

# Curriculum Vitae

**Male**

**D.O.B. 12 May 1976**

**Number of years working in industry: 16 years 2 months**

**Candidate ID Number:** 18537

**Nationality:** Indian

**Language Skills:**

Fluent: English, Hindi

Good: Tamil

Basic: Malayalam, Oriya

**Permitted to work in:** India, Seychelles

**Position Sought:** Spa Consultant, Regional Senior Manager, Spa Director, Spa Manager, Yoga / Pilates Teacher

## Personal Statement

### Employment History:

**September 2015 - Present - Spa Director** at (most recent employer hidden for confidentiality) Maldives, Maldives, (5 Star Hotel Spa)

#### Duties included:

Reporting to GM, recruited, hired trained and led a team of 16 associates. Led and directed spa operations, including guest service, budgeting, statistical analysis of sales data, and retail sales. In charge of spa manager for 2 different islands.

#### Responsibility:

Successfully opened the new property The Residence Maldives at Dhigurah with 10 treatment rooms fitness & Wellness center

- Managing the day -to- day operational activities of the spa, Retail & Fitness center.
- Delivering superior customer service & facilitating exceptional experiences for clients by anticipating and exceeding their needs, upholding the highest quality standards, providing incomparable attention to details and ensuring consistency in service delivery.
- Implement opportunities for managing operational costs and boosting the bottom line.
- Monthly Spa Analyses, Executive summary and P&L Reports, CAPEX and Yearly Spa Budgets submission.
- Setting, achieving & surpassing financial goals through

Budgeting, forecasting, yield management, revenue generation

- Consistently develop and grow retail sales through training.
- Introduced new Wellness Spa Menus/healthy cuisine
- Introduced Aqua Float Fitness and Yoga first time in Maldives and Reflexology and Herbal Garden
- Developing Professional Wellness Spa Menus/healthy cuisine
- Promoting and up-selling the spa services to maximize spa revenue.
- Responsible for training, recruiting and team building.

Lunched successfully Yoga Retreat & Vps Wellness movements.

#### Products worked with:

CLARINS

**April 2014 - August 2015 - Assistant Manager** at Savoy Resort & Spa, Victoria, Seychelles, (5 Star Hotel Spa)

**Duties included:**

- Looking after the entire Spa, Wet & Fitness facility operation and team of 17 staffs.
- Managing the day -to- day operational activities of the spa, Fitness center and Pool facility.
- Promoting and up-selling the spa services to maximize spa revenue through specialized promotional events such as welcome meetings, conferences and events.
- Managing spa team members consists of Receptionist, Beauty/Spa therapists, attended, Fitness and Yoga trainer to ensure high motivation, provision of high quality service and ongoing development.
- Assisting and filling in at the spa reception often as needed.
- Promoting spa in a large scale for residents through membership and packages.
- Assisting guests and members with their queries, understand their Needs and Wants, helping them to develop customized package plans to achieve their goals.
- Managing customer feedback effectively to ensure to deliver continuous high standard services.
- Ensuring guests receive friendly and consistent personalised service from all team members
- Liaising with other hotel departments for smooth operation.
- Working closely with GM & DGM on Spa Stats (Budgeting), Strategy, Marketing & PR activities.
- Controlling the cost of goods purchased, services supplied and labour necessary to the sales and production of our products and services.
- Ensuring the Colleagues adhere to all Spa standards(SOPs/LSOPS)
- Facilitating resort Manager on Duty (MOD) responsibilities.
- Responsible for training, recruiting and team building.

