

# Curriculum Vitae

**Female**

**D.O.B. 27 October 1982**

**Number of years working in industry: 15 years 1 month**

**Candidate ID Number:** 18588

**Nationality:** British

**Language Skills:**

Fluent: English

**Permitted to work in:** UK - United Kingdom

**Position Sought:** Fitness Professional

## Personal Statement

Seeking to work in USA, International Locations and Cruise Ships.

## Employment History:

**March 2013 - Present - Fitness Professional** at (most recent employer hidden for confidentiality) Leicester, UK - United Kingdom, (College)

### Duties included:

- Ensuring high standards of customer service at all times
- Adhering to targets
- Providing detailed progress and performance reports
- Promoting club facilities and providing added value to membership
- Teaching classes including Spinning, Absolution and Circuits
- Providing Personal Training
- Obtaining and maintaining own client base
- Facilitating the fitness studios
- Providing fitness plans to members
- Conducting membership inductions
- Conducting equipment maintenance checks
- Liaising with both internal and external 3rd parties regarding maintenance
- Opening and Closing duties including opening and closing the club
- Cashing up and handling floats
- Overseeing the health and safety regulations

Dealing with and resolving Customer complaints

**February 2010 - April 2012 - Fitness Professional** at De Vere Group, Leicester, UK - United Kingdom, (Health Club)

**Duties included:**

- Ensuring high standards of customer service at all times
- Adhering to targets
- Providing detailed progress and performance reports
- Promoting club facilities and providing added value to membership
- Teaching classes including Spinning, Absolution and Circuits
- Providing Personal Training
- Obtaining and maintaining own client base
- Facilitating the fitness studios
- Providing fitness plans to members
- Conducting membership inductions
- Conducting equipment maintenance checks
- Liaising with both internal and external 3rd parties regarding maintenance
- Opening and Closing duties including opening and closing the club
- Cashing up and handling floats
- Overseeing the health and safety regulations

Dealing with and resolving Customer complaints

**Education and Qualifications:****2010 De Montfort University**

Business Management and Enterprise Degree BA(hons)

**2010 European Institute of Fitness**

- REP's Level 3 Personal Trainer
- Level 2Gym Instruction
- Level 2 Circuits Instructor
- Level 2 Exercise to Music
- Les Mills Instructor - RPM
- Zumba

First Aid at Work

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