

# Curriculum Vitae

**Female**

**D.O.B. 26 May 1979**

**Number of years working in industry: 22 years 9 months**

**Candidate ID Number:** 184585

**Nationality:** British

**Language Skills:**

Fluent: English

**Permitted to work in:** UK - United Kingdom

**Position Sought:** Spa Director, Spa Manager, Salon Manager, Spa Co-ordinator, Assistant Manager, Treatment Manager / Spa Trainer, Senior Therapist, Beauty Therapist, Skin Clinic Therapist, Massage Therapist, Holistic Therapist, Yoga / Pilates Teacher, Nail Technician

## Personal Statement

Seeking work in national and international locations

## Employment History:

**October 2024 - Present - Spa Co-ordinator** at (most recent employer hidden for confidentiality) BVI, British Virgin Islands, (5 Star Hotel Spa)

### Duties included:

- Enhanced the guest experience through a wide range of spa and wellness practices, ensuring a personalised and memorable service.
- Delivered exceptional, bespoke wellness services—including treatments and guided activities—tailored to meet individual client needs.
- Maintained impeccable standards across all spa areas, creating a welcoming and luxurious environment.
- Collaborated with other departments to ensure seamless service delivery and consistently outstanding guest experiences.
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### Products worked with:

Espa

Darphin

Dermalogica

Voya

**April 2003 - September 2024 - Spa Director** at Jades beauty retreat, Uk, UK - United Kingdom, (High Street Salon)

### Duties included:

- Lead and manage all aspects of salon operations, delivering a wide range of professional beauty treatments with personalised skincare advice tailored to individual client needs.
- Maintain expert knowledge of high-end skincare brands, confidently recommending suitable treatments and retail products to enhance client outcomes and satisfaction.
- Oversee a full appointment schedule, ensuring exceptional client service and consistently high professional standards.
- Take full responsibility for the salon's administrative and financial operations, including budgeting, stock control, invoicing, payroll, and accurate record-keeping.

- Ensure full compliance with industry regulations, health and safety standards, and best practices.
- Build and maintain strong relationships with suppliers, industry professionals, and staff to support high performance, staff development.

#### **Products worked with:**

E,spa

Dermalogica

Darphin

**September 2024 - September 2024 - Fitness Professional** at Virgin active , Uk, UK - United Kingdom, (Health Club)

#### **Duties included:**

- Deliver a diverse range of group fitness classes, including Box Fit, Spin, Core & Stretch, Yoga, and Pilates, tailored to meet the needs of a varied client base.
- Provide high-quality, motivational instruction that encourages progression, engagement, and enjoyment.
- Promote classes and events through social media and client referrals, building a strong sense of community and increasing participation.
- Coordinate and host fitness events focused on inspiring and connecting individuals through shared wellness goals.
- Support the overall health and wellbeing of clients through approachable coaching and positive encouragement in every session.
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#### **Products worked with:**

Virgin active

#### **Education and Qualifications:**

##### **2023 Northampton collage and university**

Certificate

- 22-2023- Team leader/supervisor L4 Diploma
- 2021-2022 - Business Development & Management L5 Diploma
- 2021- L4 sport Massage/Remedial/Swedish/Deep Tissue
- 2020 - 200hrs YTT Yoga
- 2012-2014 - Sport performance & coaching Degree 1996-1998 - L3/4 Beauty Diploma

CV created at [www.spastaff.com](http://www.spastaff.com)

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