**Products worked with:**

SOTHYS

**February 2013 - March 2014 - Spa Manager** at Buccament Bay Resort, Kingstown, Saint Vincent, (5 Star Hotel Spa)

**Duties included:**

- Managing entire Spa & Gym operation.
- Managing the day -to- day operational activities of the spa & GYM.
- Promoting and up-selling the spa services to maximize spa revenue through specialized promotional events such as welcome meetings, presentations lectures, workshops and management cocktails etc.
- Reviewing Trip Advisor reviews, daily & monthly spa & resort GSQ to plan and implement corrective spa action plan accordingly.
- Working closely with RM & GM on Spa Stats (Budgeting), Strategy, Marketing & PR activities.
- Facilitating resort Manager on Duty (MOD) responsibilities.
- Responsible for training, recruiting and team building.
- Maintaining proper inventory for all professional & retail products.
- Ensuring that the teams adhere to all hotel and company standards, Business conduct and ethics, policies and procedures including Health, Hygiene & Safety and maintain confidentiality for all guests and colleagues
- Conducting different styles of Yoga Sessions for the resident & nonresidents guests.
- Hands on therapist performing all ESPA & Indian Ayurvedic treatments to meet & exceed guest satisfaction.
- Responsible for all Wellness, Nutritional & Lifestyle consultation for ongoing spa & wellness packages.
- Conducting personalized REIKI healing sessions for guests.

**Products worked with:**

ESPA

**November 2010 - February 2013 - Yoga / Pilates Teacher** at Anantara Kihavah Villas, Baa Atoll, Maldives, (5 Star Hotel Spa)

**Duties included:**

- Was solely responsible for looking after & driving entire recreation centre day to day indoor & outdoor activities which included Gym, Tennis Court, and Yoga Pavilion & Kids club areas.
- Conducted private & group Yoga & Pilates Sessions for the in house guests.
- Conducted private & group Fitness Training Programs for in house guests, managements & Staff as per their requirements like Cardio, Weight loss, Strength etc...
- Maintained thorough cleanliness of all equipment's, guests and service areas.
- Maintained accurate records, as well as tracking, of all personal training clients, with a special emphasis on proper procedure and protocol.
- Took health history, questionnaires and fitness-wellness evaluations of the guests.

- Worked closely with resort sales team to promote recreational events & activities.

In absence of resort doctor, was in charge for medical emergency calls

**Products worked with:**

Elemis

**September 2009 - October 2010 - Yoga / Pilates Teacher** at Alila Maldives, maldives, Maldives, (5 Star Hotel Spa)

**Duties included:**

- Was solely responsible for looking after & driving entire recreation centre day to day indoor & outdoor activities which included Gym, Tennis Court, and Yoga Pavilion & Kids club areas.
- Conducted private & group Yoga & Pilates Sessions for the in house guests.
- Conducted private & group Fitness Training Programs for in house guests, managements & Staff as per their requirements like Cardio, Weight loss, Strength etc...
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- Took health history, questionnaires and fitness-wellness evaluations of the guests.
- Worked closely with resort sales team to promote recreational events & activities.

**Products worked with:**

Elemis

**Education and Qualifications:**

**2024**

MBA Hospitality Management

**2013 - Received on the Job Training for ESPA Product & Treatments Knowledge at the spa Buccament Bay Resort, St. Vincent & The Grenadines, West Indies. 2013 - 200 Hours Advanced Yoga Teacher Training courses from Yoga Darshanam, Mysore, India**

Degree/Diploma/Certificates

- Yoga
- Aqua Float yoga/Gym
- Pilates
- Ayurvedic & Thai -Yoga
- Personal Trainings/Stretching/Weight Loss Programme
- Reiki & Reflexology
- Diet & Nutrition
- Homoeopathic Medicine & Naturopathy
- Hands on Therapist for Western & Eastern Therapies
- Spa Operational

**2024 Amity University**

MBA - Hospitlaity Management

**Product Training:**

**May 2014 Sothys**

Seychelles Ann

Body treatments and product knowleges

**June 2013 EPSA**

St Vincent and Grenadines

Massage and Prodcut knowledge

**Vocational Qualifications**

MS OFFICE

FUSION  
Material Control

Opera

Symphony

Spa Soft

Bella Vita

## **Hobbies and Interests**

Sports,Yoga and Swimming

CV created at [www.spastaff.com](http://www.spastaff.com)

