

Curriculum Vitae

Female

D.O.B. 26 May 1979

Number of years working in industry: 22 years 9 months

Candidate ID Number: 184585

Nationality: British

Language Skills:

Fluent: English

Permitted to work in: UK - United Kingdom

Position Sought: Spa Director, Spa Manager, Salon Manager, Spa Co-ordinator, Assistant Manager, Treatment Manager / Spa Trainer, Senior Therapist, Beauty Therapist, Skin Clinic Therapist, Massage Therapist, Holistic Therapist, Yoga / Pilates Teacher, Nail Technician

Personal Statement

Seeking work in national and international locations

Employment History:

October 2024 - Present - Spa Co-ordinator at (most recent employer hidden for confidentiality) BVI, British Virgin Islands, (5 Star Hotel Spa)

Duties included:

- Enhanced the guest experience through a wide range of spa and wellness practices, ensuring a personalised and memorable service.
- Delivered exceptional, bespoke wellness services—including treatments and guided activities—tailored to meet individual client needs.
- Maintained impeccable standards across all spa areas, creating a welcoming and luxurious environment.
- Collaborated with other departments to ensure seamless service delivery and consistently outstanding guest experiences.
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Products worked with:

Espa

Darphin

Dermalogica

Voya

April 2003 - September 2024 - Spa Director at Jades beauty retreat, Uk, UK - United Kingdom, (High Street Salon)

Duties included:

- Lead and manage all aspects of salon operations, delivering a wide range of professional beauty treatments with personalised skincare advice tailored to individual client needs.
- Maintain expert knowledge of high-end skincare brands, confidently recommending suitable treatments and retail products to enhance client outcomes and satisfaction.
- Oversee a full appointment schedule, ensuring exceptional client service and consistently high professional standards.
- Take full responsibility for the salon's administrative and financial operations, including budgeting, stock control, invoicing, payroll, and accurate record-keeping.

- Ensure full compliance with industry regulations, health and safety standards, and best practices.
- Build and maintain strong relationships with suppliers, industry professionals, and staff to support high performance, staff developm

Products worked with:

E,spa

Dermalogica

Darphin

September 2024 - September 2024 - Fitness Professional at Virgin active , Uk, UK - United Kingdom, (Health Club)

Duties included:

- Deliver a diverse range of group fitness classes, including Box Fit, Spin, Core & Stretch, Yoga, and Pilates, tailored to meet the needs of a varied client base.
- Provide high-quality, motivational instruction that encourages progression, engagement, and enjoyment.
- Promote classes and events through social media and client referrals, building a strong sense of community and increasing participation.
- Coordinate and host fitness events focused on inspiring and connecting individuals through shared wellness goals.
- Support the overall health and wellbeing of clients through approachable coaching and positive encouragement in every session.
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Products worked with:

Virgin active

Education and Qualifications:

2023 Northampton collage and university

Certificate

- 22-2023- Team leader/supervisor L4 Diploma
- 2021-2022 - Business Development & Management L5 Diploma
- 2021- L4 sport Massage/Remedial/Swedish/Deep Tissue
- 2020 - 200hrs YTT Yoga
- 2012-2014 - Sport performance & coaching Degree 1996-1998 - L3/4 Beauty Diploma

CV created at www.spastaff.com

