

Curriculum Vitae

Female

D.O.B. 24 May 1995

Number of years working in industry: 1 year 11 months

Candidate ID Number: 187997

Nationality: South African

Language Skills:

Good: English

Basic: Arabic

Permitted to work in: Kuwait, South Africa

Position Sought: Fitness Professional

Personal Statement

I never gave up on myself.

Seeking work in international locations

Employment History:

March 2024 - Present - Fitness Professional at (most recent employer hidden for confidentiality) Kuwait , Kuwait, (Health Club)

Duties included:

I'm a personal trainer and a group class instructor

Products worked with:

E'Spa, Pevonia, Guinot and Elemis

Education and Qualifications:

2022 HFPA

Certificate

Personal Training

Product Training:

May 2025 Personal Training

HFPA Academy

I train myself to maintain fitness standards, and I watch videos to refresh my memory, go to work shops

Vocational Qualifications

First Aid, computer skills

Hobbies and Interests

Reading, swimming, dancing, training, cooking, music and art

CV created at www.spastaff.com

