

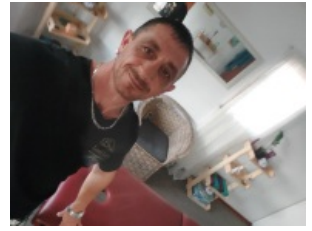
Curriculum Vitae

Male

D.O.B. 06 February 1981

Number of years working in industry:

11 years 11 months



Candidate ID Number: 186875

Nationality: South African

Language Skills:

Fluent: English, Afrikaans

Permitted to work in: South Africa

Position Sought: Assistant Manager, Senior Therapist, Massage Therapist, Holistic Therapist, Fitness Professional

Personal Statement

I am a hands-on, trustworthy, and dedicated Certified Massage Therapist with over five years of experience and a strong ability to work independently using my own initiative. My goal is to continue developing my skills while providing high-quality, client-focused care in a professional setting.

Seeking work in international locations and cruise ships

Employment History:

January 2019 - Present - Massage Therapist at (most recent employer hidden for confidentiality) Jeffreysbay, South Africa, (Day Spa)

Duties included:

I am a Certified Massage Therapist with over five years of hands-on experience, specializing in a range of techniques including Swedish massage, Deep Tissue, Lomilomi and Thai massage. My duties also included taking bookings, stock take, placing orders, cash up and locking. Passionate and dedicated to my craft, I take pride in delivering personalized, effective treatments that prioritize client well-being and satisfaction. I possess a strong sense of initiative and adaptability, and I excel both independently and as part of a team. My approach is grounded in patience, professionalism, and a genuine willingness to learn and grow.

March 2013 - January 2018 - Head Barman/Manager at @work Sports Bar/Nightclub, Jeffreysbay, South Africa, (High Street Store)

Duties included:

With over 5 years of experience as Head Bartender, I was responsible for leading a high-performing bar team in a fast-paced casino and nightclub environment. My role required strong leadership, excellent customer service, and operational oversight to ensure a top-tier guest experience.

Key Responsibilities:

- Maintained a clean, organized, and fully stocked bar, ensuring compliance with all health and safety regulations.
- Delivered exceptional customer service, contributing to high customer satisfaction and return patronage.
- Trained and supervised new bar staff on company policies, procedures, and service standards, fostering a skilled and cohesive team.
- Managed cash handling and end-of-shift reconciliation, ensuring accuracy in all transactions.

- Analyzed sales trends and adjusted promotions or product offerings to boost revenue.
- Oversaw order processing and inventory management
- Established clear communication across shifts, improving coordination and team efficiency.

This role demanded a combination of hands-on bar service and strategic thinking to maintain high service standards

Products worked with:

Worked with numerous brands consisting of spirits , liqueurs , ciders , cocktails and shooters .

Education and Qualifications:

2024 Peritum Agri South Africa

NQF Level 2

Machine Mastery John Deere

2022 Interx Health and wellness Academy

SETA Certified

Swedish massage

Deep Tissue

Aromatherapy

Lymph Drainage

Thai Yoga massage

Lomi Lomi

Indian head Massage

1997 Otto Du Plesis

Matric Grade12

Maths SG

English HG

Afrikaans HG

Vocational Qualifications

Grade C Private Security Officer

Computer Literate

Hobbies and Interests

When im not working , you can find me in the gym pumping some iron besides that i love hiking and just to keep the balance , im always up for a good series or movie

CV created at www.spastaff.com

