

Curriculum Vitae

Female

D.O.B. 14 September 1999

Number of years working in industry: 4 years 0 months

Candidate ID Number: 183958

Nationality: British

Language Skills:

Fluent: English

Permitted to work in: UK - United Kingdom

Position Sought: Massage Therapist

Personal Statement

Seeking work in national locations

Employment History:

May 2022 - Present - customer host at (most recent employer hidden for confidentiality) leeds, UK - United Kingdom, (Home/Mobile)

Duties included:

Acting as the first point of contact for members and guests in a serviced office space, delivering a warm, professional welcome and ensuring a five-star customer experience. Worked closely with the wider team to provide seamless day-to-day support, including organising meetings, handling client requests, and maintaining a smooth, service-led environment

September 2024 - September 2024 - Massage Therapist at royal british legion, london, UK - United Kingdom, (Home/Mobile)

Duties included:

Delivered tailored pre- and post-event massage treatments at a cycling event, adapting techniques to meet each cyclist's individual needs. Efficiently managed evening treatment schedules, working under pressure to ensure all cyclists received the care needed for recovery and optimal performance the following day

October 2022 - January 2024 - Massage Therapist at Official Sports services , leeds, UK - United Kingdom, (Home/Mobile)

Duties included:

Delivered tailored pre- and post-event massage treatments for various sports teams, including the New Zealand Rugby League World Cup. Utilized techniques such as effleurage, petrissage, trigger point therapy, and assisted stretching based on individual needs. Helped athletes feel prepared for their events or effectively recovered post-event, consistently receiving positive feedback.

June 2023 - June 2023 - Massage Therapist at hotchille, london, UK - United Kingdom, (Home/Mobile)

Duties included:

Provided pre- and post-event massages, along with on-the-spot treatments during the cycling event to keep athletes performing. Effectively coordinated evening recovery sessions, ensuring timely care under pressure.

February 2022 - June 2022 - Massage Therapist at glossop north end, leeds, UK - United Kingdom, (Home/Mobile)

Duties included:

Provided pitch-side support, delivering pre- and post-game massages as well as treatment during training sessions. Developed tailored treatment plans and conducted assessments to ensure clients received appropriate care for optimal recovery and performance

Education and Qualifications:

2022 leeds beckett

degree

Sports therapy degree

2016 settle college

6 GCSEs including english maths and science

Product Training:

June 2022 Sports Therapy degree

leeds beckett university

n/a

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