

# Curriculum Vitae

Female

**Number of years working in industry: 12 years 10 months**

**Candidate ID Number:** 185648

**Nationality:** American

**Language Skills:**

Fluent: English

**Permitted to work in:** USA - United States

**Position Sought:** Head Therapist, Senior Therapist, Massage Therapist

## Personal Statement

Experienced massage therapist with 12+ years of diverse experience in both clinical and luxury settings. Skilled in serving multicultural clients in medical massage, sports massage, couples massage and body treatments. Intuitive and warm approach with strong client satisfaction and retention record. Highly adaptable, professional, self-motivated, and dependable. Strictly maintains client privacy.

Passionate about holistic well-being, client-centered care, and contributing to integrated healthcare environments. Eager to bring a curious mind and therapeutic expertise to a global team that values healing, cultural exchange, and lifelong learning.

Seeking work in international locations

## Employment History:

**November 2016 - Present - Owner** at (most recent employer hidden for confidentiality) Dallas, TX, USA - United States, (Home/Mobile)

### Duties included:

As owner of a registered massage business:

1. Client Care and Service Delivery at Chiropractor offices or mobile location:

- Perform massages tailored to clients' needs (e.g., therapeutic, sports, relaxation, medical).
- Assess client health history before treatment to customize techniques safely.
- Provide aftercare advice for optimal results and customer satisfaction.
- Maintain hygiene standards, sanitize equipment, and ensure clean linens after each session.

2. Business Operations:

- Scheduling appointments (via phone, online booking systems).
- Confirm and remind clients about appointments.
- Manage payments — accepting payments via card readers, apps like Square, CashApp and cash.

3. Marketing and Client Growth:

- Advertise services through social media, word of mouth, flyers, local wellness events, etc.
- Build a referral network with chiropractors, physical therapists, gyms, and wellness centers.
- Maintain a business website for bookings and testimonials.

4. Financial Management:

- Set rates, package deals, and promotions.

- Track income and expenses for taxes.
- File taxes (self-employed).

#### 5. Legal and Compliance:

- Maintain required massage therapy licenses and comply with state and city regulations.
- Carry liability insurance
- Use client consent forms and record-keeping for insurance and legal purposes.

#### 6. Mobile Logistics:

- Prepare portable massage equipment (massage table, oils, linens).
- Travel to client locations, factoring in drive time, parking, and setup/tear-down.

#### 7. Continuous Professional Development:

- Stay up-to-date with new massage techniques and certifications.
- Renew licenses and continuing education credits as required.
- Seek client feedback and adjust practices for better experiences.

**September 2016 - November 2016 - Massage Therapist** at Luxury Sweet Escape Spa, Plano, TX, USA - United States, (Day Spa)

#### **Duties included:**

Couples massages in tandem with another massage therapy partner

**September 2016 - November 2016 - Massage Therapist** at Massage Life Spa, Coppell, TX, USA - United States, (Day Spa)

#### **Duties included:**

Provide massage and body treatments including deep tissue, swedish, hot towels, hot stones.

**May 2016 - October 2016 - Massage Therapist** at Aspire Health, Dallas, TX, USA - United States, (Hospital / Medical Clinic)

#### **Duties included:**

Office of 1 Chiropractor. Perform 60-90 minute medical massages. Large number of senior-aged patients.

**April 2013 - May 2016 - Massage Therapist** at Coppell Wellness Center, Coppell, TX, USA - United States, (Hospital / Medical Clinic)

#### **Duties included:**

- Office of 2 chiropractors, acupuncturist, and nutritionist
- Perform 30 to 120-minute clinical massage sessions for varying demographic (aged 6 to 95) who present with differing conditions: sports, musicians, auto accidents, falls, overuse, tendonitis, bursitis, pre/post surgeries, scars, malformations, joint replacements, cancer, Parkinson's, Crohn's, IBS, Fibromyalgia, frozen shoulder, diabetes
- Greet patients and visitors, in person and over the phone
- Keep reception area sanitized and organized
- Schedule appointments, register new patients using patient software, health insurance
- Facilitate patient flow, being aware of delays, and promptly communicating with patients and staff

- Protect patient confidentiality (HIPAA)

**Products worked with:**

Doterra and Young Living

**Education and Qualifications:****2025 Medical Massage Concept, Dallas TX**

Certificate

Upper Extremity Nexus TOS/ASM Syndromes

**2014 Dynamic Body Institute Dallas TX**

Certificate

Visceral Massage

**2013 Parker University**

mBLEX score of 729 passed in April 2013

**Product Training:****April 2013 Raindrop Technique by Young Living**

Coppell Wellness Center, Coppell TX

Specifically, the Raindrop Technique typically incorporates:

- Young Living's therapeutic-grade essential oils (such as Valor, Oregano, Thyme, Basil, Cypress, Wintergreen, Marjoram, Peppermint, and Aroma Siez).
- Young Living's V-6 Vegetable Oil Complex (a carrier oil blend for skin application).

The technique involves:

- Dropping essential oils along the spine like "raindrops" from a few inches above the body,
- Light massage and feathering strokes to help disperse the oils,
- Often includes energy balancing and body realignment intentions.

**Vocational Qualifications**

CPR Certified.

IT skills: MS Office, SQL, CRMs, Electronic Health Record software, database analysis and structure

**Hobbies and Interests**

Hobbies: baking, reading, fitness, games, sewing

CV created at [www.spastaff.com](http://www.spastaff.com)

