnt a lot in my time travelling and it made me the person I am today. I believe I would be an asset to any team or company.

Seeking to work in international Locations

Employment History:

April 2011 - Present - Beauty Therapist at (most recent employer hidden for confidentiality) Cardiff, UK - United Kingdom, (Skin Clinic)

Duties included:

At present I work at this clinic three days, where I generally tend to be fully booked with repeat clients. We offer a wide range of holistic and beauty treatments from hot stone aromatherapy massage to manicures, pedicures and extensive waxing. My role involves meeting and greeting clients, stock take, all aspects of beauty therapy and daily cashing up. We offer a very high standard of treatments here at ener-chi and have a very productive team.

Products worked with:

I am currently working with Dr Hauschka, Eminence, Caudalie and Elemis. I have experience with Thalgo, Guinot, Phytomer, Sothys, MD Formulations, Dermalogica, Caci, and many more.

April 2008 - Present - Beauty Therapist at Park Plaza Hotel Laguna Health Spa, Cardiff, UK - United Kingdom, (5 Star Hotel Spa)

Duties included:

I have worked at this prestigious hotel for over five years now. I started here as a spa therapist working in a large spa environment with eight treatment rooms and a large relaxation room. We offer a full range of Elemis treatments face and body which I am fully trained in. We also offer all Dermalogica treatments and some of our own designed hot stone treatments. I now work here one day where I am more involved with the day to day running of the spa, spa reception and bookings, hotel liaison for spa weekend breaks and daily banking and reports. We aim to make sure every guest and customer has a haven from the city from the moment they arrive right through to departure.

Products worked with:

Elemis

Dermalogica

November 2005 - March 2008 - Beauty Therapist at TLC Hair and Beauty, Manchester, UK - United Kingdom, (High Street Salon)

Duties included:

TLC is a very busy town salon ,Duties here were all aspects of beauty, I carried out a lot of beauty treatments here such as waxing, manicures and pedicures. Other responsibilities included reception, cashing up and stock take.

June 2003 - October 2005 - Spa Therapist at Bedruthan Steps Hotel, Cornwall, UK - United Kingdom, (Hotel Spa)

Duties included:

At this very busy family hotel I was the senior therapist, we worked to a high level of standard and offered the guest a high level of all elemis treatment from very early in the morning to late at night to allow mum and dads time out from the children. Other duties included staff rotas, cashing up, day to day cleansing of the spa, and the treatment rooms and promoting treatments to the guests.

October 2001 - May 2003 - Spa Therapist at Beauty and the East, The Channel Islands, UK - United Kingdom, (5 Star Hotel Spa)

Duties included:

As a spa therapist here we performed all aspects of elemis treatments, again a very high standard of service and I believe as one of my first jobs in the spa environment I learnt a lot from this position.

July 2001 - October 2001 - Beauty Therapist at David Jones, Australia, Australia, (High Street Salon)

Duties included:

I was very fortunate to gain experience in the spa and salon environment in my short stay in Australia this salon was situated in a department store. The salon offered most decleor treatments and MD formulations. I believe I gained and grew as a therapist with my time here.

June 1995 - September 1999 - Beauty Therapist at The feet and face place, Cardiff Centre, UK - United Kingdom, (High Street Salon)

Duties included:

My very first role in the beauty industry, I learnt a great deal here, I was able to get treatments polished and treatment times effective to be cost effective to a business. Duties included all aspects of beauty therapy.

Education and Qualifications:

1998 in house training

diploma

Indian head massage, reiki basic level

1995 Coleg glan hafren

NVQ level two and three beauty therapy

Aromatherapy diploma

Hairdressing NVQ level 2 and 3

1993 Bishop of Llandaff high school

eight GCSEs obtained

Product Training:

October 2010 Dermalogica

In house at park plaza hotel Cardiff
dermalogica intensive face and body

June 2006 Thalgo

Manchester England
Thalgo marine face and body

July 2002 Elemis

Elemis institute Harrow England
Elemis training in face body and exotics

September 1997 Phytomer ,sothys and md formualtions

phytomer -st Malo institute France Sothys- head office London md formulations - in house
phytomer intensive training at the institute in St Malo France face and body
Sothys facial training at London based office
Md formualtions in house at my place of work the feet and face place Cardiff

Vocational Qualifications

Premier spa salon system

Hobbies and Interests

I love life, My passion is to travel I spent two years in my twenties travelling South East Asia and Australia within this time I became very interested in the holistic side of my profession. I love to dance, I like to do salsa and also very interested in aero dancing and have been to several classes. I love to spend time with my young nephews we make cakes and pies and a lot of mess! I love my life and I believe looking for a new career challenge will only enhance this.

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