

# Curriculum Vitae

**Female**

**D.O.B. 24 May 1995**

**Number of years working in industry: 1 year 11 months**

**Candidate ID Number:** 187997

**Nationality:** South African

**Language Skills:**

Good: English

Basic: Arabic

**Permitted to work in:** Kuwait, South Africa

**Position Sought:** Fitness Professional

## Personal Statement

I never gave up on myself.

Seeking work in international locations

## Employment History:

**March 2024 - Present - Fitness Professional** at (most recent employer hidden for confidentiality) Kuwait , Kuwait, (Health Club)

### Duties included:

I'm a personal trainer and a group class instructor

### Products worked with:

E'Spa, Pevonia, Guinot and Elemis

## Education and Qualifications:

### 2022 HFPA

Certificate

Personal Training

## Product Training:

**May 2025 Personal Training**

HFPA Academy

I train myself to maintain fitness standards, and I watch videos to refresh my memory, go to work shops

## Vocational Qualifications

First Aid, computer skills

## Hobbies and Interests

Reading, swimming, dancing, training, cooking, music and art

CV created at [www.spastaff.com](http://www.spastaff.com)

