

# Curriculum Vitae

**Female**

**D.O.B. 01 November 1990**

**Number of years working in industry:**

**12 years 11 months**



**Candidate ID Number:** 183802

**Nationality:** Moroccan

**Language Skills:**

Fluent: English, French, Arabic

Good: German

**Permitted to work in:** Morocco, Egypt

**Position Sought:** Spa Consultant, Spa Manager, Spa Co-ordinator, Assistant Manager, Treatment Manager / Spa Trainer, Senior Therapist, Beauty Therapist, Skin Clinic Therapist, Massage Therapist, Holistic Therapist, Complementary Practitioner, Complementary Therapist, Receptionist, Area Sales Representative, Retail Professional, Membership Sales Professional

## Personal Statement

I am a very ambitious person, with many targets in life to achieve, I am looking forward in the meantime to have a good job opportunity in the field of massage therapy or Spa coordination and management, I see that this chance would be a life changing one as it would give me the opportunity to deepen and strengthen my knowledge and experience in the field of Spa, facials treatments, beauty treatments and massage therapeutic techniques.

I have a dream to start my own business in the field of Spa, a comprehensive Spa center.

Seeking work in international locations and cruise ships

## Employment History:

**October 2024 - Present - Massage Therapist** at (most recent employer hidden for confidentiality) Cairo, Egypt, (5 Star Hotel Spa)

**Duties included:**

My responsibilities in my current job include providing therapeutic and relaxation massage sessions for the clients, and that is using the different massage techniques such the swedish massage, chinese therapeutic techniques of massage, Thai massage, soft and hard massage sessions, this is besides using of the different massage and therapeutic oils and aromas for treating different health problems.

**Products worked with:**

Elemis, E Spa, Pevonia, Guinot and different massage oils and aromas.

**January 2022 - October 2024 - Spa Co-ordinator** at Carmel Hotel, Ramallah, Israel, (5 Star Hotel Spa)

**Duties included:**

My work experience here has included taking care of the SPA area inside the hotel, and the Massage rooms, besides helping the therapists with their work and ensuring they get all of the required supplies on time, also helping the therapists with the set up of the treatment room, and the continuous providing of the needed materials and supplies such as the massage oils and the linen, and any other needed materials for massage sessions with therapists. Also I was responsible for taking care of guests and organizing their appointments for the massage therapy sessions and SPA services such as the Steam and Sauna. From another side, my work here has included preparing meals for the hotel

guests as per requested, and I was responsible for cooking for the hotel Buffet, also, I used to prepare the cold juices and refresheners in the hotel bar too.

### **Products worked with:**

Different Massage Aromas, Therapeutic massage oils, Elemis, E Spa, Pevonia and Guinot.

### **January 2017 - January 2022 - Spa Co-ordinator** at Crown Hotel, Ramallah, Israel, (5 Star Hotel Spa)

#### **Duties included:**

My experience here has involved maintaining the SPA treatment rooms and everything relating to them, also taking care of the steam and sauna rooms, pre treatment rooms, relaxation rooms, the waiting area and lounge, and I was responsible for cleaning them and keeping them organized and clean.

Also my experience here with Crown hotel was very rich, that it has included cooking, cleaning and laundry, housekeeping of rooms, assisting customers with their inquiries about the SPA services provided, and also reporting the customer complaints to the Supervisor in order to manage from handling any special requests or complaints, and make sure that the customers are well served and satisfied.

### **Products worked with:**

Elemis, E'Spa, Pevonia, Guinot, and different Massage oils and Aromas.

### **January 2013 - November 2016 - Spa Co-ordinator** at Beauty inn hotel, Ramallah, Israel, (5 Star Hotel Spa)

#### **Duties included:**

I was responsible for keeping the work area clean and orderly, maintaining the cleanliness and organization of the work area, and I was responsible for the housekeeping of the hotel rooms, also cleaning and replenishing of the room blankets and toilets and bath stuffs and soaps, in order to make sure that clients are provided with their needs and are satisfied from the room service provided. Also in this position I was responsible for preparing the meals in the hotel kitchen and restaurant, that is I am talented in cooking and preparing meals, so I have handled also preparing meals and food for clients of hotel and customers of the hotel restaurant.

Also my experience with Beauty Inn hotel in Ramallah, has involved maintaining the SPA treatment room, Sauna, and the relaxation rooms.

### **Products worked with:**

Elemis, E SPA, Pevonia, Guinot and different massage oils and aromas.

### **Education and Qualifications:**

#### **2020 Al-Hayat academy for complementary medicine in Ramallah.**

Diploma in Therapeutic massage techniques.

Spa management, beauty therapy, Massage therapeutic techniques, Aroma therapy, Swedish and Thai therapeutic massage techniques, Stone massage and Indian head massage.

#### **2013**

#### **2013 Birzeit university**

Bachelor's degree in Hospitality and hotels management. Cumulative avarage is 84.

#### **2009 Ahliyyah college**

Exam passed:

School leaving certificate, literature stream, with an accumulated average of 86%.

### **Product Training:**

#### **September 2021      Elemis exotic face and body and Guinot Hydradermie facials.**

I have taken this training with Crown hotel in Ramallah.

It was an intensive training in using Elemis exotic face and body and Guinot Hydradermie facials, and the cases we can use these techniques with, and what are the most efficient techniques in using these products to raise the overall satisfaction for the customer from the massage sessions and skin cleaning sessions, they product perfect scrub and facials for the customer.

## **Vocational Qualifications**

First aid certificate and advanced PC skills.

## **Hobbies and Interests**

My hobbies are: Taking care of pets such as cats and rabbits, singing, dancing, Levant Dabke, cooking from various kitchens all around the world, planting organic food and making healthy meals, I do love farming and planting.

Also I love patisserie and making sweets, From the sports I love swimming and riding bikes and Gymnasium.

One of my talents and hobbies too is the voice audio making, for documentaries and broadcasting, I have participated in making voice audios and recordings for many films and also with many broadcasts, that is because I love singing and voice audio making, and these are my preferred hobbies.

I love making trips and visiting new places, and getting to know new countries and new places, and getting to know new people, because of that I love always to experience new volunteering places and organizations, in order to get to know new cultures and new countries.

Practicing Yoga and Pilates is one of my important hobbies too that I love to practice them usually.

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