

Curriculum Vitae

Female

D.O.B. 27 October 1982

Number of years working in industry: 15 years 1 month

Candidate ID Number: 18588

Nationality: British

Language Skills:

Fluent: English

Permitted to work in: UK - United Kingdom

Position Sought: Fitness Professional

Personal Statement

Seeking to work in USA, International Locations and Cruise Ships.

Employment History:

March 2013 - Present - Fitness Professional at (most recent employer hidden for confidentiality) Leicester, UK - United Kingdom, (College)

Duties included:

- Ensuring high standards of customer service at all times
- Adhering to targets
- Providing detailed progress and performance reports
- Promoting club facilities and providing added value to membership
- Teaching classes including Spinning, Absolution and Circuits
- Providing Personal Training
- Obtaining and maintaining own client base
- Facilitating the fitness studios
- Providing fitness plans to members
- Conducting membership inductions
- Conducting equipment maintenance checks
- Liaising with both internal and external 3rd parties regarding maintenance
- Opening and Closing duties including opening and closing the club
- Cashing up and handling floats
- Overseeing the health and safety regulations

Dealing with and resolving Customer complaints

February 2010 - April 2012 - Fitness Professional at De Vere Group, Leicester, UK - United Kingdom, (Health Club)

Duties included:

- Ensuring high standards of customer service at all times
- Adhering to targets
- Providing detailed progress and performance reports
- Promoting club facilities and providing added value to membership
- Teaching classes including Spinning, Absolution and Circuits
- Providing Personal Training
- Obtaining and maintaining own client base
- Facilitating the fitness studios
- Providing fitness plans to members
- Conducting membership inductions
- Conducting equipment maintenance checks
- Liaising with both internal and external 3rd parties regarding maintenance
- Opening and Closing duties including opening and closing the club
- Cashing up and handling floats
- Overseeing the health and safety regulations

Dealing with and resolving Customer complaints

Education and Qualifications:**2010 De Montfort University**

Business Management and Enterprise Degree BA(hons)

2010 European Institute of Fitness

- REP's Level 3 Personal Trainer
- Level 2Gym Instruction
- Level 2 Circuits Instructor
- Level 2 Exercise to Music
- Les Mills Instructor - RPM
- Zumba

First Aid at Work

CV created at www.spastaff.com

